

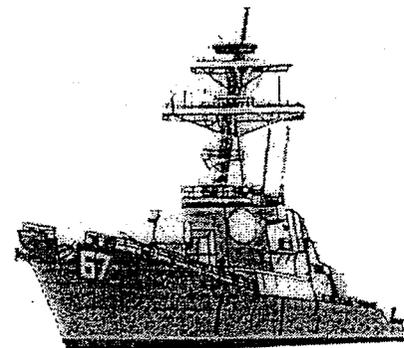


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
TUESDAY,
08 AUGUST 2000
Julian: 221

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

[REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

<p>Berthing of the Week: Berthing 6 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] OS2(SW) [REDACTED] OSN [REDACTED]</p> <p>SUNRISE: 0616 SUNSET: 2005</p>	<p><u>CO PRIORITIES</u></p> <ul style="list-style-type: none"> - Combat Readiness <p><u>KEY PILLARS</u></p> <ul style="list-style-type: none"> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride 	<p><u>MAJOR EVENTS FOR WEDNESDAY</u></p> <ul style="list-style-type: none"> - Pacfire - DIVTACS - ENG Evolutions - Sonar Self Noise - MED/Arabian Gulf University
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All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: <u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE : SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW: SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0630-0645	Sweepers/Clampdown
0745	XO/DH/CMC Meeting (XO's Stateroom)
0800	Liberty Expires
0805	Quarters/Officers Call
0900	Station the Sea & Anchor Detail
0945	Man the Rails
1000	Underway
1115-1230	Lunch for the Crew
1300-1400	PHOTOEX
1400-1500	Admin GQ
1500-1700	Seamanship Drills
1530-1545	Sweepers
1700-1830	Dinner for the Crew
1830	Eight O'clocks Reports

1. DAMAGE CONTROL NOTE: How is the P-250 MOD 1 cooled? Ans: It is water cooled.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
STEAK & CHEESE SUBMARINE	PEPPER STEAK
SPAGHETTI WITH ITALIAN MEAT OR CLAM SAUCE	BAKED CHICKEN & NOODLES

Encl (60)
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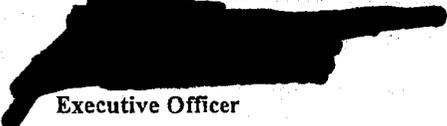
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3. COLE MOVIE SCHEDULE:

30 CHANNEL 2
CONSPIRACY THEORY
30 LOVE JONES
THE BIG HIT
SILENCE OF THE LAMBS

CHANNEL 3
SIMON BIRCH
METRO
THE OUT OF TOWNERS
SUPERNOVA

4. QUOTE OF THE DAY: Proofread carefully to see if you any words out.



Executive Officer

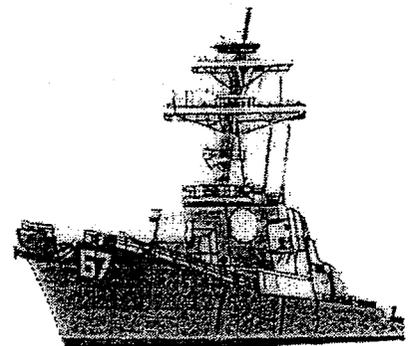


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
WEDNESDAY,
09 AUGUST 2000
Julian: 222

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

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Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Berthing of the Week: Berthing 6
Determined Warriors' of the Quarter:

S1(SW) [REDACTED]
2(SW) [REDACTED]
SN [REDACTED]

SUNRISE: 0617
SUNSET: 2056

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

CO PRIORITIES

MAJOR EVENTS FOR THURSDAY

- Advance Clocks 1 Hour
- PACFIRE
- Med/Arabian University
- DIVO Cross Deck
- VBSS/SCAT Drills

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UNIFORM OF THE DAY: DRESS UNIFORM	QUARTERDECK WATCH	WORKING UNIFORM
E-7 AND ABOVE: SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW: SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

- | | |
|-----------|---|
| 0200-0400 | Non-Maneuvering Moboard Drills |
| 0600 | Reveille |
| 0600-0700 | Breakfast for the Crew |
| 0730-0800 | PACFIRE/FAMFIRE |
| 0710 | Quarters/Officers Call |
| 0800 | OPS/Intel/ Sonar Self Noise Brief (Mess Decks) |
| 0800 | Muster At-Sea Fire Party (Filter Cleaning Shop) |
| 0800-0900 | AFT Heads CHT PMS |
| 0800-1600 | DC-I-Division (Training Room) |
| 0830-1030 | Med/Arabian University: Med Geography, History, ROE, Asylum, CASREP, MEDIVAC, Algeria |
| 0900-1000 | FWD Head CHT PMS |
| 0900-1000 | Asset Test (Training Room) |
| 1030 | DCTT Brief (Wardroom) |
| 1040-1115 | Admin GQ |
| 1110 | DCTT Debrief (Wardroom) |
| 1115-1230 | Lunch for the Crew |
| 1300 | PRT Coordinators Meeting (Mess Decks) |
| 1300-1400 | Asset Test (Training Room) |
| 1300-1500 | Flag Hoist Drills |
| 1300-1500 | DIVTACS |
| 1500-1700 | SCAT Drills |
| 1530-1545 | Sweepers |

Encl (60)
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1630	ETT Brief (Logroom)
1700-1830	Dinner for the Crew
1830	Eight O'clocks Reports
1830	New Check-ins w/CO (CO's Cabin)
1900	Engineering Evolutions
TBD	At-Sea Fire Party Drill
2000-2200	JO PUBEX
2000-2300	Sonar Self Noise
2200-2350	SPY/FCS Maintenance
2200-2359	EW PUBEX
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: What should the wearer of the MK-V and MCU-2/P gas masks do prior to use? Ans: Sanitize and inspect the mask for worn parts.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH
 ROAST BEEF
 CHICKEN CACCIATORI

DINNER
 HUNGARIAN GOULASH
 ONION LEMON BAKED FISH

3. COLE MOVIE SCHEDULE:

CHANNEL 2
 1630 Final Destination
 1800 Volcano
 2000 Fire Down Under

CHANNEL 3
 Liar, Liar
 A Thousand Acres
 Hope Floats

4. PACE COURSE NOTE: There are openings left in two PACE Courses: Academic Skills English and English 1301 College Composition and Rhetoric. If you haven't taken the Asset test yet, they will be offered again today in the classroom. You must take the test before enrolling in the PACE course.

PACE Courses starts Thursday. If you haven't signed up, you are welcome to sit in on the opening class to see if it is right for you.

QUOTE OF THE DAY: "Forget about the consequences of failure. Failure is only a temporary change in direction to set you straight for your next success."
 -- Denis Waitley


 Executive Officer

1300-1700	VBSS/SCAT Drills
1500-1700	PACE: Engl 1312 (Training Room)
1530-1545	Sweepers
1630	ETT Brief (Logroom)
1700-1830	Dinner for the Crew
1830	Planning Board for Training (Wardroom)
1830-2000	DC I-Division (Training Room)
1900	OCSOT
1900	Eight O'clock Reports
1900-2100	BECCES
2000-2359	Encounter Ex
2000-0000	Deploy TACTAS
2315-0015	Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** What are the symptoms caused by blood agents? Ans: Difficult or rapid breathing, headache, nausea, dizziness and violent convulsions.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

LUNCH
CHICKEN FAJITAS
BEEF TAMALES

DINNER
ROCK CORNISH HENS WITH SYRUP GLAZE
CHILI CON CARNE

3. **COLE MOVIE SCHEDULE:**

LUNCH
1630
1800
2000

CHANNEL 2
ROMEO & JULIET
STARSHIP TROOPERS
THE MATCHMAKER
KISS THE GIRLS

CHANNEL 3
STAR WARS
PET CEMETERY
THE GAME
I KNOW WHAT YOU DID LAST SUMMER

PACE COURSE NOTE: There are openings left in two PACE Courses: Academic Skills English and English 1301 College Composition and Rhetoric. PACE Courses starts today. If you haven't signed up, you are welcome to sit in on the opening class to see if it is right for you.

5. **SAFETY NOTE:** A PO3 broke his ankle while descending an inclined ladder. He was skipping steps and sliding on the handrails when his foot caught, twisted and popped. He was hospitalized six days and spent more than 25 days on convalescent leave.

6. **TRICARE NOTE:** Beginning October 1, 2000, enrolling in TRICARE Prime will be routine for active duty family members, E-4 and below who reside in the catchment area of a military treatment facility.

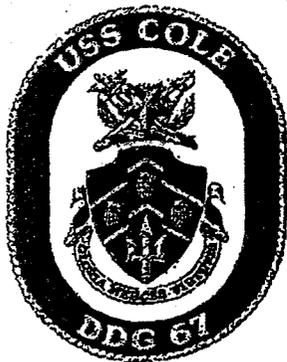
7. **MANDATORY PT NOTE:** PT for those who failed the PRT, PT will be held Tuesday, Thursday, and Saturday at 0530 on the flight deck.

8. **QUOTE OF THE DAY:** "It is common sense to take a method and try it. If it fails, admit it frankly and try another. But above all, try something." - former US President Franklin D. Roosevelt

[Redacted Signature]

Executive Officer



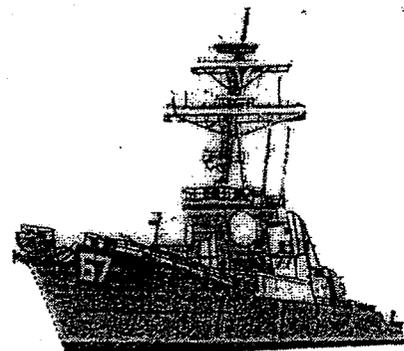


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
FRIDAY,
11 AUGUST 2000
Julian: 224

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

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HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

	<u>CO PRIORITIES</u>	<u>MAJOR EVENTS FOR SATURDAY</u>
Berthing of the Week: Berthing 6 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] 2(SW) [REDACTED] SN [REDACTED] SUNRISE: 0617 SUNSET: 2056	- Combat Readiness <u>KEY PILLARS</u> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	0200 Advance Clocks one hour DC I-Division Med/Arabian University Unrep

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0400-0500	Challenge and Reply
0530	CPO Indoc/ Command Volunteer PT (Flight Deck)
0600	Reveille
0600-0700	Breakfast for the Crew
0700-0800	PACFIRE/FAMFIRE
0710	Quarters/Officers Call
0800	OPS/Intel Brief (Mess Decks)
0800-1600	DC I-Division (Training Room)
0830-1030	Med/Arabian University: GWBATGRU SOPA, Communications, Libya (Mess Decks)
1000-1100	XO's Inspection of Messing & Berthing
1030	Muster DCPO's (Filter Cleaning Shop)
1115-1230	Lunch for the Crew
1230-1430	RHIB Training
1300	FP/AT Training Officer Meeting (Wardroom)
1300-1400	Repair 5 Locker Training (Mess Decks)
1300-1500	VBSS Training (Mess Decks)
1400	ETT/DCTT Brief (Wardroom)
1500-1530	BECCES
1530-1545	Sweepers
1530-1700	MSFD
1645	DCTT/ETT Debrief (Wardroom)
1700-1800	Dinner for the Crew

Encl (60)
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[REDACTED]

1830	Eight O'clock Reports
1830	Tobacco Cessation Class (Training Room)
1900-2100	JO PUBEX
1900-2000	Helo Crash Drill
1930	TGIF (Mess Decks)
2000	Mess Decks Movie
2000-2300	Day/Night DLQS, NVG Ops
2200-2359	EW PUB EX
2315-0015	Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** How should M-9 paper be attached around objects? Ans: Adhesive side to adhesive side with detector side out.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

LUNCH
SALMON EN CROUTE
STUFFED GREEN PEPPERS

DINNER
BARBECUED PORK CHOPS
CHINESE FIVE SPICE CHICKEN

3. **COLE MOVIE SCHEDULE:**

CHANNEL 2
1630 GOOD WILL HUNTING
1800 POSTMAN
2000 AMISTAD

CHANNEL 3
FALLEN
LOST IN SPACE
WOO

4. **SAFETY NOTE:** An E-3 cut the tendon in the back of his hand while compacting trash in the Trash-Disposal Unit (TDU). His hand slipped off the lever and hit the edge of the TDU can. The E-3 wasn't wearing cut-resistant gloves.

5. **TRICARE NOTE:** Beginning October 1, 2000, enrolling in TRICARE Prime will be routine for active duty family members, E-4 and below, who reside in the catchment area of a military treatment facility.

MANDATORY PT NOTE: PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Friday at 0530 on the flight deck.

7. **TRASH DISPOSAL NOTE:** Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. All work centers and berthings should have three containers.

8. **SMOKE CESSATION NOTE:**

Here is how it works: There will be two smoking Cessation Classes, the first will start 11 Aug 00, 1830 in the Training Room. The second class will start 6 Oct 00, 1830 in the Training Room.

Each Smoking Cessation Class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend classes in your session.

FIRST CLASS DATES/TIMES	SECOND CLASS DATES/TIMES
11 AUG 00 1830	06 OCT 00 1830
12 AUG 00 1830	07 OCT 00 1830
14 AUG 00 1830	09 OCT 00 1830

9. **TGIF NOTE:** Tonight kicks off the first of many unique Friday evening events onboard COLE. Chips, salsa and soda will be served prior to the movie.

10. **QUOTE OF THE DAY:** "A mind is like a parachute - it only works when it is open."


Executive Officer

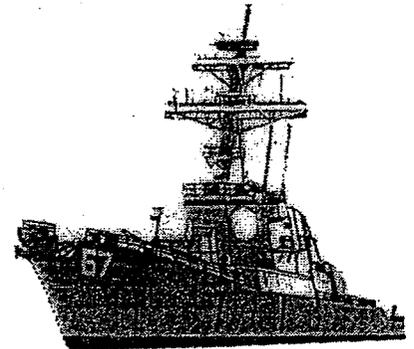


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
SATURDAY,
12 AUGUST 2000
Julian: 225

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

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Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

<p>Berthing of the Week: Berthing 6 Determined Warriors' of the Quarter: [REDACTED] [REDACTED] [REDACTED] SUNRISE: 0617 SUNSET: 2056</p>	<p><u>CO PRIORITIES</u></p> <ul style="list-style-type: none"> - Combat Readiness <p><u>KEY PILLARS</u></p> <ul style="list-style-type: none"> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride 	<p><u>MAJOR EVENTS FOR SUNDAY</u></p> <ul style="list-style-type: none"> - Holiday Routine - Steel Beach Picnic w/CPO Indocs
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UNIFORM OF THE DAY:	DRESS UNIFORM	QUARTERDECK WATCH	WORKING UNIFORM
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0200-0300	Advance Clocks 1 Hour to +2 Oscar
0200-0400	C5F/C6F/CIC PUBEX
0600	Reveille
0600-0700	Breakfast for the Crew
0700-0800	PACFIRE/FAMFIRE
0700-1000	PACE: A/S English (Training Room)
0710	Quarters/Officers Call
0730	SCAT Training Team Meeting (Mess Decks)
0800	OPS/Intel Brief (Mess Decks)
0830-1030	Med/Arabian University: Slovenia, Malta, France, Strike Warfare
1000-1200	PACE: English 1301 (Training Room)
1030-1200	SCAT Training
1115-1230	Lunch for the Crew
1230-1600	DC I-Division (Mess Decks)
1300-1400	Repair Locker 2 Training (Repair 2)
1500-1700	Seamanship Drills
1530-1545	Sweepers
1630	ETT Brief (Logroom)
1700-1800	Dinner for the Crew
1830	Eight O'clock Reports
1830-1930	Tobacco Cessation (Training Room)
1900-2000	BINGO/TIGS (Mess Decks)
1900-2100	NSFS Training

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[REDACTED]

1900-2100 BECCES
 2030 Flight Deck Movie
 2200-2359 SPY/FCS Maintenance
 2315-0015 Midrats for the Crew

AMAGE CONTROL NOTE: What type of flame is normally used for cutting? Ans: Neutral.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH
 STUFFED MEATLOAF
 CHICKEN NUGGETS

DINNER
 CREOLE MACARONI
 CANTONESE SPARERIBS

3. COLE MOVIE SCHEDULE:

CHANNEL 2
 1630 THE HORSE WHISPERER (Part 1)
 1800 THE HORSE WHISPERER (Part 2)
 2000 PAULIE
 2200 A PERFECT MURDER

CHANNEL 3
 DEEP IMPACT
 BLACK DOG
 SPHERE
 HE GOT GAME

4. SAFETY NOTE: An MS3's hands got so cold from breaking frozen corn on the cob in half, he decide to cut the rest of the ears with a knife. With his cold hands and sharp knife, he cut off the tip of one of his fingers, was admitted to the hospital for surgery and spent seven days on convalescent leave.

5. TRICARE NOTE: Beginning October 1, 2000, enrolling in TRICARE Prime will be routine for active duty family members, E-4 and below who reside in the catchment area of a military treatment facility.

6. MANDATORY PT NOTE: PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Saturday at 0530 on the flight deck.

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8. SMOKE CESSATION NOTE:

Here is how it works: There will be two smoking Cessation Classes, the first will start 11 August 2000, 1830 in the Training Room. The second class will start 6 October 2000, 1830 in the Training Room.

Each Smoking Cessation Class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend classes in your session.

FIRST CLASS DATES/TIMES

12 AUG 00 1830
 14 AUG 00 1830

SECOND CLASS DATES/TIMES

06 OCT 00 1830
 07 OCT 00 1830
 09 OCT 00 1830

9. COMMAND VOLUNTEER PT NOTE: Listed below are the dates, times & coordinators for the command volunteer PT program.

	12AUG00	14AUG00	15AUG00	16AUG00	17AUG00	18AUG00	19AUG00
0530	EM1 [REDACTED] YN2 [REDACTED]	GSM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]	GSM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]
1030	GSM1 [REDACTED]	EM1 [REDACTED]	GSM1 [REDACTED]	GSM1 [REDACTED]	GSM1 [REDACTED]	EM1 [REDACTED]	GSM1 [REDACTED]
1630	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]

10. BZ TO BERTHING 3: Berthing 3 is the most improved berthing! Not only did they receive the personnel from Berthing 4, they improved their cleanliness substantially. Good job also to the Supply Department in Berth 4 who have conducted a wholesale move to Berthing 3. Berthing 1 on the other hand....

11. QUOTE OF THE DAY: "Our senses don't deceive us: our judgment does." Goethe

[REDACTED]
 Executive Officer

Encl (60)
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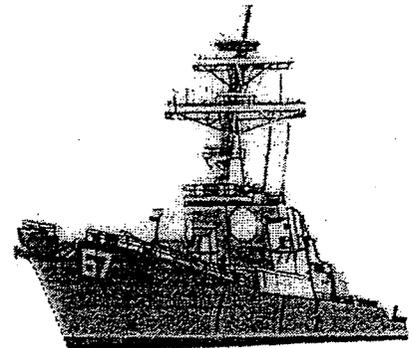


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
SUNDAY,
13 AUGUST 2000
Julian: 226

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

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Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

<p>Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: SI(SW) [REDACTED] 2(SW) [REDACTED] SN [REDACTED]</p> <p>SUNRISE: 0617 SUNSET: 2056</p>	<p><u>CO PRIORITIES</u></p> <p>- Combat Readiness</p> <p><u>KEY PILLARS</u></p> <p>-Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride</p>	<p><u>MAJOR EVENTS FOR MONDAY</u></p> <p>0200 Advance Clock 1 Hour 0800-1030 Med/Arabian Gulf University 0800-1600 CPO Indoc 1230-1300 Boat Ops</p>
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All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

<u>UNDERWAY</u>	
0000-0400	SPY/FCS Maintenance
0200-0400	C5F/C6F/CIC PUBEX
0700	Reveille
0700-0800	Breakfast for the Crew
0930	Catholic Lay Services (Training Room)
1030	Protestant Divine Services (Training Room)
1030-1200	Brunch
1330-1430	Soak-the-Department Head Tug of War
1530	PRT Award Ceremony
1530-1545	Sweepers
1530-1800	Steel Beach Picnic
1600-1800	DIVTACS
1830	Eight O'clock Reports
2000-UC	Flight Deck Movie
2315-0015	Midrats for the Crew

Encl (60)
Page 11 of 110

.. DAMAGE CONTROL NOTE: What are the two types of portable eductors? Ans: S-type and Peri-Jet.

2. COLE'S MENU: The following are COLE'S Main Menu items:

LUNCH
CHICKEN SALAD
 ON

DINNER
BBQ CHICKEN
 RIBS

3. COLE MOVIE SCHEDULE:

CHANNEL 2
 0830 JACK FROST
 1000 ONE TRUE THING
 1200 EDWARD SCISSORHANDS
 1400 BASIC INSTINCT
 1600 GOOD MORNING VIETNAM
 1800 MAN ON THE MOON
 2000 THE SPITFIRE GRILL

CHANNEL 3
 MAFIA
 RED DAWN
 WHITE MEN CAN'T JUMP
 SILENCE OF THE LAMBS
 A MIDSUMMER'S NIGHT DREAM
 TERMINATOR
 THELMA & LOUISE

4. TRICARE NOTE: Beginning October 1, 2000, enrolling in TRICARE Prime will be routine for active duty family members, E-4 and below who reside in the catchment area of a military treatment facility.

5. MANDATORY PT NOTE: PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Saturday at 0530 on the flight deck.

6. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. All work centers and berthing compartments should have three containers.

7. SMOKE CESSATION NOTE: Here is how it works: There will be two smoking Cessation Classes, the first will start 11 August 2000, 1830 in the Training Room. The second class will start 6 October 2000, 1830 in the Training Room. Each Smoking Cessation Class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend all 3 classes in your session.

FIRST CLASS DATES/TIMES
 14 August 2000 1830

SECOND CLASS DATES/TIMES
 06 OCT 00 1830
 07 OCT 00 1830
 09 OCT 00 1830

8. COMMAND VOLUNTEER PT NOTE: Listed below are the dates, times & coordinators for the command volunteer PT program.

	14AUG00	15AUG00	16AUG00	17AUG00	18AUG00	19AUG00
0530	GSM1 YN2	EM1 YN2	EM1 YN2	EM1 YN2	GSM1 YN2	EM1 YN2
1030	EM1	GSM1	GSM1	GSM1	EM1	GSM1
1630	SH2 SK2	SH2 SK2	SH2 SK2	SH2 SK2	SH2 SK2	SH2 SK2

9. FOREIGN LINGUISTS NOTE: As we get closer to entering the Mediterranean and Persian Gulf regions, it is vital that the ship identify all personnel onboard that speak or write a foreign language. This data base of all personnel who speak, read and/or write a foreign language needs to be updated prior to entering the Mediterranean. It is requested that all personnel who can speak, read or write a foreign language contact ISC(SW) (Sel) Weiler or stop by CIC as soon as possible.

10. QUOTE OF THE DAY: "Many people think that history is a dull subject. Dull? Is it "dull" that Jesse James once got bitten on the forehead by an ant, and at first it didn't seem like anything, but then the bite got worse and worse, so he went to a doctor in town, and the secretary told him to wait, so he sat down and waited, and waited, and waited, and waited, and then finally he got to see the doctor, and the doctor put some salve on it? You call that dull?" Jack Handy

[Redacted Signature]
 Executive Officer

Encl (60)
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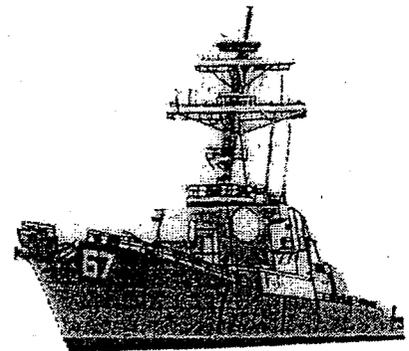


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
MONDAY,
14 AUGUST 2000
Julian: 227

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness
- KEY PILLARS**
- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR TUESDAY

- Immunizations
- I-Division
- Med/Arabian University
- GQ
- Force Protection Training

Berthing of the Week: Berthing 3
Determined Warriors' of the Quarter:
S1(SW) [REDACTED]
2(SW) [REDACTED]
N [REDACTED]

SUNRISE: 0515
SUNSET: 1858

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

- 0200-0300 Advance Clocks to +1 November
- 0200-0400 C6F/C5F PUBEX
- 0530 Voluntary Group PT (Flight Deck)
- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0700-1000 PACE: A/S English (Training Room)
- 0710 Officer Call/Quarters
- 0730-0800 School of the Ship (Site TV): Back Injuries
- 0730-0800 PACFIRE/FAMFIRE
- 0800 OPS/DC Olympics/Intel Brief (Mess Decks)
- 0800-1000 MED/Arabian University: OPSEC/Malta/France/Strike Warfare (Mess Decks)
- 0800-1100 Berthing Field Day
- 0900 Muster DCPO (Filter Cleaning Shop)
- 1000 CO/XO/DH/CMC Meeting (CO's Cabin)
- 1000 SERT Meeting (CSMC)
- 1000-1200 PACE: English 1301 (Training Room)
- 1000-1600 CPO Indoc (CPO Mess)
- 1030 Voluntary Group PT (Flight Deck)
- 1030-1130 DCTT Training (Mess Decks): Zebra
- 1100-1200 Photo Exercise
- 1115-1230 Lunch for the Crew
- 1130-1230 ESWS Training: Air Warfare Mission Part 1

Encl (60)
Page 13 of 110

11	300	Boat OPS/ Division Officer Crossde
1300-1500		VBSS Training (Midships)
1300-1500		PACE : English 1301 (Training Room)
1300-1600		DC Olympics (Flight Deck)
1300-1600		Fresh Water Washdown
1300-2000		I Division (Mess Decks)
1500-1700		PACE: English 1312 (Training Room)
1530-1545		Sweepers
1630		Voluntary Group PT (Flight Deck)
1630-1700		Boat OPS
1630-1700		CSTT Brief (CSMC)
1630-1700		DCTT Brief (Logroom)
1700-1800		Dinner for the Crew
1830		Tobacco Cessation Class (Training Room)
1830		Eight O'clock Reports
1830-1930		ITT Brief (Wardroom)
1900-2000		Force Protection Training (Mess Decks): AT Level I
2000-0000		Day/Night DLQS, NVG OPS
2315-0015		Midrats for the Crew

1. DAMAGE CONTROL NOTE: What is the primary purpose of eductors? Ans: To remove water.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH
ROAST TURKEY
PEPPER STEAK

DINNER
OVEN FRIED FISH
SPAGHETTI/W MEAT SAUCE

3. COLE MOVIE SCHEDULE:

CHANNEL 2
LUNCH WILD AMERICA
1630 DUECE BIGALOW
1800 THE NEPHEW
2000 END OF DAYS

CHANNEL 3
DAYS OF THUNDER
COOL RUNNINGS
GALAXY QUEST
MIDNIGHT RUN

MANDATORY PT NOTE: PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Friday at 0530 on the flight deck.

5. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. All work centers and berthing compartments should have three containers.

6. SMOKE CESSATION NOTE: Here is how it works: There will be two smoking Cessation Classes, the first will start 11 August 2000, 1830 in the Training Room. The second class will start 6 October 2000, 1830 in the Training Room. Each Smoking Cessation Class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend all 3 classes in your session.

FIRST CLASS DATES/TIMES

14 August 2000 1830

SECOND CLASS DATES/TIMES

06 OCT 00 1830
07 OCT 00 1830
09 OCT 00 1830

7. COMMAND VOLUNTEER PT NOTE: Listed below are the dates, times & coordinators for the command volunteer PT program.

	14AUG00	15AUG00	16AUG00	17AUG00	18AUG00	19AUG00
0530	GSM1 YN2	EM1 YN2	EM1 YN2	EM1 YN2	GSM1 YN2	EM1 YN2
1030	EM1	GSM1	GSM1	GSM1	EM1	GSM1
1630	SH2 SK2	SH2 SK2	SH2 SK2	SH2 SK2	SH2 SK2	SH2 SK2

8. FOREIGN LINGUISTS NOTE: As we get closer to entering the Mediterranean and Persian Gulf regions, it is vital that the ship identify all personnel onboard that speak or write a foreign language. This data base of all personnel who speak, read and/or write a foreign language is to be updated prior to entering the Mediterranean. It is requested that all personnel who can speak, read or write a foreign language let ISC(SW) (Sel) Weiler or stop by CIC as soon as possible.

9. QUOTE OF THE DAY: "Nothing is more dangerous than an idea when you have only one idea." Alain" (Emile Chartier)

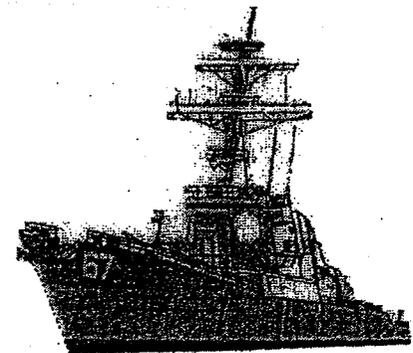


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
TUESDAY,
15 AUGUST 2000
Julian: 228

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleet-support.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Ombudsmans

[REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR WEDNESDAY

- 0200 Advance Clocks
- 0830-1030 Med/Arabian University
- 1030-1130 Full Power Run
- 1230 All-Officer's Mtg (Safety Report)
- Lunch CO/CPO Selectees
- 2100-2300 UNREP

Berthing of the Week: Berthing 3
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]
[REDACTED]
[REDACTED]

UNRISE: 0515
UNSET: 1858

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM
E-7 AND ABOVE: SUMMER WHITES
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH
SUMMER WHITES
SERVICE DRESS WHITES

WORKING UNIFORM
COVERALLS
COVERALLS

UNDERWAY

- 0000-2359 Celestial Nav Competition
- 0200-0400 C6F/C5F PUBEX
- 0530 Group PT (Flight Deck)
- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0710 Officer's Call/Quarters
- 0730-0800 PACFIRE/FAMFIRE
- 0730-0800 School of the Ship (Site TV): Sight Conservation
- 0730-1600 Immunizations (Medical)
- 0800 OPS/CIC Watchstander/Intel Brief
- 0800-1000 Link Fast Freq
- 0800-1100 I Division (Training Room)
- 0830-1030 Med/Arabian University: MIO/Undersea Warfare/Syria
- 1030 Group PT (Flight Deck)
- 1030-1200 DIVTACS
- 1030-1600 CPO Indoc (Mess Decks)
- 1115-1230 Lunch for the Crew
- 1130-1230 ESWS Training: Air Warfare Mission Part 2 (Training Room)
- 1245-1315 DCTT Brief (Wardroom)
- 1300-1400 I Division (Training Room)
- 1300-1500 ACTS/LINK Scenario
- 1400-1600 GQ (Multi-hit Battle Problem)
- 1630 Group PT (Flight Deck)

Encl (60)
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[REDACTED]

1630-1700 ETT Brief (Logroom)
 1645-1800 Dinner for the Crew
 1830 Eight O'clock Reports
 1845-1945 CO/SUPPO (Storeroom Walkthru)
 1900-2000 Force Protection Training (Mess Decks)
 1900-2200 Evolutions
 2000-2200 JO PUBEX
 2000-2400 Retrieve TACTAS
 2200-2359 EW PUBEX
 2315-0015 Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** Who is responsible for setting MOPP levels? Ans: The CO or the Task Commander.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
CHILI	VEAL PARMESAN
MUSTARD DILL FISH	CHICKEN SANDWICH

3. **COLE MOVIE SCHEDULE:**

	<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
<u>LUNCH</u>	NAKED GUN	SOUTH PARK
1630	NAVY SEALS	WATER BOY
1800	CONSPIRACY THEORY	MERCURY RISING
2000	CITY OF ANGELS	HIGHLANDER

4. **MANDATORY PT NOTE:** PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Saturday at 0530 on the flight deck.

5. **TRASH DISPOSAL NOTE:** Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

6. **COMMAND VOLUNTEER PT NOTE:** Listed below are the dates, times & coordinators for the command volunteer PT program.

	15AUG00	16AUG00	17AUG00	18AUG00	19AUG00
0	EM1 █████ YN2 █████	EM1 █████ YN2 █████	EM1 █████ YN2 █████	GSM1 █████ YN2 █████	EM1 █████ YN2 █████
J	GSM1 █████	GSM1 █████	GSM1 █████	EM1 █████	GSM1 █████
30	SH2 █████ SK2 █████	SH2 █████ SK2 █████			

7. **SUPPLY DEPARTMENT'S CUSTOMER SERVICE HOURS NOTE:**

Supply Support

Mon - Sat
 0730 - 1100 & 1300 - 1600
 * Emergencies anytime

Post Office

Mon - Fri
 0900 - 1100 & 1300 - 1500
 Saturday
 0900 - 1200
 Wed & Paydays
 Money Orders/ \$100 Minimum

Meal Hours

Breakfast 0600 - 0715
 Lunch 1130 - 1245
 Watch Relief 1115 - 1130
 Dinner 1645 - 1800
 Watch Relief 1630 - 1645

Barber Shop

Mon - Sat
 0800 - 1100, 1200 - 1500 and 1700 - 1900
 Sunday 1100 - 1300

Ship's Store

Mon - Sat
 0800 - 1100, 1300 - 1500, 1700 - 1900
 Sunday
 1100 - 1300

Holiday Routine

Breakfast 0700 - 0800
 Brunch 1030 - 1200
 Dinner 1645 - 1800

HAZMAT Center

0800 - 0900 & 1030 - 1100 (Issue)
 1300 - 1400 (Issue & Return)
 1500 - 1600 & 1830 - 1900 (Return)

Laundry Receiving

Mon - Sat
 0800 - 1000
 Issue Mon - Sat
 1530 - 1630

Disbursing

Mon - Fri
 0900 - 1100 & 1300 - 1500

Check Cashing

1000 - 1100 & 1300 - 1400

Pulper/Shredder

0800 - 0900 & 1800 - 2000

NO SHAVE CONTEST/HAIR-DOWN WEEK: The CPO Selectees are selling \$1 chits to not shave and let your hair down. On Sunday, the grade and award prizes to the following categories: 1). Best overall beard 2). Best goatee 3). Best sideburns 4). Cheesiest mustache. If you sign up, you cannot stop, but must wear whatever is on your face until Sunday.

9. **QUOTE OF THE DAY:** "The price of greatness is responsibility." Winston Churchill

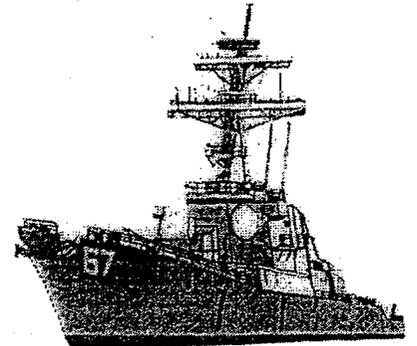


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
WEDNESDAY,
16 AUGUST 2000
Julian: 229

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4gol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Ombudsmans

[REDACTED]

Senior Sailor of the Year
QM1(SW) [REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 3
Determined Warriors' of the Quarter:

S1(SW) [REDACTED]
Y(SW) [REDACTED]
N [REDACTED]

SUNRISE: 0515
SUNSET: 1858

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

CO PRIORITIES

MAJOR EVENTS FOR THURSDAY

Repair Locker Training
Boat OPS
GQ

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

- 0000-0200 Link Fast Freq Ex
- 0000-2359 Celestial Nav Competition
- 0200-0300 Advance Clocks to Zulu
- 0200-0400 Non-Man Mboard Drills
- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0710 Officer's Call/Quarters
- 0700-1000 PACE CSE: A/S (Training Room)
- 0730-0800 PACFIRE/FAMFIRE
- 0730-0930 Repair Locker 2 SCBA & Pipe Patching Training (Flight Deck)
- 0800 Ops/Intel/VBSS/Unrep Brief
- 0830-1030 Med/Arabian University: Italy/Anti-Terrorism/Force Protection Stand-off Dist/SAR/CSAR/TLAM SUP
- 0930-1030 Repair Locker 3 SCBA Training (Flight Deck)
- 1030 OCSOT
- 1030-1130 Repair Locker 5 SCBA Training (Flight Deck)
- 1030-1130 Full Power Run
- 1030-1600 CPO Indoc (Mess Decks)
- 1115-1230 Lunch for the Crew
- 1130-1230 CO Lunch w/CPOs (CPO Mess)
- 1130-1230 ESWS Training: Surface Warfare Part 1 (Training Room)
- 1230-1330 CO w/CPO Indocs (CPO Mess)
- 1300-1400 Repair Locker 3 Pipe Patching Training (Flight Deck)

300-1700	VBSS/SCAT Training
1300-2000	I Division (Mess Decks)
1400-1500	Repair 5 Pipe Patching Training (Flight Deck)
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1900	Eight O'clock Reports
1900-2000	Unrep
2200-0500	SPY/FCS Maintenance
2315-0015	Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** Will M-8 paper detect chemical agents once it becomes wet? Ans: Yes, M-8 paper works when wet.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

LUNCH
LASAGNA
ASSORTED PIZZA

DINNER
HONEY GINGER CHICKEN
PORK CHOP SUEY

3. **COLE MOVIE SCHEDULE:**

CHANNEL 2
LUNCH E.T.
1630 THE FACULTY
1800 SHE'S ALL THAT
2000 ENEMY OF THE STATE

CHANNEL 3
LIGHT IT UP
HOW THE WEST WAS WON PART 1
HOW THE WEST WAS WON PART 2
I'LL BE HOME FOR CHRISTMAS

4. **MANDATORY PT NOTE:** PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Saturday at 0530 on the flight deck.

5. **TRASH DISPOSAL NOTE:** Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

6. **COMMAND VOLUNTEER PT NOTE:** Listed below are the dates, times & coordinators for the command volunteer PT program.

	16AUG00	17AUG00	18AUG00	19AUG00
0530	EM1 ████████ YN2 ████████	EM1 ████████ YN2 ████████	GSM1 ████████ YN2 ████████	EM1 ████████ YN2 ████████
1030	GSM1 ████████	GSM1 ████████	EM1 ████████	GSM1 ████████
1630	SH2 ████████ SK2 ████████	SH2 ████████ SK2 ████████	SH2 ████████ SK2 ████████	SH2 ████████ SK2 ████████

7. **NO SHAVE CONTEST/HAIR-DOWN WEEK:** The CPO Selectees are selling \$1 chits to not shave and let your hair down. On Sunday, the will grade and award prizes to the following categories: 1) Best overall beard 2) Best goatee 3) Best sideburns 4) Cheesiest mustache. If you sign up, you cannot stop, but must wear whatever is on your face until Sunday.

8. **BINGO NOTE:** Bingo will be held on the mess decks on Thursday 8/17/00 at 1830. Simulcast on SITE TV and IVCS. Cash prizes!!!

9. **GQ Lessons Learned – Remembering the Basics!**

- **Battle Dress.** All hands need to protect any exposed skin. This was a hard lesson learned by the British during the Falklands War. Stop by the XO's stateroom to see pictures of what happened when they didn't have their skin protected by at least some thin clothing. For us, it means tucking in your pants into your socks, buttoning up your shirt, rolling your sleeves down and donning flash gear which consists of flash gloves and hood. The hood should fit snugly around your face, just exposing your eyes.
- **SCBA.** This wasn't taught to you in Basic Training, but all hands need to know how to don and use the SCBA on COLE – NO EXCEPTIONS. Already this week, we've had people hurt who did not operate this equipment correctly...let alone fight a fire effectively. If you have any questions, come to the flight deck today for an opportunity to refresh your training.
- **Fire/Smoke Boundaries.** All hands need to know what is involved in setting both a fire boundary and a smoke boundary. This is the surest way to stop the spread of damage in the ship.

10. **QUOTE OF THE DAY:** "I couldn't hit a wall with a six-gun, but I can twirl one. It looks good." - John Wayne.

████████████████████
Executive Officer

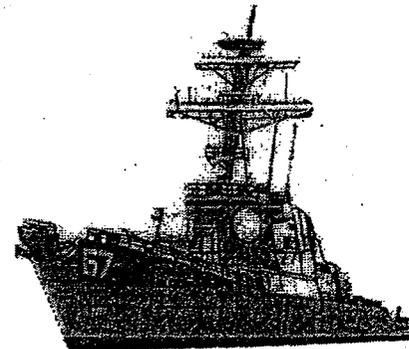


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
THURSDAY,
17 AUGUST 2000
Julian: 230

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

MAJOR EVENTS FOR FRIDAY

0900-1100 Transit through the Strait of Gibraltar

- Dewatering Training- Repair Lockers

- GQ-MSFD

Berthing of the Week: Berthing 3
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]
(SW) [REDACTED]
IN [REDACTED]

SUNRISE: 0515

SUNSET: 1858

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE :

SUMMER WHITES

QUARTERDECK WATCH

SUMMER WHITES

WORKING UNIFORM

COVERALLS

E-6 AND BELOW:

SERVICE DRESS WHITES

SERVICE DRESS WHITES

COVERALLS

UNDERWAY

0000-0700

Celestial Nav Competition

0200-0300

Advance Clocks to 1 Hour -1 Alpha

0600

Reveille

0600-0700

Breakfast for the Crew

0730-0800

PACFIRE/FAMFIRE

0700-1000

PACE CSE: A/S (Training Room)

0710

Officer's Call/Quarters

0730-0800

School of the Ship (SITE TV): Respiratory Protection

0800

OPS/INTEL/CSTT/Straits of Gibraltar Brief

0800-1100

Hose Team Relief Procedures - All Repair Lockers (Flight Deck)

0830-1030

Med/Arabian University: CJCS ROE/Anti-Terrorism/Force Protection/ Iran

1030-1115

MWR Meeting (Mess Decks)

1000-1200

PACE CSE: Comp and Rhetoric (Training Room)

1100-1200

DIVO Crossdeck Boat Ops

1115-1230

Lunch for the Crew

1130-1230

ESWS Training: Surface Warfare Part 2 (Training Room)

1230-1300

ACTS Scenario Watchstanders Brief (CIC)

1300-1500

Reentry Procedures Training - All Repair Lockers

1300-1500

LINK ACTS Scenario

1300-1500

PACE CSE: Comp and Rhetoric (Training Room)

1300-2000

I Division (Mess Decks)

1530-1545

Sweepers

Encl (60)

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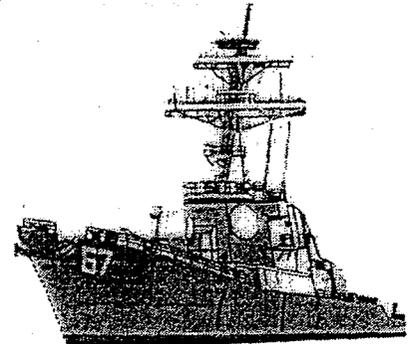


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
FRIDAY,
18 AUGUST 2000
Julian: 231

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

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LIFELINE: www.lifelines4gol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year
QM1(SW) [REDACTED]

<p>Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: S1(SW) [REDACTED] S2(SW) [REDACTED]</p> <p>SUNRISE: 0515 SUNSET: 1858</p>	<p><u>CO PRIORITIES</u></p> <p>- Combat Readiness</p> <p><u>KEY PILLARS</u></p> <p>-Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride</p>	<p><u>MAJOR EVENTS FOR SATURDAY</u></p> <p>0830-1200 Small Arms Qualifications 0930-1130 DC Experts Drill 1300 PB4T 1330-1630 DC Olympics</p>
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All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

<p>UNIFORM OF THE DAY: E-7 AND ABOVE : E-6 AND BELOW:</p>	<p><u>DRESS UNIFORM</u> SUMMER WHITES SERVICE DRESS WHITES</p>	<p><u>QUARTERDECK WATCH</u> SUMMER WHITES SERVICE DRESS WHITES</p>	<p><u>WORKING UNIFORM</u> COVERALLS COVERALLS</p>
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UNDERWAY

- 0001 Inchop to C6F
- TBD Detach SIM/LEN
- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0710 Officer's Call/Quarters
- 0800 OPS/INTEL/PACFIRE Brief
- 0800-1100 Dewatering Training - All Repair Lockers (Flight Deck)
- 0800-1500 I Division (Training Room)
- 0900-1100 Transit Straits of Gibraltar
- 1030 Muster DCPO's (Filter Cleaning Shop)
- 1030 DCTT Brief (Wardroom)
- 1030-1130 Force Protection Team Meeting (CSMC)
- 1115-1230 Lunch for the Crew
- 1130-1230 ESWS Training: Undersea Warfare Part 1 (Training Room)
- 1300-1500 GQ: MSFD
- 1530-1545 Sweepers
- 1645-1800 Dinner for the Crew
- 1830 Eight O'clock Reports
- 1830 Smoking Cessation Class (Training Room)
- 2200-0400 SPY/FCS Maintenance
- 2315-0015 Midrats for the Crew

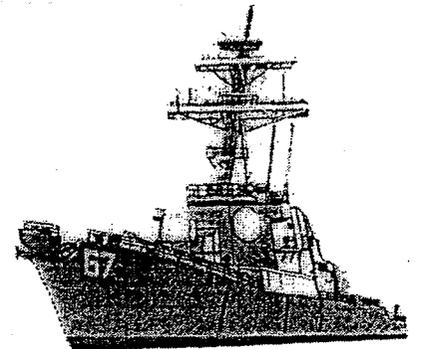


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
SATURDAY,
19 AUGUST 2000
Julian: 232

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FM) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

	<u>CO PRIORITIES</u>	<u>MAJOR EVENTS FOR SUNDAY</u>
Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: S1(SW) [REDACTED] (SW) [REDACTED] N [REDACTED] SUNRISE: 0515 SUNSET: 1858	- Combat Readiness <u>KEY PILLARS</u> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	0800-1100 GQ: Multi-Hit Battle Problem/ Integrated Training Team 1300-1500 Departmental Tug-of-War Winner-Takes-All

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0200-0300	Advance Clocks to -2B
0600	Reveille
0600-0700	Breakfast for the Crew
0700-1000	PACE CSE: A/S English (Training Room)
0710	Officer's Call/Quarters
0800	OPS/INTEL Brief (Wardroom)
0830-0930	CICWO Board: DCA/EWO/COMMO (Ops Office)
0830-0900	DCTT/ETT Meeting (Wardroom)
0900-1000	First Class Meeting (Mess Decks)
0930-1100	GQ: MSFD
1115-1230	Lunch for the Crew
1300	Planning Board for Training (Wardroom)
1330-1630	DC Olympics (Flight Deck)
1400	Retention Team Meeting (Wardroom)
1400-1500	CPO Meeting (CPO Mess)
1400-1530	CICWO Board: 1 st LT/AUXO (Ops Office)
1430	CO's Mast (Training Room)
1430-1530	ASWE Board: COMMO, ASWO (Wardroom)
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1830	Eight O'clock Reports
1830	Smoking Cessation Class (Training Room)

Encl (60)

Page 22 of 110

1930-2000
2315-0015

CSTT Brief (Wardroom,
Midrats for the Crew

DAMAGE CONTROL NOTE: About how many layers are applied to a soft patch? Ans: Two layers.

OLE'S MENU: The following are COLE's Main Menu items:

LUNCH

BREADED CHICKEN SANDWICH
GRILLED HAM SLICES

DINNER

SPAGHETTI WITH MEAT SAUCE
TURKEY CUTLETS

3. COLE MOVIE SCHEDULE:

CHANNEL 2

LUNCH PLAY IT TO THE BONE
1630 PATRIOT GAMES
1800 AN OFFICER AND A GENTLEMAN
2000 GHOSTBUSTERS
2200 MAJOR PAYNE

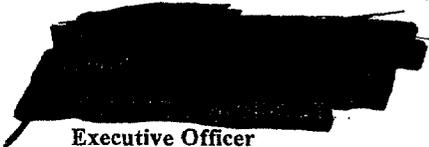
CHANNEL 3

ACE VENTURA: PET DETECTIVE
FIELD OF DREAMS
TOP GUN
HOOSIERS
THE BIG RED ONE

4. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

5. FWD DECON CLEANLINESS NOTE: The Personal Sailor Telephone located in FWD DECON is a privilege we all share. Please do not leave trash or wrappers in the space while using the phone or else the privilege will be suspended.

6. QUOTE OF THE DAY: "If trees could scream, would we be so cavalier about cutting them down? We might, if they screamed all the time for no good reason." Jack Handly


Executive Officer



"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
SUNDAY,
20 AUGUST 2000
Julian: 233

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

<p>Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: 1(SW) [REDACTED] 2(SW) [REDACTED] 3(SW) [REDACTED]</p> <p>SUNRISE: 0515 SUNSET: 1858</p>	<p><u>CO PRIORITIES</u></p> <ul style="list-style-type: none"> - Combat Readiness <p><u>KEY PILLARS</u></p> <ul style="list-style-type: none"> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride 	<p><u>MAJOR EVENTS FOR MONDAY</u></p> <ul style="list-style-type: none"> 0845 Station Sea & Anchor Detail 1000 Moored Barcelona, Spain 1230 Liberty Brief TBD Liberty Call
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All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	DRESS UNIFORM	QUARTERDECK WATCH	WORKING UNIFORM
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

<u>UNDERWAY</u>	
0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	ACTS Watchstander Brief (Wardroom)
0730-0800	DCTT Brief (Wardroom)
0800	OPS/Intel/Navigation Brief (Wardroom)
0830-1100	ACTS Scenario/GQ
1115-1230	Lunch for the Crew
1230	ITT Debrief (Training Room)
1300-1500	Field Day/Fresh Water Washdown
1300-1500	ASWE Board (Wardroom)
1500-1600	Departmental Tug-Of-War Winner Takes All (Flight Deck)
1530-1545	Sweepers
1600-1900	Steel Beach Picnic (Flight Deck)
1830	Smoking Cessation Class (Training Room)
1830	Eight O'clock Reports
2100-UC	Flight Deck Movie (Rules of Engagements)
2315-0015	Midrats for the Crew

Encl (60)
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1. DAMAGE CONTROL NOTE: What is the self-aid for blood agents? Ans: Don mask immediately and seek medical aid.

2. COLE'S MENU: The following are COLE's Menu items:
LUNCH DINNER
RAVIOLI STEEL BEACH PICNIC
VEN FRIED BACON

COLE MOVIE SCHEDULE:

	<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
1000	48 HRS	ANIMAL HOUSE
1800	THE AIR UP THERE	BLUE CHIPS
2000	EAST OF EDEN	BOOTY CALL

4. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

5. FWD DECON CLEANLINESS NOTE: The Personal Sailor Telephone located in FWD DECON is a privilege we all share. Please do not leave trash or wrappers in the space while using the phone or else the privilege will be suspended.

6. LAUNDRY NOTE: Laundry will be opened from 0800 - 1000 daily while we are in port to accept white uniforms. They will be ready for pick-up the following day between 0800 - 1000. All uniform tops and bottoms must be stenciled or they will not be accepted.

7. SHIP STORE NOTE: The ship's store will be closed Monday for inventory. It will reopen Tuesday from 0800-1100 and 1300-1500. It will be opened today from 1100-1300. If you need any last minute items for your first day in port such as film, cameras or batteries, you only have one more opportunity to shop in the ship's store.

8. DEPARTMENTAL TUG-OF WAR CONTEST RULES

1. 2 females per team - 12 total personnel.

2. If whistle blows, stop (pull doesn't count).

If loss of water, pull does not count.

If spectators must keep at least 4 feet from the tug line.

5. Best 2 out of 3 pulls wins.

9. QUOTE OF THE DAY: "Advice is what we ask for when we already know the answer but wish we didn't." Erica Jong


Executive Officer

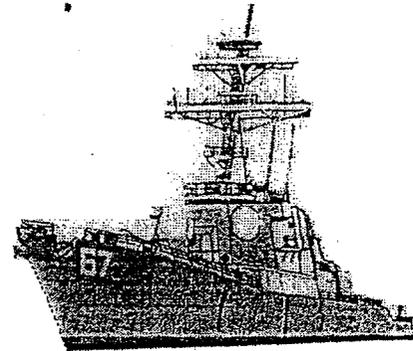


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
MONDAY,
21 AUGUST 2000
Julian: 234

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

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ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Ombudsmans

[REDACTED]

and

[REDACTED]

Command Master Chief

HMCM(SW/AW/FME) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR TUESDAY

TBD Stores Onload
0845 Muster for Barcelona Sightseeing Tour

SUNRISE: 0723

SUNSET: 2009

thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

FC2(SW) [REDACTED]

OSSN [REDACTED]

CDO: [REDACTED]

S/L #1: STGCM(SW) [REDACTED]

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

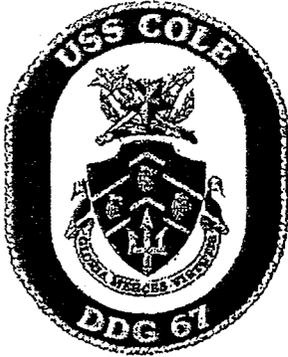
UNIFORM OF THE DAY: DRESS UNIFORM
E-7 AND ABOVE: SUMMER WHITES
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH
SUMMER WHITES
SERVICE DRESS WHITES

WORKING UNIFORM
COVERALLS
COVERALLS

INPORT BARCELONA

- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0630-0645 Sweepers
- 0710 Quarters/Officers Call
- 0845 Station Sea and Anchor Detail
- 0900 Man the Rail
- 1000 Moor Barcelona, Spain
- 1000 XO's Inspection of Messing and Berthing
- 1115-1230 Lunch for the Crew
- 1230 Liberty Brief
- TBD Liberty Call
- 1530-1545 Sweepers
- 1645-1730 Dinner for the Crew
- 1800 Eight O'Clock Reports
- 1830 Duty Section IET/Security Force Training
- 1845 Muster for Medieval Banquet (Quarterdeck)
- 2115 Sweepers
- 2145 Duty DH Space Walkthru

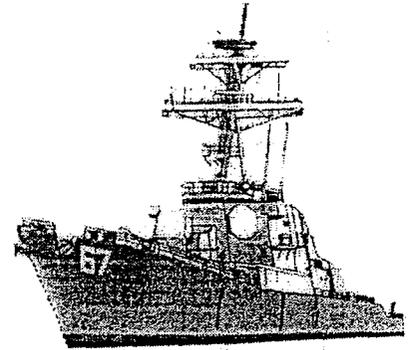


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
TUESDAY,
22 AUGUST 2000
Julian: 235

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Care Line: (757) 444-4921
Web site:

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ANSWERLINE: 1-877-418-6824
www.fleet-support.navy.mil

Ombudsmans
[REDACTED]
and
[REDACTED]

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year
QM1(SW) [REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

SUNRISE: 0707
SUNSET: 2040

thing of the Week: Berthing 3

etermined Warriors' of the Quarter:

OS1(SW) [REDACTED]
FC2(SW) [REDACTED]
OSSN [REDACTED]

CDO: [REDACTED]
S/L #2: [REDACTED]

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

CO PRIORITIES

MAJOR EVENTS FOR WEDNESDAY
0815 Muster for wine tour

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	DRESS UNIFORM	QUARTERDECK WATCH	WORKING UNIFORM
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

INPORT BARCELONA

0300	Liberty Expires for E-1-E-3
0400	Liberty Expires for E-4-E-5
0600	Liberty Expires for E-6 and above
0600	Reveille
0600-0700	Breakfast for the Crew
0645	Muster due to CTF 60
0730	Duty Section Turnover
0830	Liberty Assessment Board (CPO Mess)
0845	Muster for Barcelona Sightseeing Tour (Quarterdeck)
TBD	Stores Onload
1130-1230	Lunch for the Crew
1300	CDO Inspection of Messing and Berthing
1500	Mail Onload
1530-1545	Sweepers
1645-1730	Dinner for the Crew
1800	Eight O'Clock Reports
1830	Duty Section IET/Security Force Training
1845	Muster for Midieval Banquet (Quarterdeck)

1. DAMAGE CONTROL NOTE: How is the voltage tester (Wiggins) tested? Ans: From a known source.

COLE'S MENU: The following are COLE's Main Menu items:

<u>B</u> CH	DINNER
AK RANCHERO	ROAST PORK
T AND SOUR PORK	GYROS

3. LAUNDRY NOTE: Laundry will be opened from 0800 - 1000 daily while we are in port to accept white uniforms. They will be ready for pick-up the following day between 0800 - 1000. All uniform tops and bottoms must be stenciled or they will not be accepted.

4. SHIP STORE NOTE: The ship's store will reopen Today from 0800-1100 and 1300-1500.

5. FILM DEVELOPING NOTE: Next day film developing service will be available daily while in Barcelona from 0900 to 1100 on the mess decks.

6. MONEY EXCHANGE NOTE: Money exchange will be available Today through Thursday from 0900-1000 and Friday from 0700-0800 on the mess decks.

7. LIBERTY POLICY NOTE:

a. LIBERTY EXPIRATION HOURS IN BARCELONA:

E-1-E-3: Liberty expires 0300 (0100 all other Mediterranean ports)
E-4-E-5: Liberty expires 0400 (0200 all other Mediterranean ports)
E-3-E-5: Liberty expires 0500 (0300 all other Mediterranean ports)
w/ESWS
E-6: Liberty expires 0600 (0300 all other Mediterranean ports)
E-7 & above: Liberty expires 0600 (0600 all other Mediterranean ports)

b. CONDUCT - THE BUDDY SYSTEM IS MANDATORY. All hands will sign out on the quarterdeck with at least one buddy, but no more than four. You leave with your buddy and you come back with your buddy. No swapping while in town. If you are caught alone in town or you come back without your buddy - both will be held accountable. This system is as much for your protection from crime as it is to keep your shipmates out of trouble. If one individual on COLE has a liberty incident, it is a liberty incident for the whole crew - we all will pay the price.

c. Some examples of liberty incidents includes getting intoxicated, or unruly and belligerent behavior, fighting, arguing with authorities on shore. UA.

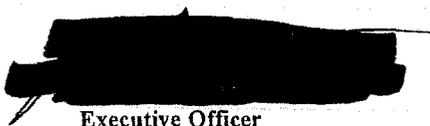
- One word of caution - beer overseas has more alcohol content that the beer in the US, so be careful.
- Save your money - we have a lot of great port visits coming up - set a budget for yourself for each port.
- Look out for your shipmates - COLE Sailors take care of their own. They help shipmates from getting in trouble. They watch each other's back. If you see someone who needs to get back to the ship, the quarterdeck will have money to pay for a cab.

c. CIVILIAN CLOTHING ASHORE: Please read COLE Notice 1020 carefully. Your division officers will have it at quarters. Bottom line: The people in Europe and South East Asia dress very well and if you want to make new friends here, you should do your best to present yourself in a clean-cut and tasteful way. In addition, you might be the only Americans some people will meet. Please respect the country and customs. The OOD has the authority to keep you from leaving the ship if you don't meet the minimum standards of attire.

8. SHIP'S PHONE NUMBERS WHILE INPORT BARCELONA:

Quarter Deck	616-453339		
CDO	646-488156		
Medical	686-634251		
Shore Patrol	616-450862	649-989975	or 636-462685

9. QUOTE OF THE DAY: "Challenges make you discover things about yourself that you never really knew. They're what make the instrument stretch--what makes you go beyond the norm." -- David L. Boren (b. 1941) -- American politician, Governor of OK


Executive Officer

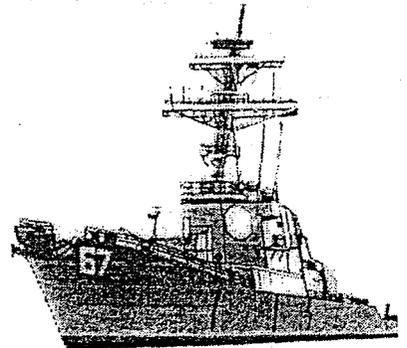


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
WEDNESDAY,
23 AUGUST 2000
Julian: 236

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Command Master Chief
HMCM(SW/AW/FM) [REDACTED]

Senior Sailor of the Year
QM1(SW) [REDACTED]

Executive Officer
LCDR [REDACTED]

Care Line: (757) 444-4921
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
E-mail: last name first initial@cole.navy.mil
LIFELINE: www.lifelines4qol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

[REDACTED]
and
[REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

SUNRISE: 0708
SUNSET: 2039

thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]
FC2(SW) [REDACTED]
OSSN [REDACTED]

CDO: LT [REDACTED]
S/L #3: OSCS(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness
- KEY PILLARS
- Material Readiness
 - Safety & Training
 - Personal Responsibility & Accountability
 - Respect
 - Leadership
 - Communication
 - Teamwork & Pride

MAJOR EVENTS FOR THURSDAY
1000 Planning Board for Training

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

INPORT BARCELONA

- 0300 Liberty Expires for E-1-E-3
- 0400 Liberty Expires for E-4-E-5
- 0600 Liberty Expires for E-6 and above
- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0645 Muster due to CTF 60
- 0730 Duty Section Turnover
- 0800-1600 Aloft Zone B
- 0815 Muster for Wine Tours (Quarterdeck)
- 0830 Liberty Assessment Board (CPO Mess)
- 1130-1230 Lunch for the Crew
- 1300 CDO Inspection of Messing and Berthing
- 1530-1545 Sweepers
- 1645-1730 Dinner for the Crew
- 1800 Eight O'Clock Reports
- 1830 Duty Section IET/Security Force Training

Encl (60)
Page 29 of 110

1. DAMAGE CONTROL NOTE: How is PKP used to extinguish fires in confined spaces? Ans: Short burst as necessary.

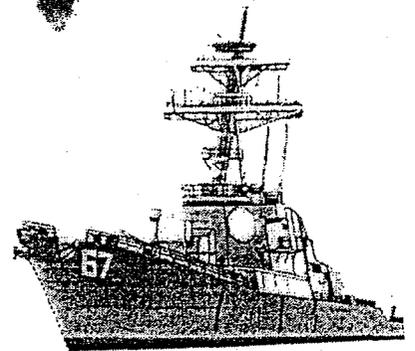


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
THURSDAY,
24 AUGUST 2000
Julian: 237

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

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Ombudsmans
[REDACTED]
and
[REDACTED]

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year
QM1(SW) [REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR FRIDAY

- 0900 Station Sea and Anchor Detail
- 1000 Underway
- 1300-1600 DC Olympics
- SCAT Training
- Engineering Evolution

SUNRISE: 0709
SUNSET: 2037

thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]
FC2(SW) [REDACTED]
OSSN T [REDACTED]
CDO: [REDACTED]
S/L #3: OSCS(SW) [REDACTED]

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UNIFORM OF THE DAY:	DRESS UNIFORM	QUARTERDECK WATCH	WORKING UNIFORM
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

INPORT BARCELONA

- 0300 Liberty Expires for E-1-E-3
- 0400 Liberty Expires for E-4-E-5
- 0600 Liberty Expires for E-6 and above
- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0645 Muster due to CTF 60
- 0730 Duty Section Turnover
- 0830 Liberty Assessment Board (CPO Mess)
- 1000 Planning Board For Training (Wardroom)
- 1130-1230 Lunch for the Crew
- 1300 CDO Inspection of Messing and Berthing
- 1530-1545 Sweepers
- 1645-1730 Dinner for the Crew
- 1800 Eight O'Clock Reports
- 1830 Duty Section IET/Security Force Training

Encl (60)
Page 30 of 110

1. DAMAGE CONTROL NOTE: How long will an EEBD provide oxygen? Ans: 15 minutes.

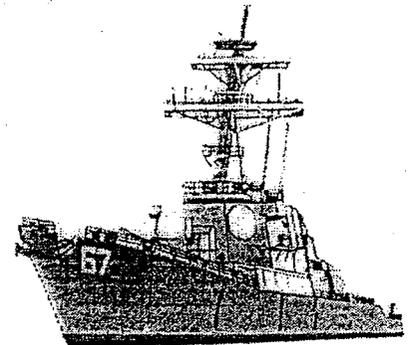


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
FRIDAY,
25 AUGUST 2000
Julian: 238

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Care Line: (757) 444-4921

Web site:

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Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Ombudsmans
[REDACTED]

Senior Sailor of the Year
QM1(SW) [REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 3
'Determined Warriors' of the Quarter:

S1(SW) [REDACTED]
S2(SW) [REDACTED]
S3(SW) [REDACTED]

SUNRISE: 0711
SUNSET: 2034

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR SATURDAY

Unrep
GQ: MSFD
Zone Inspection: Nav/Admin Dept

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0100	Liberty Expires for All Hands
0600	Reveille
0600-0700	Breakfast for the Crew
0645	Muster Due to CTF 60
0705	Officer's Call/Quarters
0800	Ops/Nav Brief/5in PACFIRE
0900	Station Sea and Anchor Detail
0930	Man the Rails
1000	Underway
1100	Liberty Assessment Board (CPO Mess)
1115-1230	Lunch for the Crew
1300	Muster DCPO (Filter Cleaning)
1300	SERT Meeting (CSMC)
1300-1500	AEGIS TRASUP Training (CIC)
1300-1500	PACE Class (English 1301 (Training Room))
1300-1600	DC Olympics (Flight Deck) (DCTT, Repair 2/3/5)
1400-1530	PDB (CPO) Mess: FN [REDACTED], SN [REDACTED], SN [REDACTED]
1400-1600	VBSS Training (Port Quarterdeck)
1500-1700	PACE Class (English 1312 (Training Room))
1530-1545	Sweepers
1600-1700	FP/AT Training Team Meeting (Wardroom)
1600-1700	Remedial PT

1645-1830 Dinner for the Crew
 1800-2000 PACE Class: A/S English (Training Room)
 1830-1930 Engineering Department Training
 1830 Eight O'clock Reports
 1830 Smoking Cessation Class (Training Room)
 1830 ETT Brief (Logroom)
 1830-1900 Safety Committee Meeting (Messdecks)
 1830-2000 SCAT Live Fire Drill
 1900 STT Brief (Operations Office)
 1900 First Class Association Meeting (Messdecks)
 1900-2200 Engineering Evolutions
 2000-2200 Deploy Tactas
 2315-0015 Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** What tools are used in overhauling a fire? Ans: Afire axe and rake.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
SEAFOOD PLATTER	SALISBURY STEAK WITH MUSHROOMS
BEEF CORDON BLEU	BARBECUE SPARERIBS

3. **COLE MOVIE SCHEDULE:**

	<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
<u>LUNCH</u>	THE MUMMY	CRIMSON
1600	THE NATURAL	ANIMAL HOUSE
1800	KING OF THE HILL	BLUE CHIPS
2000	THE MOD SQUAD	BOOTY CALL

4. **HAZARD ALERT NOTE: FIRESTONE TIRE RECALL.** On 9 August 2000, Bridgestone/Firestone and Ford Motor Company announced Firestone is recalling millions of tires that contain a safety-related defect involving tread separation. The recall will cover all P235/75R15 Firestone Radial ATX and Radial ATX II tires produced in North America and Mexico. In addition, all wilderness at tires of the same size manufactured at Firestone's Decatur, IL plant which have code "VD" imprinted on the sidewall are also recalled. The tires in question were original equipment on the Ford Explorer (Model years 1996-2000), Ford Ranger pickup trucks (Model years 1991-2000), and Ford B-series up trucks (Model years 1994-1996) and Mazda B4000 pickup trucks. Some Ford vehicles purchased by GSA came with these tires as original equipment, and other vehicles, including those made by Ford, General Motors and Daimlerchrysler may have had them installed as replacement tires. These tires were also sold in the aftermarket and may be on any light truck or SUV that takes the P235/75R15 tire size. Owners will be able to obtain the replacement tires at Firestone stores, and Ford owners will be able to obtain them at Ford dealerships. Firestone plans to send an interim notification letter to all owners of these tires that would advise them of the defect, indicate that new tires will be provided when available, and suggest actions to minimize the risk of a tread separation in the interim. If you have experienced any tire failure, report it to the National Highway Traffic Safety Administration by calling the auto safety hotline at 1-888-DASH-2-DOT or by completing and electronic complaint form on their website, <http://www.nhtsa.dot.gov/cars/problems/ivoq/default.htm>. You may also contact Firestone at 1-800-465-1904 or their website <http://www.firestonetire.com> Ford Motor Company customers call 1-800-660-4719 or write their website at tireinquiryford.com.

5. **TRASH DISPOSAL NOTE:** Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

6. **FWD DECON CLEANLINESS NOTE:** The Personal Sailor Telephone located in FWD DECON is a privilege we all share. Please do not leave trash or wrappers in the space while using the phone or else the privilege will be suspended.

7. **QUOTE OF THE DAY:** "When you have a dream you've got to grab it and never let go." -- Carol Burnett (b. 1933)- American actress, singer, comedian

[Redacted Signature]

Executive Officer

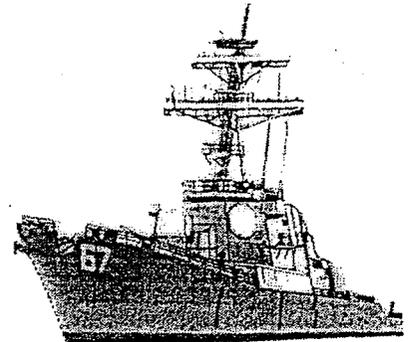


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
SATURDAY,
26 AUGUST 2000
Julian: 239

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Care Line: (757) 444-4921
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
E-mail: last name first initial@cole.navy.mil
LIFELINE: www.lifelines4gol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
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Ombudsmans
[REDACTED]

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year
QM1(SW) [REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

<p>Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: S1(SW) [REDACTED] ? (SW) [REDACTED] JN T [REDACTED]</p> <p>SUNRISE: 0711 SUNSET: 2034</p>	<p><u>CO PRIORITIES</u></p> <ul style="list-style-type: none"> - Combat Readiness <p><u>KEY PILLARS</u></p> <ul style="list-style-type: none"> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride 	<p><u>MAJOR EVENTS FOR SUNDAY</u></p> <p>0900-1230 Commodore Visit Holy Helo/Protestant Services/Counseling with Chaplain [REDACTED] 1300-1600 ACTS Scenario/GQ 1900 Navigation Brief</p>
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UNIFORM OF THE DAY:	DRESS UNIFORM	QUARTERDECK WATCH	WORKING UNIFORM
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0200	Deploy TACTAS
0600	Reveille
0600-0700	Breakfast for the Crew
0700-1000	PACE Class: A/S English
0710	Officer's Call/Quarters
0800	Ops/Intel/Unrep Brief
0800-1000	Field Day
0800-1100	OBT/ASW Scenario (CIC)
0800-1100	MCU 2P Issue (Aft Decon)
0820	CO/XO/DH/CMC Meeting (Wardroom)
0830	Smoking Cessation Class #3 (Forward Pallet Staging Area)
0830	MWR Meeting (Mess Decks)
0830-1130	Zone Inspection: Part I (NN/NX/NH)
0845	ETT/DCTT Brief (Wardroom)
0900	Planning Board for Training (Wardroom)
0930	ITT Brief (Wardroom)
0930	Set PCMS Red
1000	XO's Inspection of Messing and Berthing
1000-1115	PACE Class: English 1301
1100	Retrieve TACTAS
1115-1230	Lunch for the Crew
1200-1300	ESWS Training (Training Room): Undersea Warfare Part II

1230	Catholic Lay Services (Training Room)
1300	Workcenter Supervisors Meeting with 3MC and XO
1330-1600	ACTS Scenario/GQ
1530-1545	Sweepers
1645-1830	Dinner for the Crew
1800-2000	PACE Class: A/S English
1830	Eight O'Clock Reports
1830	Smoking Cessation Class #3 (Forward Pallet Staging Area)
1845	Supply and Nav/Admin Department Lecture (Mess Decks)
1900	Navigation/Mooring Brief
TBD	OOD Requalification: FCO
2200-0400	SPY Maintenance
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: How do you over haul a class Charlie fire? Ans: Assist the electrician.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
HAM SLICES	SPAGHETTI WITH MEAT SAUCE
HOT ROAST BEEF	VEAL PARMESAN

3. COLE MOVIE SCHEDULE:

	<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
0830	ONE NIGHT STAND	CASABLANCA
1000	TARZAN	ERIN BROCKOVICH
1200	SLEEPY HOLLOW	10 THINGS I HATE ABOUT YOU
1400	ANACONDA	A CIVIL ACTION
1600	48 HRS	ARMAGEDDON
1800	THE AIR UP THERE	ARMY OF DARKNESS
2000	EAST OF EDEN	BOOTY CALL

TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The shredder/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

5. MENU REVIEW BOARD NOTE: A menu review board meeting will be held today at 1600 on the mess decks. A divisional representative is required to attend.

6. CHAPLAIN'S VISIT: Chaplain [redacted] will be here Sunday morning from 0900 until approximately 1300. If you wish to speak with him, please sign up outside the CMC's office.

7. FEMALE BERTHING NOTE: There are now 3 female berthings: Berthing 4, 5 & 6. Berthing 4 is no longer considered a duty head for males. When conducting official business, knock on the door, sound off, "male on deck", and wait until it is clear to come in.

8. QUOTE OF THE DAY: "Outstanding leaders go out of their way to boost the self-esteem of their personnel. If people believe in themselves it's amazing what they can accomplish." — Samuel Moore Walton (1918-92) — American retailing executive

[redacted]
Executive Officer

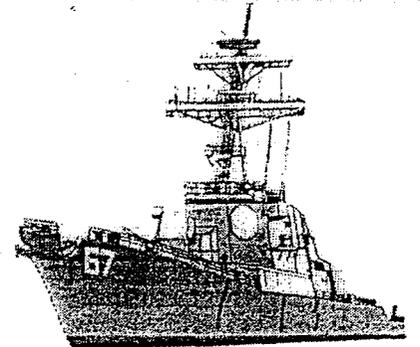


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
SUNDAY,
27 AUGUST 2000
Julian: 240

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Command Master Chief
HMCM(SW/AW/FMF)

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QM1(SW)

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Ombudsmans

Junior Sailor of the Year
GSM2(SW)

	<u>CO PRIORITIES</u>	<u>MAJOR EVENTS FOR MONDAY</u>
Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: SI(SW) Y(SW) N SUNRISE: 0712 SUNSET: 2032	- Combat Readiness <u>KEY PILLARS</u> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	0800 Station Sea and Anchor Detail 0815 Man the Rails 0900 Moor Villefranche, France TBD Port Brief TBD Liberty Call

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600 Reveille
 0600-0700 Breakfast for the Crew
 0710 Officer's Call/Quarters
 0730-0800 CIWS PACFIRE
 0730-0930 PACE Class: English 1301
 0800 Ops/Intel/Suez Canal/Iraq Brief (Wardroom)
 0800-1100 MCU 2P Issue (Aft Decon)
 0800-1100 Heat Stress Monitors Training (Medical)
 0830 Flight Quarters
 0900 DESRON 22/Chaplain Arrives
 0900 Protestant Divine Services (Mess Decks)
 0930 DCTT Brief (Wardroom)
 0930 CSTT Brief (CSMC)
 0930-1130 PACE Class: English 1312
 1000 CIC Watchstander Brief (CIC)
 1000 Commodore with Wardroom
 1000-1130 AEGIS TRASUP Training (CIC)
 1020 Commodore with CPO Mess (CPO Mess)
 1030 Flight Quarters
 1045-1145 Remedial PT
 1100 DESRON 22/Chaplain Departs
 1115-1230 Lunch for the Crew

1215-1415	PACE Class: English 1312
1230-1400	AEGIS TRASUP Training (CIC)
1300-1630	BECES/MSFD/GQ
1400	OCSOT
1530-1545	Sweepers
1600	Menu Review Board (Mess Decks)
1600	Deploy TACTAS
1600-1700	Remedial PT
1645	Eight O'Clock Reports
1645-1830	Dinner for the Crew
1815	Station Unrep Detail
1830	Smoking Cessation Class # 3 (Training Room)
1900-2000	Unrep
1900-2200	OBT/ASW Scenario (CIC)
2200-0400	SPY Maintenance
2315-0015	Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** For what class of fires is PKP most effective? Ans: Class Bravo.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
OVEN FRIED CHICKEN FILLET	GINGER POT ROAST
CANNONBALL SANDWICH	OVEN FRIED FISH

3. **COLE MOVIE SCHEDULE:**

	<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
<u>LUNCH</u>	<u>COBRA</u>	<u>UNIVERSAL SOLDIER</u>
1600	THE BLAIR WITCH PROJECT	DOUBLE JEOPARDY
1800	ERIN BROCKOVICH	WHAT ABOUT BOB
2000	MAN ON THE MOON	ABOVE THE LAW
2200	48 HRS	ANYWHERE BUT HERE

HAZARD ALERT NOTE: FIRESTONE TIRE RECALL. On 9 August 2000, Bridgestone/Firestone and Ford Motor Company announced Firestone is recalling millions of tires that contain a safety-related defect involving tread separation. The recall will cover all P235/75R15 Firestone Radial ATX and Radial ATX II tires produced in North America and Mexico. In addition, all wilderness tires of the same size manufactured at Firestone's Decatur, IL plant which have code "VD" imprinted on the sidewall are also recalled. The tires in question were original equipment on the Ford Explorer (Model years 1996-2000), Ford Ranger pickup trucks (Model years 1991-2000), and Ford B-series pickup trucks (Model years 1994-1996) and Mazda B4000 pickup trucks. Some Ford vehicles purchased by GSA came with these tires as original equipment, and other vehicles, including those made by Ford, General Motors and Daimlerchrysler may have had them installed as replacement tires. These tires were also sold in the aftermarket and may be on any light truck or SUV that takes the P235/75R15 tire size. Owners will be able to obtain the replacement tires at Firestone stores, and Ford owners will be able to obtain them at Ford dealerships. Firestone plans to send an interim notification letter to all owners of these tires that would advise them of the defect, indicate that new tires will be provided when available, and suggest actions to minimize the risk of a tread separation in the interim. If you have experienced any tire failure, report it to the National Highway Traffic Safety Administration by calling the auto safety hotline at 1-888-DASH-2-DOT or by completing and electronic complaint form on their website, <http://www.nhtsa.dot.gov/cars/problems/ivoq/default.htm>. You may also contact Firestone at 1-800-465-1904 or their website <http://www.firestonetire.com> Ford Motor Company customers call 1-800-660-4719 or write their website at tireinquiryford.com.

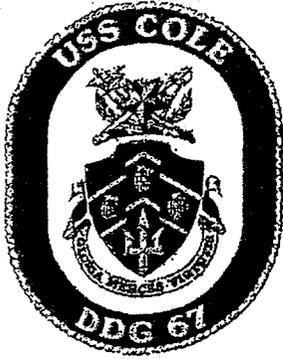
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6. **NEWEST DETERMINED WARRIOR NOTE:** Congratulations to GSMFN [REDACTED]. He is the new father of [REDACTED] born on 24 August weighing 7 lbs 10 ounces.

7. **MENU REVIEW BOARD NOTE:** A menu review board meeting will be held today at 1600 on the mess decks. A divisional representative required to attend.

CHAPLAIN'S VISIT: Chaplain [REDACTED] will be here Sunday morning from 0900 until approximately 1300. If you wish to speak with him, please sign up outside the CMC's office.

8. **QUOTE OF THE DAY:** "Outstanding leaders go out of their way to boost the self-esteem of their personnel. If people believe in themselves it's amazing what they can accomplish." -- Samuel Moore Walton (1918-92) -- American retailing executive

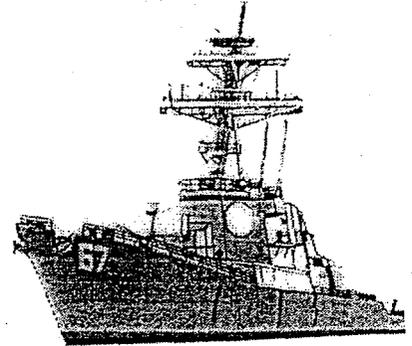


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
MONDAY,
28 AUGUST 2000
Julian: 241

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Care Line: (757) 444-4921
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
E-mail: last name first initial@cole.navy.mil
LIFELINE: www.lifelines4qol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

Ombudsmans
[REDACTED]
and
[REDACTED]

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year
QM1(SW) M [REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness
- KEY PILLARS
- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR TUESDAY

- TBD Babylon Express
- 0800 Stores Onload
- 0830 ITT Meeting

SUNRISE: 0713
SUNSET: 2031

thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]
FC2(SW) [REDACTED]
OSSN [REDACTED]

CDO:

S/L #2: FCCS(SW) [REDACTED]

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

INPORT VILLEFRANCHE

- | | |
|-----------|--|
| 0200-0400 | VCHT PMS |
| 0600 | Reveille |
| 0600-0700 | Breakfast for the Crew |
| 0710 | Officer's Call/Quarters |
| 0800 | Station Sea and Anchor Detail |
| 0810 | Muster All Non Sea and Anchor Personnel (Aft Missile Deck) |
| 0820 | Man the Rails |
| 0900 | Moor Villefranche, France |
| 1000 | Muster DCPO's (Filter Cleaning Shop) |
| 1115 | Officer/CPO call on Mayor of Villefranche |
| 1115-1230 | Lunch for the Crew |
| 1230 | SERT Meeting |
| 1300 | ITT Meeting (Wardroom) |
| 1300-2200 | Aloft Zone Bravo |
| 1400 | Port Brief (Flight Deck) |
| TBD | Liberty Call |
| 1645-1730 | Dinner for the Crew |
| 1830 | Eight O'Clock Reports |

Encl (60)
Page 37 of 110

1. DAMAGE CONTROL NOTE: How are test fittings used to investigate for damage? Are hoses loosened and listen for air escaping or water around pipe.

COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
FRENCH FRIES AND CHIPS	BBQ BEEF CUBES
SOUP	CARIBBEAN CHICKEN BREAST

3. COLE MOVIE SCHEDULE:

	<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
LUNCH	CONAIR	FIRESTORM
1630	THE BASE BALL	BLADE
1800	GHOST	GODZILLA
2000	BLOODSPORT	BOWFINGER

4. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

5. FEMALE BERTHING NOTE: There are now 3 female berthings: Berthing 4, 5 & 6. Berthing 4 is no longer considered a duty head for males. When conducting official business, knock on the door, sound off, "male on deck", and wait until it is clear to come in.

6. QUOTE OF THE DAY: "Tell me and I forget, teach me and I remember, involve me and I learn" Thomas Jefferson

[Redacted Signature]

Executive Officer

[Redacted Footer]

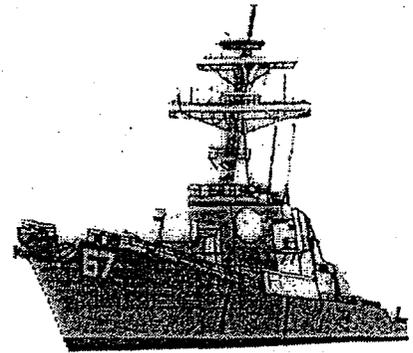


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
TUESDAY,
29 AUGUST 2000
Julian: 242

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR WEDNESDAY

- 0800 SCAT Training
- 0800 CSTT Training
- 0800-2200 Aloft Zone B

SUNRISE: 0714

SUNSET: 2029

thing of the Week: Berthing 3

etermined Warriors' of the Quarter:

S1(SW) [REDACTED]

FC2(SW) [REDACTED]

OSSN [REDACTED]

CDO: L [REDACTED]

S/L #3: OSCS(SW) [REDACTED]

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

INPORT VILLEFRANCHE

- | | |
|-----------|---|
| 0300 | Liberty Expires for all Hands (Arrival of Taxi) |
| 0600 | Reveille |
| 0600-0700 | Breakfast for the Crew |
| 0645 | Muster Due to CTF 60 |
| 0730 | Duty Section Turnover |
| TBD | Babylon Express |
| 0800 | CSTT Training (CIC) |
| 0800-UC | Stores Onload |
| 0830 | Liberty Assessment Board (CPO Mess) |
| 0900 | ITT Meeting (Wardroom) |
| 1115-1230 | Lunch for the Crew |
| 1530 | Sweepers |
| 1645-1730 | Dinner for the Crew |
| 1800 | Eight O'Clock Reports |
| 1830 | Section IET/Security Force Training |

1. DAMAGE CONTROL NOTE: What should be used on a sounding tape when sounding a water tank? Ans: Chalk.

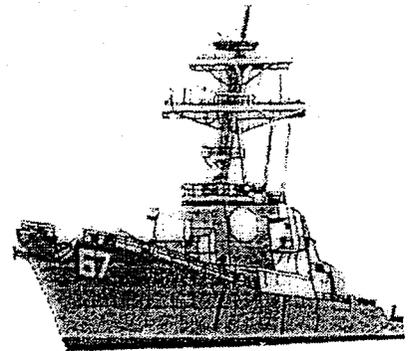


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
WEDNESDAY,
30 AUGUST 2000
Julian: 243

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Ombudsmans

Command Master Chief
HMCM(SW/AW/FMF)

Care Line: (757) 444-4921
Web site:

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COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

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Senior Sailor of the Year
QM1(SW)

Junior Sailor of the Year
GSM2(SW)

CO PRIORITIES

SUNRISE: 0652
UNSET: 2010

hing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW)

FC2(SW)

OSSN

CDO: LT

S/L #1: STGCM(SW)

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR THURSDAY

- 0900 PB4T
- 0900 CO Spotcheck w/ CA01
- 1000 XO Spotcheck w/ SS03

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

INPORT VILLEFRANCHE

- 0300 Liberty Expires for all Hands (Arrival of Taxi)
- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0645 Muster Due to CTF 60
- 0730 Duty Section Turnover
- 0800 CSTT Training (CIC)
- 0800-0900 SCAT Training (Training Room)
- 0800-2200 Aloft Zone Bravo
- 0830 Liberty Assessment Board (CPO Mess)
- 0830 ETT Meeting (Logroom)
- 0830 STT Meeting (OPS Office)
- 0900 DCTT Meeting (Wardroom)
- 0900 RPPO Meeting (Supply Support)
- 0900 PMS Reports due to 3MC
- 0900 Command Assessment Team Meeting (Wardroom)
- 0930 ITT Meeting (Wardroom)
- 1000 XO's Inspection of Messing and Berthing
- 1115-1230 Lunch for the Crew
- 1530 Sweepers
- 1645-1730 Dinner for the Crew

1800
1830

Eight O'Clock Re s
Section IET/Secu... Force Training

DAMAGE CONTROL NOTE: Should you sound a fuel tank and a water tank with the same tape? Ans: No, the fuel residue on the tape could contaminate the fresh water.

COLE'S MENU: The following are COLE's Main Menu items:

LUNCH
TUNA SALAD
CHILI DOGS

DINNER
BARBECUE RIBS
BAKED CHICKEN

3. COLE MOVIE SCHEDULE:

LUNCH
1630
1800
2000

CHANNEL 2
HALLOWEEN H20
FLUBBER
GREEN MILE PART 1
GREEN MILE PART 2

CHANNEL 3
G. I. JANE
DUECE BIGALOW
EYES WIDE SHUT PART 1
EYES WIDE SHUT PART 2

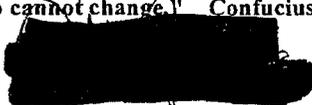
4. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

5. FEMALE BERTHING NOTE: There are now 3 female berthings: Berthing 4, 5 & 6. Berthing 4 is no longer considered a duty head for males. When conducting official business, knock on the door, sound off, "male on deck", and wait until it is clear to come in.

6. INTELLIGENCE SCENARIOS FOR UPCOMING ACTS SCENARIO NOTE: To ensure COLE's familiarity and knowledge for the week Acts Scenario, intelligence updates will be provided on a daily basis. It is imperative that the information for the scenario remains onboard and not discussed with anyone outside the confines of the ship.

7. PORT VISIT TO MALTA NOTE: The U.S. Marines are hosting a party in COLE's honor Wednesday, 6 September from 1500 to 0100. Dinner includes steak, hamburgers, hotdogs and refreshments. Pool will be opened. Price for Adults is LM 3.00. They also have a tennis and basketball court that will be open to the crew. If there is enough interest, they can put together a basketball tournament, three men teams.

NOTE OF THE DAY: It is only the wisest and the very stupidest who cannot change! Confucius, Analects


Executive Officer

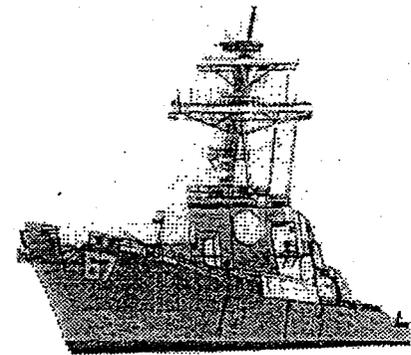


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
FRIDAY,
1 SEPTEMBER 2000
Julian: 245

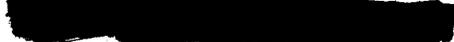
USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer



Care Line: (757) 444-4921

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ANSWERLINE: 1-877-418-6824

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Command Master Chief

HMCM(SW/AW/FMF)



Senior Sailor of the Year

QM1(SW)



Ombudsmans



Junior Sailor of the Year

GSM2(SW)



CO PRIORITIES

- Combat Readiness

KEY PillARS

-Material Readiness
-Safety & Training

-Personal Responsibility & Accountability
-Respect
-Leadership
-Communication
-Teamwork & Pride

MAJOR EVENTS FOR SATURDAY

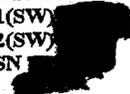
0700 CIWS/SIN PACFIRE
0730 Personnel Inspection: S1, S2, S5
0930 Division in the Spotlight: S1, S2, S5
1300-1600 ACTS Scenario/GQ/ITT Drill
1900-2030 SCAT Drill

Berthing of the Week: Berthing 3
Determined Warriors' of the Quarter:

OS1(SW)

C2(SW)

SN



SUNRISE: 0654
SUNSET: 2006

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM QUARTERDECK WATCH WORKING UNIFORM
E-7 AND ABOVE: SUMMER WHITES SUMMER WHITES COVERALLS
E-6 AND BELOW: SERVICE DRESS WHITES SERVICE DRESS WHITES COVERALLS

UNDERWAY

0300 Liberty Expires for all Hands
0600 Reveille
0600-0700 Breakfast for the Crew
0705 Officer's Call/Quarters
0745 Away the RHIB
0800 OPS/NAV/5 IN/CIWS PACFIRE Brief
0900 Station Sea & Anchor Detail
0930 Man the Rails
1000 Underway
1030 Set WPN CON Standby Air/Surf
1115-1230 Lunch for the Crew
1230 STT Brief (OPS Office)
1300-1500 PACE Class: English 1301
1300-1500 Seamanship Drills
1500-1700 Compass Swing Checks
1500-1700 PACE Class: English 1312
1600 ETT Brief (Logroom)
1530-1545 Sweepers
160-1700 Remedial PT
1645-1830 Dinner for the Crew
1500-1700 PACE Class: A/S English
1830 Eight O'Clock Reports
1900-2100 Engineering Evolutions

Encl (60)
Page 42 of 110



1. DAMAGE CONTROL NOTE: How do you over haul a class Bravo fire? Ans: Secure the source, cover the fuel with a blanket of AFF, move fuel (if possible), and cool surrounding area.

COLE'S MENU: The following are COLE's Main Menu items:

LUNCH
 TORIYAKI STEAK
 CHICKEN FILLET SANDWICH

DINNER
 HERBED BAKED FISH
 SWEDISH MEATBALLS

3. COLE MOVIE SCHEDULE:

CHANNEL 2
 LUNCH NAVY SEALS
 1630 MAN IN THE IRON MASK
 1800 MAJOR PAYNE
 2000 MEMPHIS BELLE

CHANNEL 3
 ON DANGEROUS GROUND
 MESSAGE IN A BOTTLE
 MISSIONS TO MARS
 MY BEST FRIENDS WEDDING

4. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

5. INTELLIGENCE SCENARIOS FOR UPCOMING ACTS SCENARIO NOTE: To ensure COLE's familiarity and knowledge for the week's Acts Scenario, intelligence updates will be provided on a daily basis. It is imperative that the information for the scenario remains onboard and not discussed with anyone outside the confines of the ship.

POLITICAL SUMMARY. The Serbian military has seized power and forced the previously civilian government to flee to Trieste, Italy. The U.S. has expressed support for the civilian government-in-exile.

Russia totally supports the current military government in Serbia.

COMSIXTHFLT has assembled an Amphibious Ready Group and is escorting units near Trieste to provide support if evacuation of U.S. personnel in Serbia becomes necessary. USS COLE and a Spruance class destroyer are proceeding north in the Adriatic to Serbia to join ARG.

The Serbian military government has warned that any attempt to restore the government-in-exile will result in military actions. To this effect, the Serbian's have declared a 12NM buffer zone off the Serbian coast. Non-shooting incidents between Russian/Serbian naval units and U.S. naval forces have already occurred.

Russian reconnaissance flights are anticipated.

One Russian Victor III Class SSN and two Serbian diesel submarines are believed to be in the area. COLE controlled LAMPS MK III have two sonobuoys in contact with one possible Serbian submarine.

6. PORT VISIT TO MALTA NOTE: The U.S. Marines are hosting a party in COLE's honor Wednesday, 6 September from 1500 to 0100. Dinner includes steak, hamburgers, hotdogs and refreshments. Pool will be opened. Price for Adults is LM 3.00. They also have a tennis and basketball court that will be open to the crew. If there is enough interest, they can put together a basketball tournament, three men teams.

7. FLASH GEAR NOTE: All hands will inventory flash hoods and gloves at their GQ station during General Quarters and turn in any extra hoods and gloves not used to R-Division.

8. QUOTE OF THE DAY: "In reading the lives of great men, I found that the first victory they won was over themselves...self-discipline with all of them came first." -- Harry S. Truman (1884-1972) -- 33rd US President

[REDACTED]
 Executive Officer

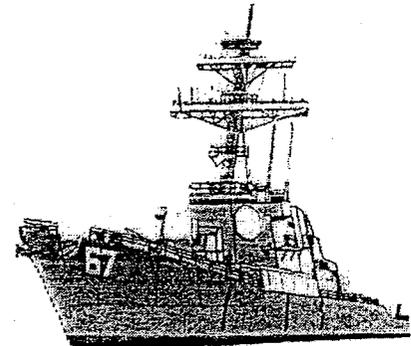


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
SATURDAY,
2 SEPTEMBER 2000
Julian: 246

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Care Line: (757) 444-4921

Web site:

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Command Master Chief

HMCM(SW/AW/FMP) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans [REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

	<u>CO PRIORITIES</u>	<u>MAJOR EVENTS FOR SUNDAY</u>
Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] C2(SW) [REDACTED] JSSN [REDACTED] SUNRISE: 0655 SUNSET: 2005	- Combat Readiness <u>KEY PILLARS</u> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	0800 OPS/NAV Brief 0830-1130 Zone Inspection Part II: S1,S2, 1300-1600 ACTS/Scenario 1730-1900 Strait of Messina Transit 1900 NAV/Unrep Brief

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 221 1

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0530-0630	Remedial PT
0600	Reveille
0600-0700	Breakfast for the Crew
0700-1000	PACE Class: A/S English
0705	Personnel Inspection: S1, S3, S5 (Clean Dungarees)
0710	Officer's Call/Quarters
0730-0800	CIWS/5 IN PACFIRE
0800	OPS/Intel/Balkans Spins Brief (Mess Decks)
0900	ESWS Pre-Board: DC1 [REDACTED] SM2 [REDACTED] FC2 [REDACTED] GM2 McNeal (Mess Decks)
0900	CSTT Training (CIC)
0900-0930	Division in the Spotlight: S1, S3, S5 (Wardroom)
0900-1100	Engineering Evolutions
0930	DCTT/ETT Brief (Wardroom)
0930-1130	Zone Inspection Part 1: S1, S3, S5
1000	MWR Meeting (Wardroom)
1000	XO's Inspection of Messing and Berthing
1000-1115	PACE Class: English 1301
1030	CIC Watchstanders Brief
1115-1230	Lunch for the Crew
1200-1300	ESWS Training: Strike Warfare Part 1 (Training Room)
1215	Station Adriatic Watchteam

1300-1630	ACTS Scenario
1530-1545	Sweepers
1630	CO Meeting with OPS
1645-1830	Dinner for the Crew
1800-1930	PACE Class: English 1312
1830	Eight O'Clock Reports
1830	SCAT Team Training (CSMC)
1900	XOI (XO's Stateroom)
1900-2030	SCAT Drill
2200-0200	Deploy TACTAS
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: What is the primary purpose of the fire finder? Ans: To locate fires or hot spots.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH

BEEF SUKIYAKI

DELI BAR

DINNER

SPAGHETTI/ MEAT SAUCE

BREADED CHICKEN BREAST

3. COLE MOVIE SCHEDULE:

	<u>CHANNEL 2</u>
LUNCH	NAVY SEALS
1630	ROCKY
1800	ROCKY 2
2000	SCENT OF A WOMAN
2200	TARZAN

	<u>CHANNEL 3</u>
	ON DANGEROUS GROUND
	RUN SILENT RUN DEEP
	ROUNDERS
	THE DEVILS ADVOCATE
	THE FUGITIVE

4. INTELLIGENCE SCENARIOS FOR UPCOMING ACTS SCENARIO NOTE: To ensure COLE's familiarity and knowledge for the week's Acts Scenario, intelligence updates will be provided on a daily basis. It is imperative that the information for the scenario remains onboard and not discussed with anyone outside the confines of the ship.

POLITICAL SUMMARY. The Serbian military has seized power and forced the previously civilian government to flee to Trieste, Italy. The U.S. has expressed support for the civilian government-in-exile. Russia totally supports the current military government in Serbia. SIXTHFLT has assembled an Amphibious Ready Group and is escorting units near Trieste to provide support if evacuation of U.S. personnel in Serbia becomes necessary. USS COLE and a Spruance class destroyer are proceeding north in the Adriatic to Serbia to join the ARG. The Serbian military government has warned that any attempt to restore the government-in-exile will result in military actions. To this effect, the Serbian's have declared a 12NM buffer zone off the Serbian coast. Non-shooting incidents between Russian/Serbian naval units and U.S. naval forces have already occurred. Russian reconnaissance flights are anticipated. One Russian Victor III Class SSN and two Serbian diesel submarines are believed to be in the area. COLE controlled LAMPS MK III have two sonobuoys in contact with one possible Serbian submarine.

5. PORT VISIT TO MALTA NOTE: The U.S. Marines are hosting a party in COLE's honor Wednesday, 6 September from 1500 to 0100. Dinner includes steak, hamburgers, hotdogs and refreshments. Pool will be opened. Price for Adults is LM 3.00. They also have a tennis and basketball court that will be open to the crew. If there is enough interest, they can put together a basketball tournament, three men teams.

6. FLASH GEAR NOTE: All hands will inventory flash hoods and gloves at their GQ station during General Quarters and turn in any extra hoods and gloves not used to R-Division.

7. COMMUNITY RELATIONS PROJECT OPPORTUNITY NOTE: The Park of Friendship is a privately owned entity that provides recreational services for persons with disabilities. The project will consist of draining two sizable duck ponds, removing the sediment, and refilling them with clean water. Pick-up will be on Tuesday, 5 September at 0830 from the pier and will return at approximately 1500. Volunteers are also invited to bring their swimming gear and make use of the park swimming pool after the project. Anyone who would like to volunteer for this project should contact the CMC.

8. LDO/CWO APPLICATION NOTE: The application deadline for the LDO/CWO board has been extended to 1 October 2000. Eligible Chief Petty Officers (E7/E8/E9), Chief Selectees and First Class Petty Officers are encouraged to apply for these programs. Packages must be postmarked no later than 1 October 2000.

QUOTE OF THE DAY: "It's 106 miles to Chicago, we've got a full tank of gas, half a pack of cigarettes, it's dark, and we're wearing sunglasses." Elwood Blues

Executive Officer

Encl (60)
Page 45 of 110

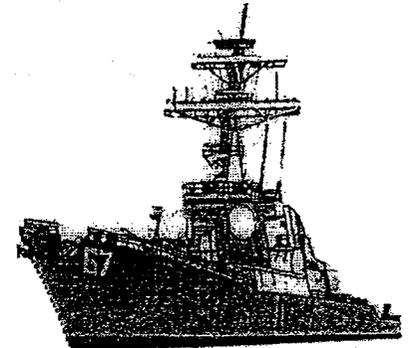


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
SUNDAY,
3 SEPTEMBER 2000
Julian: 247

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Ombudsmans

[REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR MONDAY

- 0630 Station UNREP Detail
- 0700 UNREP w/USNS John Lenthall
- 1100 Station Sea & Anchor Detail
- 1200 Moor Valletta, Malta

Berthing of the Week: Berthing 3
Determined Warriors' of the Quarter:

[REDACTED]
[REDACTED]
[REDACTED]

SUNRISE: 0656
SUNSET: 2003

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

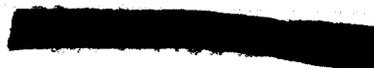
UNIFORM OF THE DAY: <u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE : <u>SUMMER WHITES</u>	<u>SUMMER WHITES</u>	<u>COVERALLS</u>
E-6 AND BELOW: <u>SERVICE DRESS WHITES</u>	<u>SERVICE DRESS WHITES</u>	<u>COVERALLS</u>

UNDERWAY

- 0530-0630 Remedial PT
- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0700 OCSOT
- 0700-1000 PACE Class: A/S English
- 0710 Officer's Call/Quarters
- 0800 OPS/NAV Brief (Mess Decks)
- 0830 ETT Brief (Logroom)
- 0900 CSTT Meeting (CSMC)
- 0900 DCTT Meeting (Wardroom)
- 0900-1130 Zone Inspection: S1, S3, S5
- 0900-1100 Engineering Evolutions
- 1000 XO's Inspection of Messing and Berthing
- 1000 DRB (CPO Mess)
- 1000-1115 PACE Class: 1301
- 1000-1200 PACE Class: English 1301
- 1000-1200 Retrieve TACTAS
- 1115 Protestant Divine Services (Training Room)
- 1115-1230 Lunch for the Crew
- 1145 Station Adriatic Watchteam, W/S II
- 1230 Catholic Lay Services (Training Room)
- 1230 CO Spotcheck w/CA01
- 1230-1600 ACTS Scenario/GQ

Encl (60)
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1530-1545	Sweepers
1645-1830	Dinner for the Crew
1700	Station Anchor Detail
1730-1900	PACE Class: 1301
1730-1900	Strait of Messina Transit
1800	Muster All First Class Petty Officers (Career Counselor Office)
1830	Eight O'Clock Reports
1900	Navigation/Unrep Brief (Wardroom)
1900-2100	PACE Class: 1312
1930	Set WEPCON Safe
1930	Pizza Night (Mess Decks)
1945	CO's Mast (Training Room)
2315-0015	Midrats for the Crew



1. DAMAGE CONTROL NOTE: What should be used on a sounding tape when sounding a fuel tank? Ans: Water indicating paste.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
BEEF ENCHILADAS	GRILLED SALMON
	BAKED HAM

3. COLE MOVIE SCHEDULE:

	<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
0830	THE MIGHTY	CASABLANCA
1000	THE JACKAL	ERIN BROCKOVICH
1200	THE NEGOTIATOR	THE PERFECT WEAPON
1400	THE RELIC	THIN RED LINE PART 1
1600	THE RAGE: CARRIE 2	THIN RED LINE PART 2
1800	THE WEDDING SINGER	TOMMY BOY
2000	U.S. MARSHALLS	UNDER SIEGE

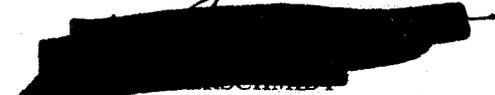
4. PORT VISIT TO MALTA NOTE: The U.S. Marines are hosting a party in COLE's honor Wednesday, 6 September from 1500 to 0100. Dinner includes steak, hamburgers, hotdogs and refreshments. Pool will be opened. Price for Adults is LM 3.00. They also have a tennis and basketball court that will be open to the crew. If there is enough interest, they can put together a basketball tournament, three men's.

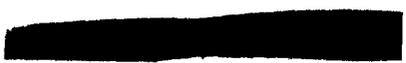
5. COMMUNITY RELATIONS PROJECT OPPORTUNITY NOTE: The Park of Friendship is a privately owned entity that provides recreational services for persons with disabilities. The project will consist of draining two sizable duck ponds, removing the sediment, and refilling them with clean water. Pick-up will be on Tuesday, 5 September at 0830 from the pier and will return at approximately 1500. Volunteers are also invited to bring their swimming gear and make use of the park swimming pool after the project. Anyone who would like to volunteer for this project should contact the CMC.

6. LDO/CWO APPLICATION NOTE: The application deadline for the LDO/CWO board has been extended to 1 October 2000. Eligible Chief Petty Officers (E7/E8/E9), Chief Selectees and First Class Petty Officers are encouraged to apply for these programs. Packages must be postmarked no later than 1 October 2000.

7. PIZZA NIGHT NOTE: The First Class Association is sponsoring Pizza Night today on the Mess Decks at 1930.

8. QUOTE OF THE DAY: "Injustice anywhere is a threat to justice everywhere." Martin Luther King


Executive Officer



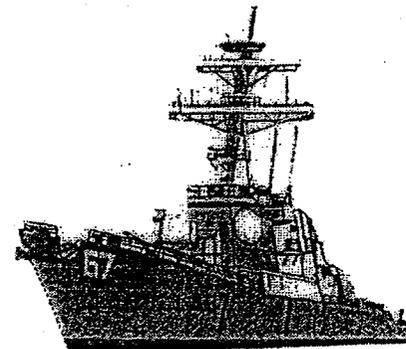


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
MONDAY,
04 SEPTEMBER 2000
Julian: 248

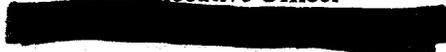
USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer



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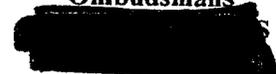
LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

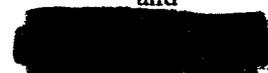
ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Ombudsmans



and



Command Master Chief
HMCM(SW/AW/FMR) [Redacted]

Senior Sailor of the Year
QM1(SW) [Redacted]

Junior Sailor of the Year
GSM2(SW) [Redacted]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR TUESDAY

- TBD Stores Onload
- 0700-1600 Caesar Sword
- 0900 OPS/INTEL Brief

SUNRISE: 0636
SUNSET: 1925

thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

- S1(SW) [Redacted]
- C2(SW) [Redacted]
- OSSN [Redacted]
- CDO: [Redacted]
- S/L #3: EWCS(SW) [Redacted]

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM
E-7 AND ABOVE: SUMMER WHITES
E-6 AND BELOW: SERVICE DRESS WHITES

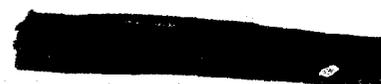
QUARTERDECK WATCH
SUMMER WHITES
SERVICE DRESS WHITES

WORKING UNIFORM
COVERALLS
COVERALLS

INPORT MALTA

- 0500 Reveille
- 0500-0600 Breakfast for the Crew
- 0630 Station Unrep Detail
- 0700 UNREP with USNS JOHN LENTHALL
- 0900 XO1 (XO's Stateroom)
- 1045-1230 Lunch for the Crew
- 1130 Station Sea and Anchor Detail
- 1215 Muster All Non-Sea and Anchor Personnel (Aft Missile Deck)
- 1220 Man the Rails
- 1300 Moored Valletta, Malta
- 1300-2200 Aloft Zone Bravo
- 1330 SERT Meeting (CSMC)
- 1400 Muster DCPO's (Filter Cleaning Shop)
- 1500 All Hands Port Brief (Flight Deck)
- TBD Liberty Call
- TBD American Embassy/Malta Officials Tours w/Mini-Reception (Wardroom)
- 1530 Sweepers
- 1530 CO's Mast (Pilot House)
- 1645-1730 Dinner for the Crew
- 1830 Eight O'Clock Reports

Encl (60)
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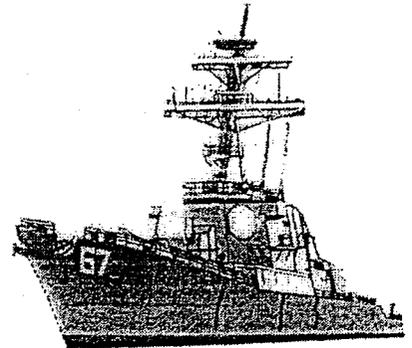


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
TUESDAY,
05 SEPTEMBER 2000
Julian: 249

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Ombudsmans
[REDACTED]

Command Master Chief
HMCM(SW/AW/FMR) [REDACTED]

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E-mail: last name first initial@cole.navy.mil

and
[REDACTED]

Senior Sailor of the Year
QM1(SW) [REDACTED]

LIFELINE: www.lifelines4qol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

Junior Sailor of the Year
GSM2(SW) [REDACTED]

CO PRIORITIES

SUNRISE: 0637
SUNSET: 1924

hing of the Week: Berthing 3

Determined Warriors' of the Quarter:
OS1(SW) [REDACTED]
FC2(SW) [REDACTED]
OSSN T [REDACTED]

CDO: LT [REDACTED]
S/L #1: STGCM(SW) [REDACTED]

- Combat Readiness
- KEY PILLARS
- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR WEDNESDAY
EMORY S LAND Shipchecks
For IMAV

1300 US Embassy Tour of COLE

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

INPORT MALTA

0600	Liberty Expires For All Hands
0600	Reveille
0600-0700	Breakfast for the Crew
0645	Muster Due to CTF 60
0700-1600	Caesar Sword
0730	Duty Section Turnover
0800	CSTT Training (CIC)
0815	Muster For Conrel Project (Pier)
0830	Liberty Assessment Board (CPO Mess)
0900	OPS/Intel Brief (Mess Decks)
1130-1230	Lunch for the Crew
1300	XO's Inspection of Messing & Berthing
1400	Malta Newspaper Interview
1530	Sweepers
1645-1730	Dinner for the Crew
1800	Eight O'Clock Reports
1830	Section IET/Security Force Training



"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
THURSDAY,
06 SEPTEMBER 2000
Julian: 251

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Ombudsmans
[REDACTED]

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Care Line: (757) 444-4921
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
E-mail: last name first initial@cole.navy.mil

and
[REDACTED]
Junior Sailor of the Year
GSM2(SW) [REDACTED]

Senior Sailor of the Year
QM1(SW) [REDACTED]

LIFELINE: www.lifelines4qol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

CO PRIORITIES

SUNRISE: 0637
SUNSET: 1922

Highlight of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]
FC2(SW) [REDACTED]
OSSN [REDACTED]

CDO: [REDACTED]
S/L #3: OSCS(SW) [REDACTED]

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR FRIDAY

0800-1000 UNREP/CONREP
1330-1630 ACTS Scenario
1800-2200 E-4 Exam

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM
E-7 AND ABOVE: SUMMER WHITES
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH
SUMMER WHITES
SERVICE DRESS WHITES

WORKING UNIFORM
COVERALLS
COVERALLS

INPORT MALTA/UNDERWAY

0600	Liberty Expires for All Hands
0600	Reveille
0600-0700	Breakfast for the Crew
0600-UC	Caesar Sword
0645	Muster Due to CTF 60
0700-1600	IMAV Shipchecks
0730	Duty Section Turnover
0800	CSTT Training/Brief (CIC)
0800-0900	Force Protection Representative Meeting (Wardroom)
0830	Liberty Assessment Board (CPO Mess)
0900	OPS/INTEL/NAV/UNREP/HSMST Brief
1000	XO's Inspection of Messing and Berthing
1130-1230	Lunch for the Crew
1400	Liberty Expires for all Hands
1530	Sweepers
1600	Station Sea & Anchor Detail
1645	Man the Rails
1700	Underway
1730-1830	Dinner for the Crew
1830	Eight O'Clock Reports
1900	ITT Meeting (Wardroom)

1930
2315-0015

Planning Board for Training (Wardroom)
Midrats for the Crew

DAMAGE CONTROL NOTE: What is the maximum lift that a P-100 pump can take suction from? Ans: 20 FT.

COLE'S MENU: The following are COLE's Main Menu items:

LUNCH
HERBED CHICKEN
MEATLOAF

DINNER
CHICKEN POT PIE
SYRIAN BEEF STEW

3. COLE MOVIE SCHEDULE:

	<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
<u>LUNCH</u>	DEEP RISING	ROBOCOP 3
1630	THE MAN WHO KNEW TOO LITTLE	THE DECEIVER
1800	LA CONFIDENTIAL	GREAT EXPECTATIONS
2000	FOR RICHER OR POORER	SPICE WORLD

4. **SCUTTLEBUTT NOTE:** It has come to the attention of Auxiliaries Division that several scuttlebutts around the ship have recently been damaged. Handles are being ripped off and valves are being secured, unnecessarily. It is not fair to your shipmates to be destroying the scuttlebutts. Having unlimited use of water at sea is a privilege that many other sailors in the fleet do not have. Don't let a good thing go to waste. If you know of any damaged scuttlebutts around the ship please inform Auxiliaries Division, so we can repair them in a timely manner.

5. **LDO/CWO APPLICATION NOTE:** The application deadline for the LDO/CWO board has been extended to 1 October 2000. Eligible Chief Petty Officers (E7/E8/E9), Chief Selectees and First Class Petty Officers are encouraged to apply for these programs. Packages must be postmarked no later than 1 October 2000.

6. **QUOTE OF THE DAY:** "While all the runners in the stadium take part in the race, only one wins the prize. Run to win." Jason Reigel


Executive Officer

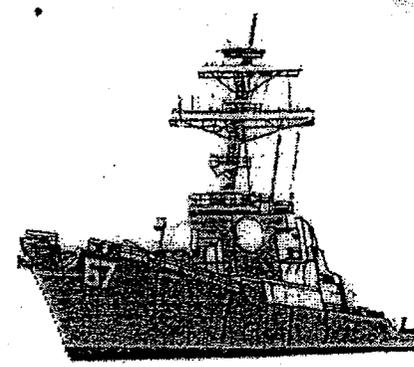


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
FRIDAY,
8 SEPTEMBER 2000
Julian: 252

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer



Care Line: (757) 444-4921

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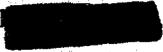
COLE Quarterdeck: 444-2107

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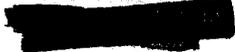
Command Master Chief

HMCM(SW/AW/FM)

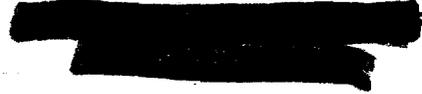


Senior Sailor of the Year

QM1(SW)

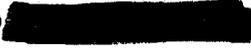


Ombudsmans



Junior Sailor of the Year

GSM2(SW)



CO PRIORITIES

- Combat Readiness
- KEY PILLARS
- Material Readiness
 - Safety & Training
 - Personal Responsibility & Accountability
 - Respect
 - Leadership
 - Communication
 - Teamwork & Pride

MAJOR EVENTS FOR SATURDAY

- 0715 Personnel Inspection: A/E/S-2
- 0800 OPS/Intel Brief
- 0930 Division in the Spotlight: A/E/S-2
- 1000-1130 Zone Inspection Part I: A/E/S-2
- 1330-1630 ACTS Scenario/GQ

Berthing of the Week: Berthing 3
Determined Warriors' of the Quarter:

OS1(SW)
C2(SW)
JSSN



SUNRISE: 0638

SUNSET: 1921

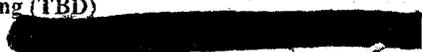
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UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

- 0530-0630 Remedial PT
- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0700 OCSOT
- 0710 Officer's Call/Quarters
- 0715 Station UNREP Detail
- 0730 RNDVU w/USNS LARAMIE
- 0800 UNREP w/LARAMIE
- 1030 ETT/DCTT Brief (Wardroom)
- 1030 XO1 (XO's Stateroom)
- 1030-1200 PACE Class: English 1301
- 1100 Muster DCPO (Filter CLNG)
- 1100 New Check-Ins w/CO (CO's Cabin)
- 1115-1230 Lunch for the Crew
- 1300 OPS/INTEL Brief (Mess Decks)
- 1400-1600 Safety Standdown
- 1400-1600 Stream TACTASS
- 1530-1545 Sweepers
- 1600 OCSOT
- 1630-1730 PACE Class: English 1312
- 1630-1745 Dinner for the Crew
- 1800 CPO Selectee Core Values Training (TBD)
- 1800-2200 PACE Class: 1301

Encl (60)
Page 52 of 110



1800-2200	E-4 Advancement Exam (P	Decks)
1830	Eight O'Clock Reports	
2315-0015	Midrats for the Crew	

DAMAGE CONTROL NOTE: How is the P-100 cooled while in use? Ans: Air.

COLE'S MENU: The following are COLE's Main Menu items:

LUNCH
BAKED CHICKEN
TEMPURA FISH

DINNER
SHRIMP EGG FOO YONG
PEPPER STEAK

3. COLE MOVIE SCHEDULE:

CHANNEL 2
LUNCH THE LAST BOYSCOUT
1630 U-TURN
1800 THE JACKAL
2000 CADILLAC RANCH

CHANNEL 3
AN AMERICAN WEREWOLF IN PARIS
AS GOOD AS IT GETS
REMEMBER ME
FREE MONEY

4. SCUTTLEBUTT NOTE: It has come to the attention of Auxiliaries Division that several scuttlebutts around the ship have recently been damaged. Handles are being ripped off and valves are being secured, unnecessarily. It is not fair to your shipmates to be destroying the scuttlebutts. Having unlimited use of water at sea is a privilege that many other sailors in the fleet do not have. Don't let a good thing go to waste. If you know of any damaged scuttlebutts around the ship please inform Auxiliaries Division, so we can repair them in a timely manner.

5. LDO/CWO APPLICATION NOTE: The application deadline for the LDO/CWO board has been extended to 1 October 2000. Eligible Chief Petty Officers (E7/E8/E9), Chief Selectees and First Class Petty Officers are encouraged to apply for these programs. Packages must be postmarked no later than 1 October 2000.

6. SAFETY STANDDOWN SCHEDULE:

DAY	TIME	EVENT	RESPONSIBLE DIVISION/INDIVIDUAL
Friday	1300-1315	Intro/Purpose of Standdown	Safety Officer
	1315-1600	Engineering Safety -Heat Stress Movie -Hearing Conservation Movie -Elec Safety Movie -Fuel Spill Response	Auxo Auxo Eleco MPA
Saturday	0830-0930	Tagout Lecture & Working on Energized Equip	Eleco/EMC
	0930-1115	Linehandling Training & Deck Safety -to include main deck safety in bad weather	First/BMC
Sunday	0800-1100	Medical Safety Lectures -CPR Lecture -Deployment Health Issues -In-port Safety -Nutrition	DOC
	1300-1400	HAZMAT Usage	HAZMAT Tech
	1400-1430	Man Overboard	OS1 [REDACTED]
	1430-1500	Abandon Ship (Mk 6 Survival)	BMC/First
	1500-1530	OPSEC	EWO
	1530-1600	Drunk Driving Prev.	FC3 [REDACTED]

Encl (60)
Page 53 of 110

QUOTE OF THE DAY: "Your world is as big as you make it." Georgia Douglas Johnson

[REDACTED]
Executive Officer

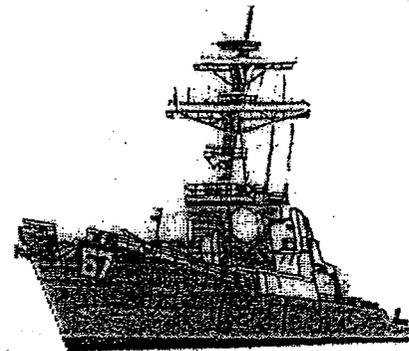


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
SATURDAY,
9 SEPTEMBER 2000
Julian: 253

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

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ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Ombudsmans
[REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

<p>Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] OS2(SW) [REDACTED] OSN [REDACTED]</p> <p>SUNRISE: 0619 SUNSET: 1904</p>	<p><u>CO PRIORITIES</u></p> <ul style="list-style-type: none"> - Combat Readiness <p><u>KEY PILLARS</u></p> <ul style="list-style-type: none"> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride 	<p><u>MAJOR EVENTS FOR SUNDAY</u></p> <ul style="list-style-type: none"> - Zone Inspection - Medical Safety - Navigation Brief
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All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0530-0630	Remedial PT
0600	Reveille
0600-0700	Breakfast for the Crew
0700-1000	PACE Class: A/S English
0710	Officer's Call/Quarters
0715	Personnel Inspection: A/E/S-2 (Missile Deck)
0730	Set Zebra Main Deck and Below
0800-0830	OPS/INTEL Brief (Mess Decks)
0830-0900	Division In The Spotlight: A/E/S-2 (Wardroom)
0900-1130	Safety Standdown (See Back of POD)
1000-1115	PACE Class: English 1301
1115-1230	Lunch for the Crew
1145	Station Adriatic Watchteam (Section I)
1200	Scenario Brief for Watchstanders
1200-1300	ESWS Training: Strike Warfare Part II
1230	ITT Meeting (Wardroom)
1230-1330	ESWS Pre-Board: OS1 [REDACTED] SM2 [REDACTED] EW3 [REDACTED] Mess Deck
1245	DCTT/ETT Brief (Wardroom)
1245	STT Brief (OPS Office)
1245	CSTT Brief (CSMC)
1330-1630	ACTS Scenario/GQ
1530-1545	Sweepers
1645-1800	Dinner for the Crew

Encl (60)
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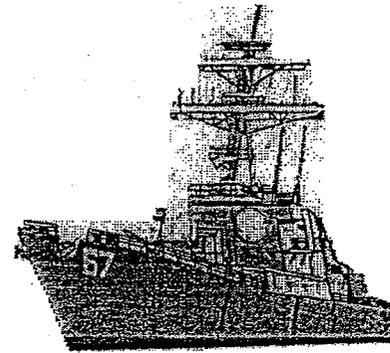


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
SUNDAY,
10 SEPTEMBER 2000
Julian: 254

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4gol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans
[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

	<u>CO PRIORITIES</u>	<u>MAJOR EVENTS FOR MONDAY</u>
Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] FC2(SW) [REDACTED] OSSN [REDACTED] SUNRISE: 0619 SUNSET: 1904	- Combat Readiness <u>KEY PILLARS</u> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	0730 OPS/INTEL Brief 0900 Station Sea & Anchor Detail 1000 Moor Koper, Slovenia 1200 Host Slovene Officials

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0530-0630	Remedial PT
0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730-0800	OPS/INTEL Brief (Wardroom)
0800-1100	Safety Standdown (See Back of POD)
1000-1115	PACE Class: English 1301
1100	Protestant Divine Services (Training Room)
1115-1230	Lunch for the Crew
1230	Catholic Lay Services (Training Room)
1230	ETT Brief (Logroom)
1230-1700	Zone Inspection: A/E/S-2
1300-UC	CPO Meeting (CPO Mess)
1330-1630	BECCES
1500	ESWS Board: OS1 [REDACTED] SM2 [REDACTED] EW3 [REDACTED] (CPO Mess)
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1800-2200	PACE Class: English 1301
1830	Eight O'Clock Reports
1900	Navigation Brief (Wardroom)
2315-0015	Midrats for the Crew

Encl (60)
Page 56 of 110

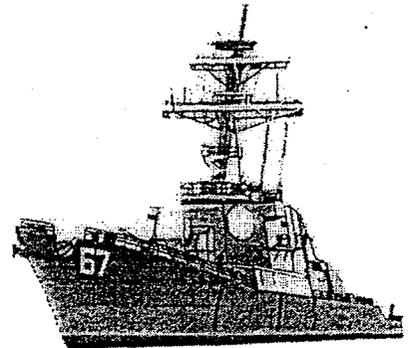


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
MONDAY,
11 SEPTEMBER 2000
Julian: 255

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Care Line: (757) 444-4921
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4gol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

Ombudsmans
[REDACTED]

and
[REDACTED]

Command Master Chief
HMCM(SW/AW/FMR) [REDACTED]

Senior Sailor of the Year
QM1(SW) [REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness
- KEY PILLARS
- Material Readiness
 - Safety & Training
 - Personal Responsibility & Accountability
 - Respect
 - Leadership
 - Communication
 - Teamwork & Pride

MAJOR EVENTS FOR TUESDAY

- 0700-0900 Venice Trip
- 0800 Stores Onload
- 1300-1600 Public Tours

SUNRISE: 0637
SUNSET: 1922

hing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]
FC2(SW) [REDACTED]
OSSN [REDACTED]

CDO: [REDACTED]
S/L #1: STGCM(SW) [REDACTED]

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM
E-7 AND ABOVE: SUMMER WHITES
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH
SUMMER WHITES
SERVICE DRESS WHITES

WORKING UNIFORM
COVERALLS
COVERALLS

INPORT KOPER

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer Call/Quarters
0720	Station Sea & Anchor Detail
0930	Man the Rails
1000	Moored Koper, Slovenia
1100	CO/XO/CMC Official Calls
1115-1230	Lunch for the Crew
1300-1400	Host Slovene Officials (Wardroom)
1430	Port Brief (Flight Deck)
1450	XO/OOD (Inport) Meeting (Mess Decks)
1530	Sweepers
TBD	Liberty Call
1745-1800	Dinner for the Crew
1830	Eight O'Clock Reports

Encl (60)
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1. DAMAGE CONTROL NOTE: Does the P-100 pump require use of a foot valve? Ans: Yes:-

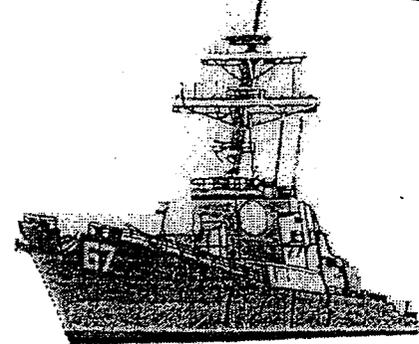


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
TUESDAY,
12 SEPTEMBER 2000
Julian: 256

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Care Line: (757) 444-4921
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
E-mail: last name first initial@cole.navy.mil
LIFELINE: www.lifelines4qol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

Ombudsmans

And

Command Master Chief
HMCM(SW/AW/FMF)

Senior Sailor of the Year
QM1(SW)

Junior Sailor of the Year
GSM2(SW)

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR WEDNESDAY

- | | |
|-----------|----------------|
| 0830-1500 | COMREL Project |
| 1100 | VIP Tour |
| 1200 | VIP Tour |
| 1400 | Media Tour |

SUNRISE: 0620
SUNSET: 1905

thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW)
FC2(SW)
OSSN

CDO: LT
S/L #2: FCCS(SW)

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM
E-7 AND ABOVE: SUMMER WHITES
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH
SUMMER WHITES
SERVICE DRESS WHITES

WORKING UNIFORM
COVERALLS
COVERALLS

INPORT KOPER

- | | |
|-----------|-------------------------------------|
| 0600 | Liberty Expires For All Hand |
| 0600 | Reveille |
| 0600-0700 | Breakfast for the Crew |
| 0645 | Muster Due to CTF 60 |
| 0730 | Duty Section Turnover |
| 0700-1900 | Venice Tour |
| 0800-1600 | Aloft |
| TBD | Stores Onload |
| 0830 | Liberty Assessment Board (CPO Mess) |
| 0900 | OPS/Intel Brief (Mess Decks) |
| 1100 | VIP Tour |
| 1115-1230 | Lunch for the Crew |
| 1300-1600 | Public Tours |
| 1530 | Sweepers |
| 1745-1800 | Dinner for the Crew |
| 1830 | Eight O' Clock Reports |
| 1830 | Section IET/Security Force Training |

Encl (60)
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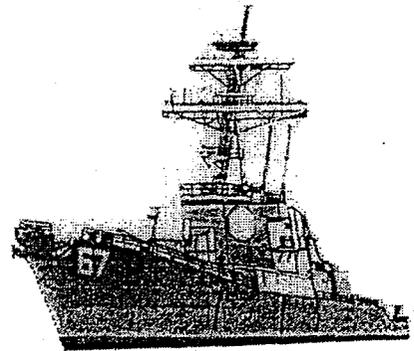


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
WEDNESDAY,
13 SEPTEMBER 2000
Julian: 257

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
E-mail: last name first initial@cole.navy.mil
LIFELINE: www.lifelines4qol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

Ombudsmans

[REDACTED]

And

[REDACTED]

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year
QM1(SW) [REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness
- KEY PILLARS
- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR THURSDAY

- 0700-1100 E-5 Exams
- 1000 Slovenia Military Tours
- 1600 CPO Selectee Initiation

SUNRISE: 0641
SUNSET: 1920

Thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]
FC2(SW) [REDACTED]
OSSN [REDACTED]
CDO: LT [REDACTED]
S/L #3: OCCS(SW) [REDACTED]

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

<u>UNIFORM OF THE DAY:</u>	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

INPORT KOPER

- 0600 Liberty Expires For All Hands
- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0600-UC TLAM Training
- 0645 Muster Due to CTF 60
- 0730 Duty Section Turnover
- 0700-1900 Alps Rafting
- 0800-0900 SCAT Training
- 0800-1900 Postojna Cave Tour
- 0830 Liberty Assessment Board (CPO Mess)
- 0900 OPS/Intel Brief (Mess Decks)
- 0900 RPPO Training (Supply Support)
- 1000 Department Head Meeting (Wardroom)
- 1000 CO Spotcheck w/CA01
- 1100 VIP Tour (International Diplomatic Community School)
- 1115-1230 Lunch for the Crew
- 1200 VIP Tour (Foreign Defense Attaches)
- 1200 PMS Reports Due to 3MC
- 1230 XO Spotcheck w/SS02

1300-1600	Public Tours
1400	Media Tour of COLE
1530	Sweepers
1745-1800	Dinner for the Crew
1800	Eight O' Clock Reports
1830	Section IET/Security Force Training
2000	Officer Hail & Farewell

1. DAMAGE CONTROL NOTE: Why is a strainer used with a submersible pump? Ans: To prevent debris from entering the pump.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH
STEAK W/ONIONS
CHICKEN NUGGET

DINNER
SALISBURY STEAK
LEMON BAKE FISH

3. COLE MOVIE SCHEDULE:

CHANNEL 2
LUNCH JURASSIC PARK
1630 THE INSIDER
1800 SOUL FOOD
2000 NAKED GUN 2 1/2

CHANNEL 3
CITY OF ANGELS
WILD THINGS
ANY GIVEN SUNDAY
SIX DAYS SEVEN NIGHTS

4. SAFETY NOTE: An E-3 dislocated his shoulder while opening his berthing locker. The locker support stanchion slipped and while he tried to keep the locker open, he slipped and the top fell on this shoulder.

5. POSTAL NOTE: As of 0900, 9 September 2000, free mail privileges were granted by MEDMAIL in accordance with the United States Postal Service. The following items can be sent back to the U. S. within the following guidelines:

1. Anything up to, but not more than 12 ounces can be mailed.
2. Any handwritten, typed, or photographic material (audio and video tapes) can be mailed.
3. Write the word "FREE" in the upper right hand corner of the envelope, post card, or small container.
4. Ship's official mail is not authorized for free mail!

For questions regarding the Free Mail Privileges contact PC2(SW) [REDACTED] at Ext. 1600.

HECK CASHING RESPONSIBILITY NOTE: All hands are reminded to balance their checkbook carefully, especially in cashing checks at port visits. A bounced check not only is embarrassing and costly, but it is a violation of the UCMJ as well.

7. ABSENTEE BALLOT VOTING FOR NOVEMBER PRESIDENTIAL ELECTIONS NOTE: If anyone is interested in exercising their right to vote in the upcoming National elections please contact the Communications Officer or FC1(SW) [REDACTED]. We will provide you a form to fill out that takes about 5 minutes. These absentee/registration forms need to be mailed off the ship before departing Koper, Slovenia as many states require an absentee request before 09 OCT.

8. OPSEC NOTE: A USAF member was approached while attending the World Computer Congress 2000 at the China International Exhibition Center in Beijing. The USAF member was approached by a European booth attendant who asked him to sign up for a contest and helped him fill out the entry form, written in Chinese. During the course of filling out the application, she asked questions concerning his occupation. He admitted to being an Electronics Engineer with the USAF Aeronautical System Center and proceeded to volunteer other information concerning the nature of his work. He soon realized that he was being followed around the Exhibition Center and was eventually approached by Chinese security personnel who asked him for his ID and copied his personal information. He finally left the facility after being followed by two Chinese policemen. The questioning of DOD members by foreign nationals attending overseas and INCONUS conferences is commonplace. The USAF member became more of a target by disclosing information concerning his affiliation with the US government. Additionally, by stating that his employment information was on his visa he enabled the officer to gain further information and perhaps provide avenues for future surveillance. Remember, when approached by suspicious individuals asking too many questions - SILENCE IS GOLDEN!

9. QUOTE OF THE DAY: "It is impossible to begin to learn that which one thinks one already knows." Epictetus

[REDACTED]
Executive Office

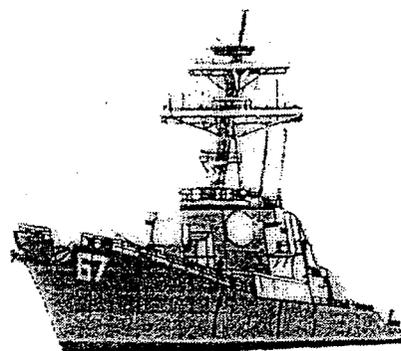


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
THURSDAY,
14 SEPTEMBER 2000
Julian: 258

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year
QMI(SW) [REDACTED]

Executive Officer
LCDR [REDACTED]

Care Line: (757) 444-4921
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
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LIFELINE: www.lifelines4gol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

Ombudsmans
[REDACTED]
And
[REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

CO PRIORITIES

SUNRISE: 0642
SUNSET: 1918

Thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]
FC2(SW) [REDACTED]
OSSN [REDACTED]

CDO: L [REDACTED]
S/L #1: STGCM(SW) [REDACTED]

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR FRIDAY

- 0800 OPS/INTEL/NAV Brief
- 0900 Station Sea & Anchor Detail
- 0945 Man the Rails
- 1230 PB4T
- 1300-1600 Adriatic Training
- 1900 OOD Board (DCA)

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES
SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS
COVERALLS

IMPORT KOPER

- 0600 Liberty Expires For All Hands
- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0600-UC TLAM Training
- 0645 Muster Due to CTF 60
- 0730 Duty Section Turnover
- 0700-1900 Alps Rafting
- 0700-1900 Venice Trip
- 0700-1100 E-5 Exam (Mess Decks)
- 0830 Muster DCPO (Filter CLNG)
- 0830 Liberty Assessment Board (CPO Mess)
- 0900 LTJG [REDACTED] Departs COLE (All Officers Quarterdeck)
- 0915 OPS/Intel Brief (Wardroom)
- 1000 CO Spotcheck w/CA02
- 1000 Slovene Military Conscript Tour (40)
- 1000 Slovene Military Officer Tour (20)
- 1115-1230 Lunch for the Crew
- 1530 Sweepers
- 1600 CPO Selectee Initiation (CPO Mess)

1745-1800
1800
1830

Dinner for the C
Eight O' Clock Reports
Section IET/Security Force Training

DAMAGE CONTROL NOTE: How many gallons of liquid will the submersible pump deliver? Ans: 200 GPM at a 50 ft discharge head; 1 at a 70 ft discharge head.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

LUNCH
CHILI
CHESSE TOAST

DINNER
BEEF STEW
CORNISH HENS

3. **COLE MOVIE SCHEDULE:**

	CHANNEL 2	CHANNEL 3
LUNCH	BLACK DOG	HE GOT GAME
1630	DEEP IMPACT	DIRTY WORK
1800	WOO	TWILIGHT
2000	FOR RICHER OR POORER	GREASE

4. **SAFETY NOTE:** A BM3 broke his finger while moving a paint float from the ship's stern to the pier. A gust of wind blew the paint float back toward the stern. The BM3 tried to push it off and caught his finger between the float and the ship. He was in the hospital for two days and then spent 15 days on convalescent leave.

5. **POSTAL NOTE:** As of 0900, 9 September 2000, free mail privileges were granted by MEDMAIL in accordance with the United States Postal Service. The following items can be sent back to the U. S. within the following guidelines:

1. Anything up to, but not more than 12 ounces can be mailed.
2. Any handwritten, typed, or photographic material (audio and video tapes) can be mailed.
3. Write the word "FREE" in the upper right hand corner of the envelope, post card, or small container.
4. Ship's official mail is not authorized for free mail!

For questions regarding the Free Mail Privileges contact PC2(SW) [REDACTED] at Ext. 1600.

CHECK CASHING RESPONSIBILITY NOTE: All hands are reminded to balance their checkbook carefully, especially in cashing checks for the port visits. A bounced check not only is embarrassing and costly, but it is a violation of the UCMJ as well.

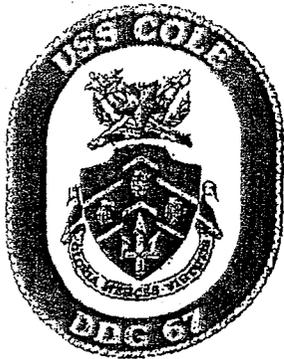
ABSENTEE BALLOT VOTING FOR NOVEMBER PRESIDENTIAL ELECTIONS NOTE: If anyone is interested in exercising their right to vote in the upcoming National elections please contact the Communications Officer or FCI(SW) [REDACTED]. We will provide you a form to fill out that takes about 5 minutes. These absentee/registration forms need to be mailed off the ship before departing Koper, Slovenia as many states require an absentee request before 09 OCT.

8. **OPSEC NOTE:** A USAF member was approached while attending the World Computer Congress 2000 at the China International Exhibition Center in Beijing. The USAF member was approached by a European booth attendant who asked him to sign up for a contest and helped him fill out the entry form, written in Chinese. During the course of filling out the application, she asked questions concerning his occupation. He admitted to being an Electronics Engineer with the USAF Aeronautical System Center and proceeded to volunteer other information concerning the nature of his work. He soon realized that he was being followed around the Exhibition Center and was eventually approached by Chinese security personnel who asked him for his ID and copied his personal information. He finally left the facility after being followed by two Chinese policemen. The questioning of DOD members by foreign nationals attending overseas and INCONUS conferences is commonplace. The USAF member became more of a target by disclosing information concerning his affiliation with the US government. Additionally, by stating that his employment information was on his visa he enabled the officer to gain further information and perhaps provide avenues for future surveillance. Remember, when approached by suspicious individuals asking too many questions - SILENCE IS GOLDEN!

9. **QUOTE OF THE DAY:** Do not follow the path. Go where there is no path to begin the trail. Ashanti proverb

[REDACTED]
Executive Officer

Encl (60)
Page 62 of 110

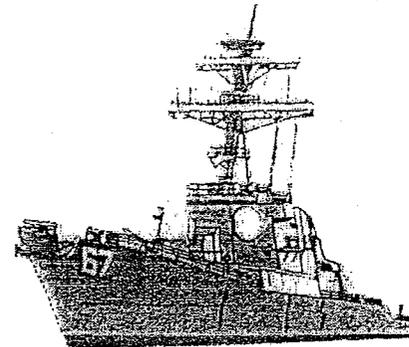


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
FRIDAY,
15 SEPTEMBER 2000
Julian: 259

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
E-mail: last name first initial@cole.navy.mil
LIFELINE: www.lifelines4qol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

Ombudsmans

Command Master Chief
HMCM(SW/AW/FMF)

Senior Sailor of the Year
QM1(SW)

Junior Sailor of the Year
GSM2(SW)

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR SATURDAY

Berthing of the Week: Berthing 3
Determined Warriors' of the Quarter:
OS1(SW)
C2(SW)
SSN

SUNRISE: 0642
SUNSET: 1918

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW :	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0100	Liberty Expires For All Hands
0600	Reveille
0600-0700	Breakfast for the Crew
0800	OPS/INTEL/NAV Brief
0900	Station Sea & Anchor Detail
0945	Man The Rails
1000	Underway
1100	Set WEP CON Standby
1100	Muster At Sea Fire Party
1115-1230	Lunch for the Crew
1230	DCTT/ETT Brief
1230	Planning Board For Training (Wardroom)
1300-1600	CIC/Bridge/Adriatic OPS Training
1330	OCSOT
1500	At Sea Fire Party Drill
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
TBD	SSWS Pinning Ceremony
1600-1700	CPO Pinning Ceremony (Flight Deck)
1600-1700	Remedial PT
1645-1800	Dinner for the Crew

Encl (60)
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Eight O'Clock Reports
1800 ETT Brief
1900 OOD Board (OCA)
1900-2100 Engineering Evolutions
2000-2200 PACE Class: English 1301
2315-0015 Midrats for the Crew

1. DAMAGE CONTROL NOTE: What size discharge hose is used with the submersible pump? Ans: A two and one half inch.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
FRIED SHRIMP	FRIED CHICKEN
CHICKEN CORDON BLEU	BBQ SPARERIBS

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
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LUNCH BRINGING OUT THE DEAD	LIVING OUT LOUD
1630 MISSION TO MARS	VARSAITY BLUES
1800 THE X-FILES	GLORIA
2000 MAFIA	IN DREAMS

4. POSTAL NOTE: As of 0900, 9 September 2000, free mail privileges were granted by MEDMAIL in accordance with the United States Postal Service. The following items can be sent back to the U. S. within the following guidelines:

1. Anything up to, but not more than 12 ounces can be mailed.
2. Any handwritten, typed, or photographic material (audio and video tapes) can be mailed.
3. Write the word "FREE" in the upper right hand corner of the envelope, post card, or small container.
4. Ship's official mail is not authorized for free mail!

For questions regarding the Free Mail Privileges contact PC2(SW) [REDACTED] Ext. 1600.

5. OPSEC NOTE: A USAF member was approached while attending the World Computer Congress 2000 at the China International Exhibition Center in Beijing. The USAF member was approached by a European booth attendant who asked him to sign up for a contest and helped him fill out the entry form, written in Chinese. During the course of filling out the application, she asked questions concerning his occupation. He admitted to being an Electronics Engineer with the USAF Aeronautical System Center and proceeded to volunteer other information concerning the nature of his work. He soon realized that he was being followed around the Exhibition Center and was eventually approached by Chinese security personnel who asked him for his ID and copied his personal information. He finally left the facility after being followed by two Chinese policeman. The questioning of DOD members by foreign nationals attending overseas and INCONUS conferences is commonplace. The USAF member became more of a target by disclosing information concerning his affiliation with the US government. Additionally, by stating that his employment information was on his visa he enabled the officer to gain further information and perhaps provide avenues for future surveillance. Remember, when approached by suspicious individuals asking too many questions - SILENCE IS GOLDEN!

6. QUOTE OF THE DAY: "Don't let anyone still your spirit."

[REDACTED]
[REDACTED]
Executive Officer

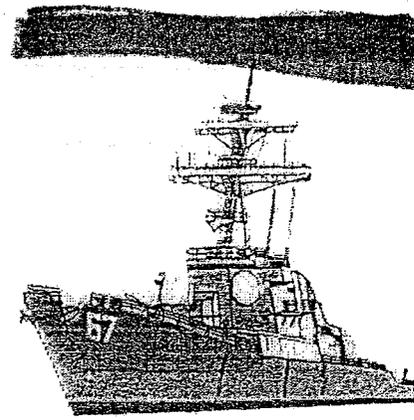


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
SATURDAY,
16 SEPTEMBER 2000
Julian: 260

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Ombudsmans

Command Master Chief

HMCM(SW/AW/FM)

Senior Sailor of the Year

QMI(SW)

Junior Sailor of the Year

GSM

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

MAJOR EVENTS FOR SUNDAY

1000 Protestant Divine Services

1230 Catholic Lay Services

1230-1630 Field Day/Fresh Water Washdown

Berthing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW)

C2(SW)

SSN

SUNRISE: 0645

SUNSET: 1915

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0530-0630	Remedial PT
0600	Reveille
0600-0700	Breakfast for the Crew
0700	Activate REDCROWN
0700-1000	PACE Class: A/S English
0710	Officers Call/Quarters
0715	Personnel Inspection: CA
0800	OPS/NAV/Intel Brief (Mess Decks)
0900	New CPOs w/CO (CO's Cabin)
0945	Division in the Spotlight: CA
TBD	Deploy TACTAS
1000	XO's Inspection of Messing & Berthing
1000	DRB (CPO Mess)
1000-1130	Zone Inspection Part I: CA
1000-1115	PACE Class: English 1301
1115-1230	Lunch for the Crew
1200-1300	ESWS Training: Close in Weapons System (Training Room)
1300	New Check-ins w/CO (CO's Cabin)
1300	XO1 (XO's Stateroom)
1400	XO Spotcheck w/3502
1400-1600	NSTFS Training (CIC)
1400-1630	SCAT/Small Arms Training (Flight Deck)

Encl (60)

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1500-1700	Zone Inspection Part II: CA
1500	At Sea Fire Party Drill
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1800	Junior Officers Dinner w/CO (CO's Cabin)
1800	ETT Brief (Logroom)
1800-1930	PACE Class: English 1301
1830	Eight O'Clock Reports
1830-2030	BECCEs/Engineering Evolutions
2200-0400	SPY Maintenance
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: When must the submersible pump be primed? Ans: When a suction hose with a foot valve is attached to the pump.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
TUNA SALAD & DELI BAR	LASAGNA
	GRILLED ITALIAN SAUSAGES

3. COLE MOVIE SCHEDULE:

CHANNEL 2

LUNCH INSPECTOR GADGET
 1630 AMERICAN PIE
 1800 MYSTERY MEN
 2000 STORY OF US
 2200 CLUELESS

CHANNEL 3

JAWS
 BEING JOHN MALKOVICH
 THE COLOR OF MONEY
 BOOGIE NIGHTS
 MIGHTY JOE YOUNG

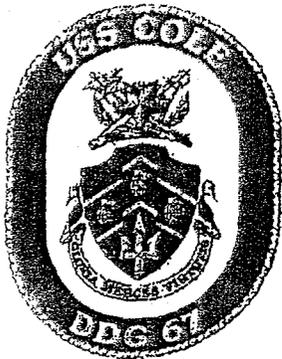
4. SAFETY NOTE: A BM2 crushed two fingertips while hauling in the motor whale boat at the rail to prevent it from hitting a crane on the pier. While cranking the boat back aboard, the handle came loose from the stud holding it in place. This pinned the BM2's hand between the impact guard and the hand crank.

CHAPLAIN'S CORNER: John Newton signed on with a slave ship leaving from Africa with its "cargo." He was an experienced sailor and navigator, but his cursing and blaspheming turned hardened sailors' ears red. Soon the ship was caught in a horrible storm and was taking in water. The crew had to pump 24 hours a day to stay afloat. But the constant wind rocked the boat so dangerously that the sailors had to tie themselves to the deck to keep from being swept overboard. At one point, several of the crew tried to throw Newton overboard. They figured that God was punishing him like Jonah of the Old Testament. The captain declared that the only way the ship would make it in to safe harbor was by God's power. He commanded everyone—including Newton—to pray. "God, if You're true," Newton prayed earnestly, "make good your Word. Cleanse my vile heart." After four weeks of storms and constant brushes with death, the ship limped into an Irish port. John Newton, former "free thinker," former slave trader and atheist, declared his faith in Jesus. He became a well-known preacher and writer. In fact, we chiefly know him as the author of the hymn "Amazing Grace."

6. QUOTE OF THE DAY: "Whatever is begun in anger ends in shame." Benjamin Franklin (1706-1790)


 Executive Officer

If you would like to meet with the Chaplain, he can be found in the CO's At-Sea Cabin next to the bridge or dial 1005.

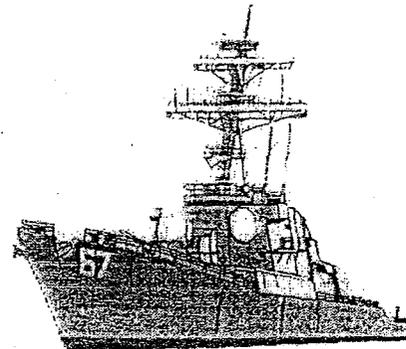


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
SUNDAY,
17 SEPTEMBER 2000
Julian: 261

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4gol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

<p>Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] C2(SW) [REDACTED] SSN [REDACTED]</p> <p>SUNRISE: 0645 SUNSET: 1915</p>	<p>CO PRIORITIES</p> <p>- Combat Readiness</p> <p>KEY PILLARS</p> <p>-Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride</p>	<p>MAJOR EVENTS FOR MONDAY 1300-1400 COMSIXTHFLT Visit</p>
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All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	DRESS UNIFORM	QUARTERDECK WATCH	WORKING UNIFORM
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0530-0630	Remedial PT
0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officers Call/Quarters
0730	OPS/Intel Brief (Wardroom)
0800-0930	PACE Class: ENGLISH 1301
0800-1630	<i>Field Day/Fresh Water Washdown</i>
0830	New Check-ins w/CO (CO's Cabin)
0900	XO Spotcheck w/SS02
0900-1100	Zone Inspection Part II: CA
0930	Catholic Lay Services (Training Room)
1015	Protestant Divine Services (Training Room)
1115-1230	Lunch for the Crew
1300-1500	NSFS Training (CIC)
1430-1630	BECCES/Engineering Evolutions
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
1500	Repair Locker Officer Meeting (DOLG)
1545-1800	Dinner for the Crew
1800-2100	PACE Class: English A/S
1830	Eight O'Clock Reports

Encl (60)
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- DAMAGE CONTROL NOTE: Can the S-type eductor be used with the P-250 Mod 1 or 2? Ans: Yes.
- COLE'S MENU: The following are COLE's Main Menu items:

LUNCH
CHICKEN SALAD SANDWICH
HAM SALAD SANDWICH

DINNER
ROAST TURKEY
JAEGERSCHNITZEL

3. COLE MOVIE SCHEDULE:

CHANNEL 2

CHANNEL 3

LUNCH ROCKY
1630 ROCKY 2
1800 INDIANA JONES
2000 INDIANA JONE 2
2200 RAIDERS OF THE LAST ARK

GREEN MILE
GREEN MILE
FOR THE LOVE OF THE GAME
PLATOON
INNOCENT SLEEP

4. SAFETY NOTE: A PO3 assigned to an HSL Detachment fractured his pelvis while watching swells on the ship's fantail with a shipmate. A giant swell crashed over the side of the ship and knocked both sailors to the deck. The PO3 went sliding. A stanchion between the legs kept him from going over the slide. After two days SIQ, the detachment disembarked. Later, the PO3 visited a flight surgeon who diagnosed a fractured pelvis. The PO3 spent six more days SIQ and 56 days limited duty. The inexperience of the PO3 (5 weeks at sea) led him to use poor judgement regarding the weather and possible associated dangers while aboard a ship.

5. CHAPLAIN'S CORNER: A ship's mate once challenged a chaplain with the question, "How is it that you are always talking to my men about Jesus Christ? Did you ever see Him?" "No, I never did." "Then how can you tell a man to trust in someone you have never seen? I can't see any sense in that." "Well," replied the chaplain, "when you head for a place of refuge in a storm, what sense is there in telling your men to let go the anchor when they cannot see the ground? On what principle do you trust your ship and your life to ground you have never seen and never can see?" "Oh," said the mate, "we go by our chart." "Exactly," replied the chaplain, holding up his Bible, "and I, too, go by a chart, and it is an infallible one, while yours is not. It tells me of the only sure ground of my salvation—the atoning work of Christ upon the cross. My faith, like your anchor, takes hold of this unseen but real ground, and so rides out the storm of life in peace and safety."

CMC NOTE: I have received two shoe boxes to raffle, one for a male sailor and one for a female sailor. The raffle tickets are \$1.00 each. There are a lot of goodies, personal hygiene, and other surprises in each box. You can come by and get a raffle ticket as well as see the nicely wrapped shoe boxes. The money will go to the Family Support Group for the homecoming fund. Our Family Support Group plans to show an excellent homecoming welcome.

On another note, the USO is having a Christmas show for the deployed sailors families. They will be taping early enough so that they can send it to us, hopefully to get to us in time for the holidays. Also, the Family Support Group is taping a 14 November Christmas tape at a potluck Thanksgiving dinner to send to the ship for our sailors from our families back home.

7. COMSIXTHFLT VISIT TO COLE NOTE: VADM Murphy, who is Commander Sixth Fleet, will be visiting COLE Monday, 18 September, 1300-1400. He led the Navy's side of the war against the former Yugoslavia and was very successful. In preparation for his visit, all hand must do their part in ensuring their spaces are clean. You will also have an opportunity to ask him operational type questions. Examples of some questions might be what impact does the US Navy is having in this region or why we station ships here. You could also ask him what is going on in the former Yugoslavia or why the US should care. This is his area of expertise so we should take advantage of it. He probably is not that familiar with issues involving careers or BUPERS policies.

8. QUOTE OF THE DAY: "I hope that someday we will be able to put away our fears and prejudices and just laugh at people."

[Redacted Signature]
Executive Officer

Good shooting today to

M53

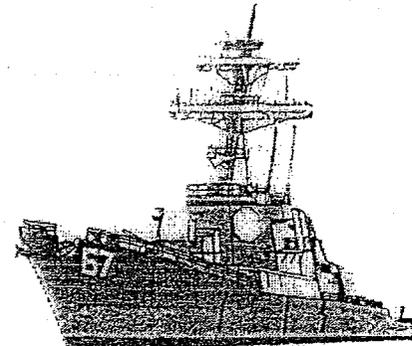


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
MONDAY,
13 SEPTEMBER 2000
Julian: 262

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

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Ombudsmans

[REDACTED]

[REDACTED]

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

<p>Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: OSI(SW) [REDACTED] C2(SW) [REDACTED] SSN [REDACTED]</p> <p>SUNRISE: 0645 SUNSET: 1915</p>	<p>CO PRIORITIES</p> <p>- Combat Readiness</p> <p>KEY PILLARS</p> <ul style="list-style-type: none"> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride 	<p>MAJOR EVENTS FOR TUESDAY 0800-1600 Seafaring Standdown</p>
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All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 221 1

UNIFORM OF THE DAY:	DRESS UNIFORM	QUARTERDECK WATCH	WORKING UNIFORM
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0700-1000	PACE Class: English A/S
0710	Officers Call/Quarters
0715	ENFN [REDACTED] Promotion (Flight Deck)
0730	OPS/MIO/RAS/Intel Brief (Wardroom)
0800-1030	I-Division (Mess Decks)
0900	Muster DCPO (Filter Cleaning Shop)
1000	SERT Meeting (CSMC)
1000-1115	PACE Class: English 1301
1100-1215	Lunch for the Crew
1130-1230	ESWS Training: Naval Heritage (Training Room)
1215	Set Flight Quarters
1250	Assemble All Officers in the Wardroom
1305	COMSIXTHFLT Arrives
1307-1330	COMSIXTHFLT w/Officers (Wardroom)
1320	Assemble All Hands on the Mess Decks/Berthing Compartments
1330-1335	TDS Demonstration w/COMSIXTHFLT
1335-1358	COMSIXTHFLT Addresses Crew (Mess Decks & Etc. TV)
1400	COMSIXTHFLT Departs
1415	Station Unrep Detail
1500	Unrep w/DSNS JOHN LENTHALL
1500-1700	PACE Class: English 1317

Encl (50)

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1530-1545 Sweepers
 1645-1800 Dinner for the Crew
 1800-1930 PACE Class: English 1001
 1830 Eight O'Clock Reports
 1930 Bible Study w/Chaplain (Training Room)
 2315-0015 Midrats for the Crew

1. DAMAGE CONTROL NOTE: What type of blowers are used to desmoke a compartment containing explosive gases? Ans: 1) Pneumatic or air driven 2) Ramfan 3) Super vacuum.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
BEEF SUKIYAKI	SPICY BAKED FISH
CHICKEN ADOBO	GRILLED PORK CHOPS

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
LUNCH HOUSE ARREST	STAKE OUT
1630 FAIR GAME	THE SIXTH MAN
1800 DOUBLE TEAM	GROSSE POINT BLANK
2000 JINGLE ALL THE WAY	THE SAINT

4. CHAPLAIN'S CORNER:

Though bound in one cover, contains sixty-six books.

Takes in a period of over 1,600 years.

Written at different times by more than forty men.

Its writers were men of different ranks—law-givers, kings, princes, physicians, peasants, and fishermen.

It is read in every pulpit in the land.

It finds a place in the palace of the King, and the cottage of the peasant.

It has a message for everyone—the aged man, the little child, the weary, the glad, and the sad.

The New Testament tells us Christ did come, as the Old Testament said He would come.

5. SAFETY NOTE: The death of a 21 year old LCPL who drowned is the third marine to die while swimming in just 11 days! All three marines lost their lives when caught in strong currents in Japanese waters. The most recent drowning occurred when the LCPL entered the bay from a beach during typhoon condition. This condition is set when imminent storm danger threatens the safety of personnel and property. In these conditions no one is supposed to be outside. The LCPL was swept to sea. Water sports such as swimming and diving are killers and pose a very real and imminent danger. Twenty-one marines and sailors died while swimming since FY 97. Six of the 11 marine fatalities occurred in Japan. The words "carried away by currents "or" swept out to sea" are used frequently to describe drownings. In some instances the dangers are obvious - strong wind, pounding waves and steep beach inclines, and sure indicators of peril. In other situations the water surface can appear deceptively calm yet have dangerous underlying currents. Currents are created when water rushes through restrictive channels and depressions as in rivers and between sandbars or troughs at the beach. The term rip current or rip tide is used to describe the violence and speed of this fast-moving water. survivors tell stories of terrifying fights for survival. Trying to swim against a strong rip current is exhausting and next to impossible, even for the strongest swimmer. If you find yourself caught in a rip current you must not panic. Survival requires that you stay in control and conserve your energy. Don't try to swim against the current back to shore. Focus on swimming across the current. Eventually you will swim out of it and be able to swim safely to shore. The best line of defense is to swim in areas where lifeguards are present. Remember risk management? Every leader should use it to take a proactive approach to water survival. Risk management helps identify hazards and ranks them in order of severity. Focus on the most dangerous and brief your personnel. Include the following: Identify hazards of local waters during all inbriefs of newly assigned personnel including those on TAD. Local hazards include rip currents, rough surf and severe weather. Swim only in designated areas. Don't drink and swim. Post warning flags indicating dangerous beach conditions or other hazards. Practice the buddy system; never swim alone. The period from 15 May to 30 November is particularly dangerous. This is hurricane/typhoon season. Sustained winds 74 mph or higher and dangerously high water and waves can be expected. Dangerous water conditions commonly continue even after winds have abated. caution is required. During or immediately following hurricane/typhoon conditions rogue waves along the beach may appear out of nowhere and carry you out to sea. Think prevention. Think risk management. Stay out of the water during inclement weather and during its approach and departure.

6. QUOTE OF THE DAY: "Facts do not cease to exist because they are ignored."

Aldous Huxley

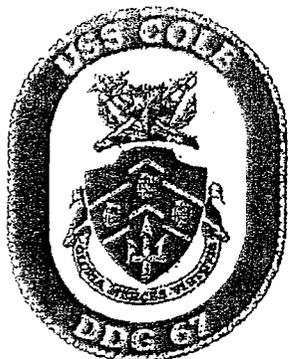
Executive Officer

Encl (60)
 Page 70 of 110

SHORT RANGE GOALS

LONG RANGE GOALS

Fully prepared for ADRIATICEK/Amphibious Exercise	Complete All Battle "E" Requirement
Successful FMAV w/EMORY S. LAND	Successful Engineering Material Condition Assessment (MCA)
Safe Suez Canal Transit	Safe Transit Home
Professional Inshop into COMFIFTHFLT	Enjoyable Post Deployment Upkeep
Continue Successful Deployment	Safe Ammo Offload
	Productive CNO Availability

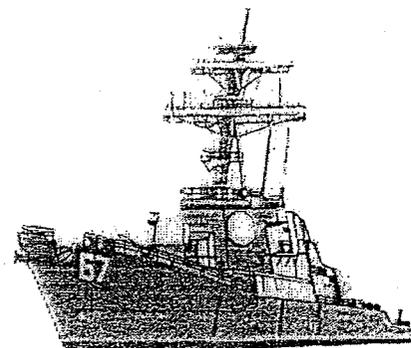


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
TUESDAY,
19 SEPTEMBER 2000
Julian: 263

USS COLE (DDG 61)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
LCDR [REDACTED]

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Care Line: (757) 444-4921

Web site:

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E-mail: last name first initial@cole.navy.mil

Ombudsmans
[REDACTED]

Senior Sailor of the Year
QMI(SW) [REDACTED]

LIFELINE: www.lifelines4gol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

Junior Sailor of the Year
GSM2(SW) [REDACTED]

<p>Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] C2(SW) [REDACTED] SSN [REDACTED]</p> <p>SUNRISE: 0645 SUNSET: 1915</p>	<p><u>CO PRIORITIES</u></p> <p>- Combat Readiness</p> <p><u>KEY PILLARS</u></p> <p>-Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride</p>	<p><u>MAJOR EVENTS FOR WEDNESDAY</u></p> <p>RAS w/USNS JOHN LENTHALL I- Division Small Arms Qualls</p>
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All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

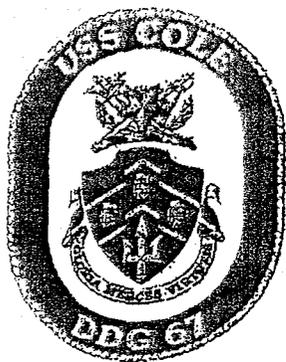
UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY
*****SEAMANSHIP SAFETY STANDDOWN (SEE ATTACHMENT)*****

0600	Reveille
0600-0700	Breakfast for the Crew
0600-1000	ASWEX
0700-1000	PACE Class: English A/S
0710	Officers Call/Quarters
0720	ESWS Pinning Ceremony (Mess Decks)
0730	OPS/Intel Brief (Wardroom)
1000-1115	PACE Class: English 1301
1100-1215	Lunch for the Crew
1130-1230	ESWS Training: USN Organization (Training Room)
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1800-1930	PACE Class: English 1301
1830	Eight O'Clock Reports
1830	At Sea Fire Drill
1930	CO'S Mast (Training Room)
2315-0015	Retreat for the Crew

Encl (60)
Page 71 of 110

1. DAMAGE CONTROL: How many cubic feet of air can be removed (per minute) by a [REDACTED] per minute with 45 foot of 3 inch hose attached.

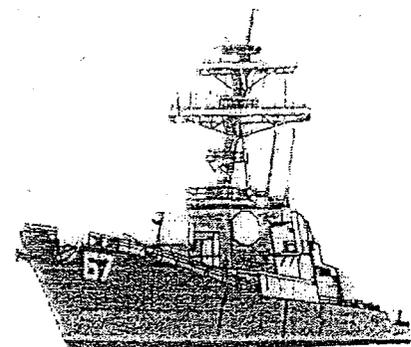


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
WEDNESDAY,
20 SEPTEMBER 2000
Julian: 264

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans
[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

SHORT RANG GOALS

Fully prepared for ADRIATICEX/Amphibious Exercise

Successful FMAV w/EMORY S. LAND

Safe Suez Canal Transit

Professional Inchop into COMFIFTHFLT

Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements

Successful Engineering Material Condition

Assessment (MCA)

Safe Transit Home

Enjoyable Post Deployment Upkeep

Safe Ammo Offload

Productive CNO Availability

Berthing of the Week: Berthing 3
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

C2(SW) [REDACTED]

SSN [REDACTED]

MAJOR EVENTS FOR THURSDAY

E-6 Exam

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0001	Commence Retrieving Tail
0600	Reveille
TBD	Strike Training: Comms Checks
0600-0700	Breakfast for the Crew
0700-1000	PACE Class: English A/S
0710	Officers Call/Quarters
0730	OPS/RAS/VBSS/Intel Brief (Wardroom)
0800-1030	I-Division (Mess Decks)
0915	Station the Unrep Detail
1000	RAS w/USNS JOHN LENTHALL
1000	KO's Inspection of Messing & Berthing
1000-1115	PACE Class: English 1301
1100-1215	Lunch for the Crew
1200	PMS Reports Due to BMC
1300	VBSS w/USNS JOHN LENTHALL
1300	CICWO Board: Communications Officer (Wardroom)
1300-1330	I-Division (Mess Decks)
1600-1700	PACE Class: English 1312
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1800-1930	PACE Class: English 1301

Encl (60)

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1830	At Sea Five Party Drill
1830	Eight O'Clock Reports
2000	Shoe Box Raffle
2100-2300	EW Jeopardy (COLE/BRISCOE/SIMPSON)
2315-0015	Midrats for the Crew

DAMAGE CONTROL NOTE: How are blowers used to aid the attack team in fire fighting? Ans: They may be used to ventilate smoke, toxic gases, steam, and heat away from the attack teams outside of the fire space.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
SPAGHETTI w/MEATBALLS	RAVIOLI
PIZZA	SWEET & SOUR PORK

3. **COLE MOVIE SCHEDULE:**

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
LUNCH JURASSIC PARK	CITY OF ANGELS
1630 THE INSIDER	WILD THINGS
1800 SOUL FOOD	ANY GIVEN SUNDAY
2000 NAKED GUN 2 1/2	SIX DAYS SEVEN NIGHTS

4. **CHAPLAIN'S CORNER:**

Socrates taught for 40 years, Plato for 50, Aristotle for 40 and Jesus for only 3 1/2 years. Yet the influence of Christ's ministry infinitely transcends the impact left by the combined years of teaching from these greatest of philosophers. Jesus painted no pictures, yet some of the finest artists such as Raphael, Michelangelo, and Leonardo da Vinci received their inspiration from Him. Jesus wrote no poetry, but Dante, Milton and scores of the world's greatest poets were inspired by Him. Jesus composed no music; still Haydn, Handel, Beethoven, Bach and Mendelssohn reached their highest perfection of melody in the music they composed in His praise. Every sphere of human greatness has been enriched by this humble Carpenter of Nazareth.

5. **POSTAL NOTE:** As of 0900, 9 September 2000, free mail privileges were granted by MEDMAIL in accordance with the United States Postal Service. The following items can be sent back to the U. S. within the following guidelines:

1. Anything up to, but not more than 12 ounces can be mailed.
2. Any handwritten, typed, or photographic material (audio and video tapes) can be mailed.
3. Write the word "FREE" in the upper right hand corner of the envelope, post card, or small container.
4. Ship's official mail is not authorized for free mail!

or questions regarding the Free Mail Privileges contact PC2(SW) at Ext. 1600.

6. **MESS DECK ATTIRE NOTE:** Personal cleanliness and attire on the mess decks during meal hours is important for all crewmembers. This is important not only for sanitation purposes, but for having a good meal experience. That is, no one wants to eat next to someone who is wearing a dirty set of coveralls or dungarees. Although it may seem inefficient to change, it is appreciated by all hands. All coveralls and dungarees are required to have the proper name tags and insignia. Organizational clothing will not be allowed on the mess decks. Wearing of properly marked clean dungarees, coveralls or the uniform of the day is authorized.

7. **OPSEC NOTE:** Telephone Security: Unencrypted telephone (including INMARSAT) conversations are the greatest OPSEC weaknesses in the Mediterranean. Uncovered telephones are vulnerable to monitoring at switching and transmission points, with key transmission paths often via radio links (microwave). Any classified information transmitted over these links must be assumed to be compromised. Ensure no sensitive information is passed via e-mail or unencrypted telephones.

8. **CBR FAN ROOM NOTE:** Fan rooms and Decon Stations are not storage areas. Any gear found in these areas will be unmercilessly thrown overboard. Stowing gear in these areas is a safety and combat hazard and will not be tolerated.

9. **CMC NOTE:** I have received two shoe boxes to raffle, one for a male sailor and one for a female sailor. The raffle tickets are \$1.00 each. There are a lot of goodies, personal hygiene, and other surprises in each box. You can come by and get a raffle ticket as well as see the nicely wrapped shoe boxes. The money will go to the Family Support Group for the homecoming fund. Our Family Support Group plans to show an excellent homecoming welcome.

On another note, the USO is having a Christmas show for the deployed sailors families. They will be taping early enough so that they can send it to us, hopefully to get to us in time for the holidays. Also, the Family Support Group is taping a 14 November Christmas tape at a potluck Thanksgiving dinner to send to the ship for our sailors from our families back home.

10. **QUOTE OF THE DAY:** "I can't understand why people are afraid of new ideas. I'm afraid of the old ones." John Cage


Executive Officer

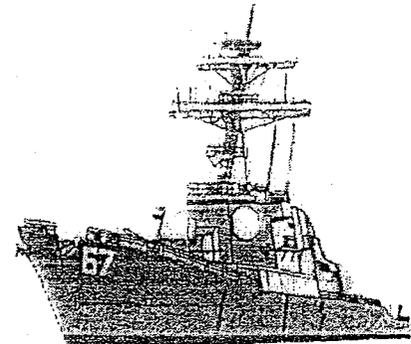


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
THURSDAY,
21 SEPTEMBER 2000
Julian: 265

USS COLE (DDG 67)
FPO AE 09566-1283

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

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LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

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Command Master Chief

HCMC(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANG GOALS

- Fully prepared for ADRIATICEX/Amphibio
 - Exercise
 - Successful FMAV w/EMORY S. LAND
 - Safe Suez Canal Transit
 - Professional Incho into COMFIFTHFLT
 - Continue Successful Deployment
- LONG RANGE GOALS
- Complete All Battle "E" Requirements
 - Successful Engineering Material Condition Assessment (MCA)
 - Safe Transit Home
 - Enjoyable Post Deployment Upkeep
 - Safe Ammo Offload
 - Productive CNO Availability

Berthing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]
C2(SW) [REDACTED]
SSN [REDACTED]

MAJOR EVENTS FOR FRIDAY

- 5 Inch PACFIRE
- Planning Board for Training
- Small Arms Qualifications

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

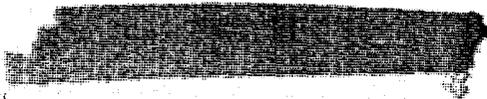
UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

- 0545 Reveille
- 0545-0645 Breakfast for the Crew
- 0615 Relieve the Watch
- 0700-1100 E-6 Exam (Mess Decks)
- 0710 Officers Call/Quarters
- 0730 OPS/Intel Brief (Wardroom)
- 0800 Officer Training: MSF-DCA (Wardroom)
- 0800-1100 AFFF PMS
- 0900 XO (XO's Stateroom)
- 1000 XO's Inspection of Messing & Berthing
- 1100-1215 Lunch for the Crew
- 1300 Menu Review Board (Training Room)
- 1300-1500 Repair Locker Training (Repair 5)
- 1300-1600 I-Division (Mess Decks)
- 1300-1700 Small Arms Qualifications (Flight Deck)
- 1300-1700 PACE Class: English 1312
- 1530-1545 Sweepers
- 1645-1800 Dinner for the Crew
- 1830 Eight O'Clock Reports
- 1830 At Sea Fire Party Drill
- 1930 Bible Study w/Chaplain (Training Room)

Encl (60).

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1. **DAMAGE CONTROL NOTE:** How are portable blowers rigged when desmoking a space? Ans: They are set on a weather deck rigged to take air out of the affected space.

COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
CHICKEN NUGGET	CARIBBEAN CHICKEN BREAST
COUNTRY STEAK	MUSTARD DILL FISH

3. **COLE MOVIE SCHEDULE:**

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
LUNCH BLACK DOG	HE GOT GAME
1630 DEEP IMPACT	DIRTY WORK
1800 WOO	TWILIGHT
2000 FOR RICHER OR POORER	GREASE

4. **CHAPLAIN'S CORNER:** On a wall in the Vatican, an artist sought to express the relationship between three spiritual gifts. He represented Love as standing up attending to the needs of those around her, and Hope as looking upward with prophetic expectation. Both of them, however, are standing on another form named Faith who has her arms around the cross to which she clings for support.

5. **POSTAL NOTE:** As of 0900, 9 September 2000, free mail privileges were granted by MEDMAIL in accordance with the United States Postal Service. The following items can be sent back to the U. S. within the following guidelines:

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3. Write the word "FREE" in the upper right hand corner of the envelope, post card, or small container.
4. Ship's official mail is not authorized for free mail!

For questions regarding the Free Mail Privileges contact PC2(SW) [redacted] at Ext. 1600.

6. **MESS DECK ATTIRE NOTE:** Personal cleanliness and attire on the mess decks during meal hours is important for all crewmembers. This is important not only for sanitation purposes, but for having a good meal experience. That is, no one wants to eat next to someone who is wearing a dirty set of coveralls or dungarees. Although it may seem inefficient to change, it is appreciated by all hands. All coveralls and dungarees are required to have the proper name tags and insignia. Organizational clothing will not be allowed on the mess decks. Wearing properly marked clean dungarees, coveralls or the uniform of the day is authorized.

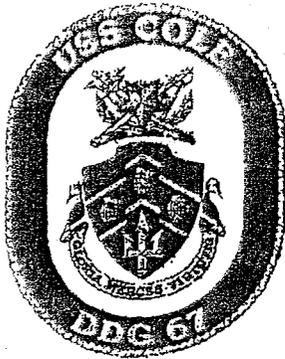
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8. **SMALL ARMS NOTE:** Small Arms Training will be conducted on the flight deck for the personnel designated below. You must attend the "classroom" training held immediately prior to firing. Failure to attend the class will prevent you from shooting. Bring personal hearing protection. Safety glasses will be provided. Personnel underline are on VBSS and MUST qualify. Personnel marked with an asterisk (*) after their names have expired quals and have head-of-the-line privileges.

BM2 [redacted] *	BM3 [redacted]	BMC [redacted] *	CWO2 [redacted]	CWO3 [redacted] *	DK3 [redacted]	EN [redacted]
ENS [redacted]	ENS [redacted]	ET2 [redacted] *	ET3 [redacted]	ET3 [redacted]	ET3 [redacted] *	FC3 [redacted]
FCSA [redacted]	GM2 [redacted]	GM3 [redacted]	GMSN [redacted]	HMC [redacted]	HMCM [redacted]	IC1 [redacted]
IC2 [redacted]	ICFA [redacted]	ICFA [redacted]	ISC [redacted]	IT1 [redacted]	IT2 [redacted]	IT1 [redacted]
IT2 [redacted] *	IT3 [redacted]	ITC [redacted]	ITSA [redacted]	ITSA [redacted]	ITSN [redacted]	ITSN [redacted]
LT [redacted]	LT [redacted] *	LT [redacted]	LT [redacted]	LTJG [redacted] *	MS1 [redacted]	MS2 [redacted]
MS3 [redacted]	MS3 [redacted]	MSC [redacted]	MSSA [redacted]	NC1 [redacted]	OS1 [redacted]	OS1 [redacted]
OS2 [redacted]	OS2 [redacted]	OS2 [redacted]	OS2 [redacted]	OS2 [redacted]	OS2 [redacted]	OS2 [redacted]
OS12 [redacted]	OS3 [redacted]	OS3 [redacted]	OS3 [redacted]	OSCS [redacted]	OSSN [redacted]	OSSN [redacted]
OSSN [redacted] *	OSSN [redacted]	PC2 [redacted]	PN3 [redacted]	PN3 [redacted] *	PNC [redacted]	OSSN [redacted]
PNSN [redacted]	QM2 [redacted]	QM2 [redacted]	QM3 [redacted]	QM3 [redacted] *	QMC [redacted]	QMSN [redacted]
SH2 [redacted]	SH3 [redacted]	SH3 [redacted]	SH3 [redacted]	SK2 [redacted]	SK2 [redacted] *	SK3 [redacted] *
SM2 [redacted] *	SM3 [redacted]	SMSR [redacted]	SMSR [redacted]	SN [redacted]	SN [redacted]	SN [redacted]
SN [redacted]	SN [redacted]	SN [redacted]	SN [redacted]	SN [redacted] *	SN [redacted]	STG2 [redacted]
SN [redacted]	SN [redacted]	STG3 [redacted]	SN [redacted]	STG [redacted]	STG3 [redacted] *	STG2 [redacted]
M1 [redacted]	YN1 [redacted] *	STG3 [redacted]		STG1 [redacted]		

9. **QUOTE OF THE DAY:** "Our envy always lasts longer than the happiness of those we envy." Francis De La Rochefoucauld



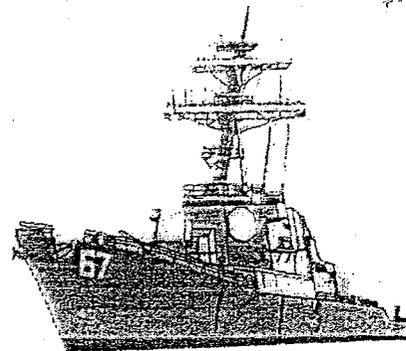


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
FRIDAY,
22 SEPTEMBER 2000
Julian: 266

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

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Command Master Chief

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Senior Sailor of the Year

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Ombudsmans

[REDACTED]

Junior Sailor of the Year

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CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

SHORT RANGE GOALS

Fully prepared for ADRIATICEX/Amphibio
Exercise

Successful FMAV w/EMORY S. LAND

Safe Suez Canal Transit

Professional Inchoption into COMFIFTHFLT

Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements

Successful Engineering Material Condition

Assessment (MCA)

Safe Transit Home

Enjoyable Post Deployment Upkeep

Safe Ammo Offload

Productive CNO Availability

Berthing of the Week: Berthing 3
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]
C2(SW) [REDACTED]
SSN [REDACTED]

MAJOR EVENTS FOR SATURDAY

0715 Personnel Inspection (MP)
0900 Division in the Spotlight (MP)
2000 Flight Deck Movie

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0600-UC	Strike Training
0710	Officers Call/Quarters
0730	OPS/Intel Brief (Wardroom)
0800-1030	I-Division (Mess Decks)
0830	CO's Mast (Training Room)
0930	Planning Board for Training (Wardroom)
1000	XO's Inspection of Messing & Berthing
1000-1115	PACE Class: English 1301
1030	Muster DCPOS (Filter Cleaning Shop)
1115-1230	Lunch for the Crew
1230	DCTT Brief (Wardroom)
1300-1345	Admin GQ
1400-1500	Repair Locker Training (Repair 3)
1400-1600	I-Division (Mess Decks)
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
1545-1800	Birthday Dinner for the Crew (September)
1800-1930	PACE Class: English 1301
1930	Eight O'Clock Reports

Encl. (60)
Page 76 of 110

1900 NASCAR Winston Cup 7 (Mess Decks)
 1900 Birthday Cake/Ice Cream (Mess Decks)
 2315-0015 Midrats for the Crew

DAMAGE CONTROL NOTE: What safety precautions must be followed prior to energizing the ramfan? Ans: Ground clamp must be attached to hull structure to prevent the build up of static electricity.

2. COLE'S MENU: The following are COLE's Main Menu items:
LUNCH **DINNER**
 GRILL SAUSAGE/SAUERKRAUT BEEF STEW
 PHILLY STEAK CREOLE SHRIMP

3. COLE MOVIE SCHEDULE:
CHANNEL 2 **CHANNEL 3**
LUNCH PHONIX **UNDERSEIGE**
 1630 THE SHINING BASIC INSTINCT
 1800 FERRIS BEULLERS DAY OFF END OF DAYS
 2000 GALAXY QUEST WAKING NED DIVINE

4. CHAPLAIN'S CORNER: Do you feel that you have lost your way in life? Then God Himself will show you your way. Are you utterly helpless, worn out, body and soul? Then God's eternal love is ready and willing to help you up, and revive you. Are you wearied with doubts and terrors? Then God's eternal light is ready to show you your way; God's eternal peace ready to give you peace. Do you feel yourself full of sins and faults? Then take heart; for God's unchangeable will is to take away those sins and purge you from those faults. --Charles Kingsley

5. HISPANIC HERITAGE MONTH NOTE: 15 September through 15 October is Hispanic Heritage month! Hispanics and the military have a long history. Admiral David G. Farragut, an Hispanic, while serving the Union Navy during the Civil War left us the famous words "Damn the torpedoes, full speed ahead."

6. ADRIATIC NOTE: As of course everyone knows we are siting approximately 25 miles off the coast of the Former Republic of Yugoslavia and specifically the semi-autonomous republic of Montenegro. First off a quick explanation of names and geography. After the fall of the Soviet Union and the death of TITO (the last real ruler of the country of Yugoslavia) Yugoslavia split into 5 separate countries. Those countries are Slovenia, Croatia, Bosnia-Herzegovina, the Federal Republic of Yugoslavia and the Former Yugoslavian Republic of Macedonia. The Federal Republic of Yugoslavia is the country of the United States' greatest concern. If names are confusing you here's a quick guide. The Former Republic of Yugoslavia (the FRY for short), The Republic of Yugoslavia, Serbia, Montenegro and Kosovo ARE ALL THE SAME COUNTRY. Kosovo and Montenegro are provinces of the FRY. United Nations, NATO and American peacekeepers are in Kosovo and the United States is trying to make sure that what happened in Kosovo last year (ethnic cleansing) doesn't happen in Montenegro. The FRY's leader, Slobodan Milosevic, is holding an election this Monday that will be highly contested, but most likely rigged in his favor. As a show of US resolve to maintaining peace in the Balkans Adriatic region and to prevent Milosevic and the Yugoslavian army from rolling into Montenegro, COLE and much of the current US 6th Fleet are operating here in the Adriatic. This was very brief note about why we're operating here in the Adriatic. If you have any questions please email me and I'll do the best I can to answer any questions.

7. MOVIE SCHEDULE NOTE: CE Division would like to invite all divisions to have equal opportunity in choosing the movies that are played on Site TV. Each week, in 3 day blocks, each division will have the opportunity to choose the 4 movies shown on one channel of Site. Be creative: perhaps have a "James Bond" night, "Bad "B" Movie night", etc. You get the idea. The entire list of movies is now posted on the "S" drive of the Lan. The only thing we ask is that you refrain from choosing "R" rated movies to show during lunch. If you need more information about a movie, stop by Aft IC or call X6143 for assistance. Division Leading Petty Officers are responsible to ensure the movie choices are emailed to the ship's office for print in the POD and to ICFN.

MOVIE SCHEDULE ASSIGNMENTS THROUGH OCTOBER
MOVIE DATE DUE BY DIVISION

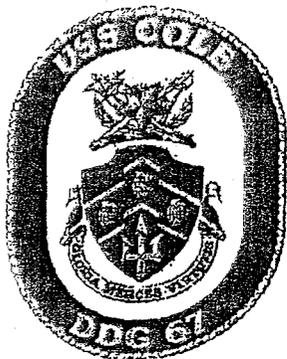
28-30 SEP	25 SEP	A
9-11 OCT	4 OCT	S1
12-14 OCT	9 OCT	CA
16-18 OCT	11 OCT	NX
19-21 OCT	16 OCT	OC
23-25 OCT	18 OCT	E
26-28 OCT	23 OCT	S2

QUOTE OF THE DAY: "While all the runners in the stadium take part in the race, only one wins the prize. Run to win." Jason Reigel

Executive Officer

Ensign (C)

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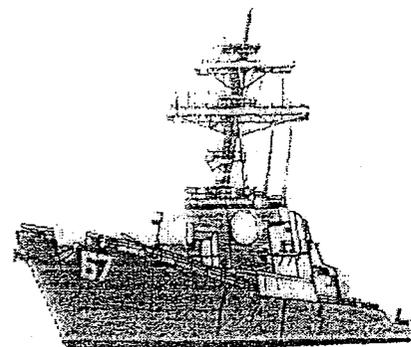


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
SATURDAY,
23 SEPTEMBER 2000
Julian: 267

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

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Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

SHORT RANG GOALS

Fully prepared for ADRIATICEX/Amphibion
Exercise

Successful FMAV w/EMORY S. LAND

Safe Suez Canal Transit

Professional Inchoption into COMFIFTHFLT

Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements

Successful Engineering Material Condition

Assessment (MCA)

Safe Transit Home

Enjoyable Post Deployment Upkeep

Safe Ammo Offload

Productive CNO Availability

Berthing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

C2(SW) [REDACTED]

SSN [REDACTED]

MAJOR EVENTS FOR SUNDAY

Holiday Routine

RAS w/USNS JOHN LENTHALL

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

QUARTERDECK WATCH

WORKING UNIFORM

E-7 AND ABOVE :

SUMMER WHITES

SUMMER WHITES

COVERALLS

E-6 AND BELOW:

SERVICE DRESS WHITES

SERVICE DRESS WHITES

COVERALLS

UNDERWAY

0600

Reveille

0600-0700

Breakfast for the Crew

0710

Officers Call/Quarters

0715

Personnel Inspection: MP (Flight Deck)

0730

OPS/Intel Brief (Wardroom)

0800

Flight Quarters

0800-0830

All Hands Training: ACPO (Site TV)

0830

CDS 22/BRISCOE/SIMPSON Arrive

0830-1030

I-Division (Mess Decks)

0900

Flight Quarters

0900

Menu Review Board (Training Room)

0930

CDS 22/BRISCOE/SIMPSON Depart

1000

XO's Inspection of Messing & Berthing

1000

Force Protection Meeting (CSMC)

1000-1115

PACE Class: English 1301

1030

Division in the Spotlight: MP (Wardroom)

1115-1230

Lunch for the Crew

1300

SCAT Training Team Meeting (CSMC)

1300-1500

Repair Locker Training (Repair 2)

1300-1600

I-Division (Mess Decks)

1300-1600

Zone Inspection: MP

1400-1600

CCAT Drill

1500-1700

PACE Class: English 1312

Encl (50)

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1530-1545	Sweepers
1645-1800	Dinner for the Crew
1800-1930	PACE Class: English 1301
1830	Eight O'Clock Reports
1900	At Sea Fire Drill
1900	OOD Board (DCA)
2315-0015	Milrats for the Crew

1. DAMAGE CONTROL NOTE: Whose permission must be obtained prior to desmoking using the installed ventilation system? CHENG.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
TEXAS HSH	VEAL PARMESAN
TUNA SALAD	BURRITO W/CHILI

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
LUNCH GOTTI	GOOD MORNING VIETNAM
1630 SILVERADO	FUTURESPORT
1800 TOMBSTONE	GEORGE OF THE JUNGLE
2000 TRUE GRIT	IRON WILL
2200 THE SONS OF KATIE ELDER	HUSH

4. CHAPLAIN'S CORNER: Tourists stand in wondering admiration before some of the palaces of the old world that have endured for more than a thousand years without a crack or seam. The Pantheon at Rome stands just as it did well over two thousand years ago. This would be impossible had not its foundations been right. The Rialto Bridge that spans the Grand Canal in Venice was erected in AD 1588. It has stood as it now stands for over four centuries, but that bridge rests on twelve thousand piles driven deeply into the soil. What is true of buildings is also true of life. God cannot and will not build the Christian virtues into your life, or fill you with the Holy Spirit for His service, until the proper foundation of receiving Christ and Him crucified as your Savior and Lord has been laid.

5. ADRIATIC NOTE: As of course everyone knows we are siting approximately 25 miles off the coast of the Former Republic of Yugoslavia and specifically the semi-autonomous republic of Montenegro. First off a quick explanation of names and geography. After the fall of the Soviet Union and the death of TITO (the last real ruler of the country of Yugoslavia) Yugoslavia split into 5 separate countries. These countries are Slovenia, Croatia, Bosnia-Herzegovina, the Federal Republic of Yugoslavia and the Former Yugoslavian Republic of Macedonia. The Federal Republic of Yugoslavia is the country of the United States' greatest concern. If names are confusing you here's a quick guide. The Former Republic of Yugoslavia (the FRY for short), The Republic of Yugoslavia, Serbia, Montenegro and Kosovo ARE ALL THE SAME COUNTRY. Kosovo and Montenegro are provinces of the FRY. United Nations, NATO and American peacekeepers are in Kosovo and the United States is trying to make sure that what happened in Kosovo last year (ethnic cleansing) doesn't happen in Montenegro. The FRY's leader, Slobodan Milosevic, is holding an election this Monday that will be highly contested, but most likely rigged in his favor. As a show of US resolve to maintaining peace in the Balkans Adriatic region and to prevent Milosevic and the Yugoslavian army from rolling into Montenegro, COLE and much of the current US 6th Fleet are operating here in the Adriatic. This was very brief note about why we're operating here in the Adriatic. If you have any questions please email me and I'll do the best I can to answer any questions. AOPS

6. SAFETY NOTE: A GSM2 burned his arm, side, and neck while removing a condensate valve. After tagging out four valves to provide two-valve protection, he drained the pressure and waited 30 minutes. When the steam header pressure read 0 PSI, the GSM2 started to loosen the valve bonnet bolts. After removing the bonnet and stem, and then reinserting the stem, condensate sprayed onto the GSM2. He spent 5 days in the hospital and lost 30 workdays. The faulty valve was missing from the system diagram. EOSS diagrams are a reference you need to verify.

7. MOVIE SCHEDULE NOTE: CE Division would like to invite all divisions to have equal opportunity in choosing the movies that are played on Site TV. Each week, in 3 day blocks, each division will have the opportunity to choose the 4 movies shown on one channel of Site. Be creative: perhaps have a "James Bond" night, "Bad "B" Movie night", etc. You get the idea. The entire list of movies is now posted on the "S" drive of the Lan. The only thing we ask is that you refrain from choosing "R" rated movies to show during lunch. If you need more information about a movie, stop by Aft IC or call X6143 for assistance. Division Leading Petty Officers are responsible to ensure the movie choices are emailed to the ship's office for print in the POD and to ICFN Dempsey. MOVIE SCHEDULE ASSIGNMENTS:

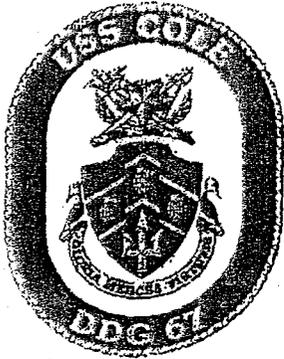
MOVIE DATE	DUE BY	DIVISION
28-30 SEP	25 SEP	A
9-11 OCT	4 OCT	S1
12-14 OCT	9 OCT	CA
16-18 OCT	11 OCT	NX
1 OCT	16 OCT	OC
5 OCT	18 OCT	E
26-28 OCT	23 OCT	S2

Encl (60)
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8. DISBURSING NOTE: Due to October 1st being a Sunday and the end of the fiscal year, payday will be on October 2nd.

9. QUOTE OF THE DAY: "The winds and waves are always on the side of the ablest navigators."

Edward Gibbon

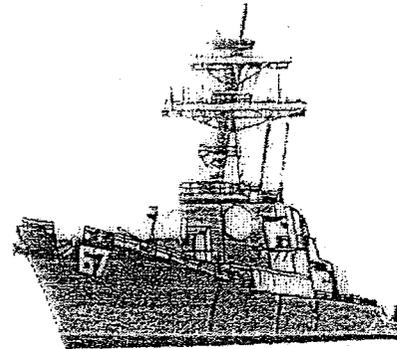


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
SUNDAY,
24 SEPTEMBER 2000
Juliau: 268

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
LCDR [REDACTED]

Care Line: (757) 444-4921
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
E-mail: last name first initial@cole.navy.mil
LIFELINE: www.lifelines4qol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year
QMC(SW) [REDACTED]

Ombudsmans
[REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

	<u>CO PRIORITIES</u>	<u>SHORT RANG GOALS</u>
Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] C2(SW) [REDACTED] SSN [REDACTED]	- Combat Readiness <u>KEY PILLARS</u> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	Fully prepared for ADRIATICEX/Amphibi Exercise Successful FMAV w/EMORY S. LAND Safe Suez Canal Transit Professional Inchop into COMFIFTHFLT Continue Successful Deployment <u>LONG RANGE GOALS</u> Complete All Battle "E" Requirements Successful Engineering Material Condition Assessment (MCA) Safe Transit Home Enjoyable Post Deployment Upkeep Safe Ammo Offload Productive CNO Availability
<u>MAJOR EVENTS FOR MONDAY</u> ARG Support		

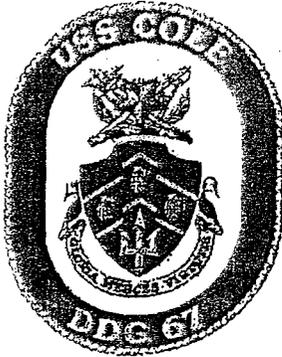
All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY/HOLIDAY ROUTINE

0700-0800 Breakfast for the Crew
TBD ARG Support
TBD RAS w/USNS JOHN LENTHALL
TBD Small Boat Transfer w/USS JOHN LENTHALL
TBD Flight Quarters during RAS
0900 RAS Brief (Wardroom)
0930 Catholic Lay Services (Training Room)
1030-1200 Brunch for the Crew
1030 Protestant Divine Service (Training Room)
1300 OPS/Intel Brief (Wardroom)
1530-1545 Sweepers
1645-1800 Dinner for the Crew
1830 Eight O'Clock Reports
2315-0015 Midrats for the Crew

Encl (60)
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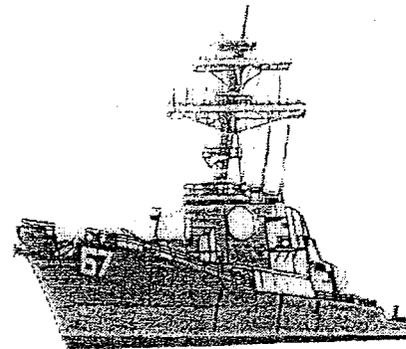


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
MONDAY,
25 SEPTEMBER 2000
Julian: 269

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4gol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleet-support.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANGE GOALS

- Fully prepared for ADRIATICEX/Amphibious Exercise
 - Successful FMAV w/EMORY S. LAND
 - Safe Suez Canal Transit
 - Professional Inchoop into COMFIFTHFLT
 - Continue Successful Deployment
- LONG RANGE GOALS
- Complete All Battle "E" Requirements
 - Successful Engineering Material Condition Assessment (MCA)
 - Safe Transit Home
 - Enjoyable Post Deployment Upkeep
 - Safe Ammo Offload
 - Productive CNO Availability

Berthing of the Week: Berthing 3
Determined Warriors' of the Quarter:
OS1(SW) [REDACTED]
C2(SW) [REDACTED]
ISSN [REDACTED]

SUNRISE: 0637
SUNSET: 1841

MAJOR EVENTS FOR TUESDAY
ARG Air Defense
BECCES

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	DRESS UNIFORM	QUARTERDECK WATCH	WORKING UNIFORM S
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0600-2400	TLAM Training
TBD	Air Defense of the ARG
0710	Officer's Call/Quarters
0730	OPS/INTEL Brief
0730-0815	Engineering Training (Training Room)
0830	Zone Inspection Part II: MP
0830-1600	DC I-Div (Training Room)
0900	Mustar DCPO (Filter Cng)
1000	SERT Meeting (CSMC)
1000	ETCS(SW) [REDACTED] Reenlistment (CPO Mess)
1030	General PT (Flight Deck)
1115-1230	Lunch for the Crew
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)
1645-1800	Dinner for the Crew
1830	Eight O'Clock Reports
2015-0015	Midrats for the Crew

Encl (60)
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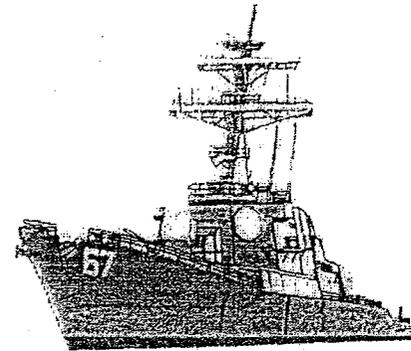


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
TUESDAY,
26 SEPTEMBER 2000
Julian: 270

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

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LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year
QMC(SW) [REDACTED]

<p>Berthing of the Week: Berthing 5 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] O2(SW) [REDACTED] OSN [REDACTED]</p> <p>SUNRISE: 0637 SUNSET: 1841</p> <p><u>MAJOR EVENTS FOR WEDNESDAY</u> Hispanic Heritage Night Dinner</p>	<p><u>CO PRIORITIES</u></p> <ul style="list-style-type: none"> - Combat Readiness <p><u>KEY PILLARS</u></p> <ul style="list-style-type: none"> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride 	<p><u>SHORT RANGE GOALS</u></p> <p>Fully prepared for ADRIATICEX/Amphibious Exercise Successful FMAV w/EMORY S. LAND Safe Suez Canal Transit Professional Inchop into COMFIFTHFLT Continue Successful Deployment</p> <p><u>LONG RANGE GOALS</u></p> <p>Complete All Battle "E" Requirements Successful Engineering Material Condition Assessment (MCA) Safe Transit Home Enjoyable Post Deployment Upkeep Safe Ammo Offload Productive CNO Availability</p>
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All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	DRESS UNIFORM	QUARTERDECK WATCH	WORKING UNIFORM S
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	OPS/INTEL Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0800	Officer Training: ROE-WEPS
0800-1000	VCHT Maintenance
0830-1600	DC I-Div (Training Room)
0900-1000	RPPO Training (Supply Support)
0900-1100	VBSS Training (STBD Midships)
1000-1200	VCHT Maintenance
1115-1230	Lunch for the Crew
1130-1230	ESWS Training: Shipboard Organization (Training Room)
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)
1600	Evening Prayer Workshop w/Chaplain (Training Room)
1645-1800	Dinner for the Crew
1830	Eight O'Clock Reports
1830	At Sea Fire Party Drill
1900	Bible Study w/Chaplain (Training Room)
2315-0015	Midrats for the Crew

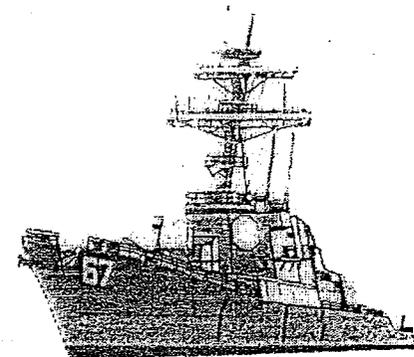


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
WEDNESDAY,
27 SEPTEMBER 2000
Julian: 271

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
LCDR [REDACTED]

Care Line: (757) 444-4921
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[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
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LIFELINE: www.lifelines4qol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

Ombudsmans

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year
QMC(SW) [REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

	<u>CO PRIORITIES</u>	<u>SHORT RANGE GOALS</u>
Berthing of the Week: Berthing 5 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] 2(SW) [REDACTED] SN [REDACTED] SUNRISE: 0637 SUNSET: 1841 <u>MAJOR EVENTS FOR THURSDAY</u> Seamanship Drills Small Arms Qualification	- Combat Readiness <u>KEY PILLARS</u> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	Fully prepared for ADRIATICEX/A mphibious Exercise Successful FMAV w/EMORY S. LAND Safe Suez Canal Transit Professional Inchop into COMFIFTHFLT Continue Successful Deployment <u>LONG RANGE GOALS</u> Complete All Battle "E" Requirements Successful Engineering Material Corodition Assessment (MCA) Safe Transit Home Enjoyable Post Deployment Upkeep Safe Ammo Offload Productive CNO Availability

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM S</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	OPS/Plane Guard/Intel Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0800-1200	NSFS (CIC)
0830-1600	DC I-Div (Training Room)
1115-1230	Lunch for the Crew
1200	PMS Reports Due to JMC
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)
1600	Evening Prayer Workshop w/Chaplain (Training Room)
1645-1800	Hispanic Heritage Night Dinner/Take your Boss to Dinner (Flight)
1800-UC	Plane Guard
1830	Eight O'Clock Reports
1900	Bingo Night (Mess Decks)
2315-0015	Beddown for the Crew

Encl (60)
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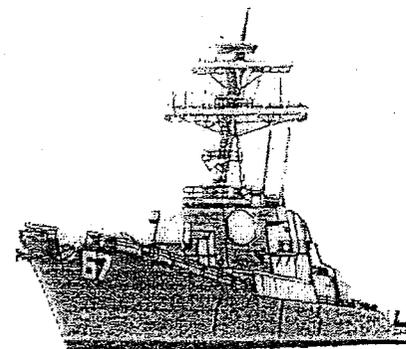


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
THURSDAY,
28 SEPTEMBER 2000
Julian: 272

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

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E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness
- KEY PILLARS**
- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANGE GOALS

- Fully prepared for ADRIATICEX/Amphibio
- Exercise
- Successful FMAV w/EMORY S. LAND
- Safe Suez Canal Transit
- Professional Inchop into COMFIFTHFLT
- Continue Successful Deployment
- LONG RANGE GOALS
- Complete All Battle "E" Requirements
- Successful Engineering Material Condition
- Assessment (MCA)
- Safe Transit Home
- Enjoyable Post Deployment Upkeep
- Safe Ammo Offload
- Productive CNO Availability

Berthing of the Week: Berthing 5
Determined Warriors' of the Quarter:
OS1(SW) [REDACTED]
C2(SW) [REDACTED]
SSN [REDACTED]

SUNRISE: 0637
SUNSET: 1841

MAJOR EVENTS FOR FRIDAY
GQ-MSFD
PB4T
"Who Wants to be a Millionaire"

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

- 000-0400 SPY Maintenance
- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0710 Officer's Call/Quarters
- 0730 OPS/Intel Brief (Wardroom)
- 0730-0815 Engineering Training (Training Room)
- 0800 Officer Training: Rules of the Road-Nav (Wardroom)
- 0830-1600 DC I-Div (Training Room)
- 0900-1030 Engineering Training: Hazmat Handling (Mess Decks)
- 0900-1100 Seamanship Drills (OPS Department)
- 1030 ETT Brief (Logroom)
- 1100 New Check-ins w/CO
- 1115-1230 Lunch for the Crew
- 1300 XO Spotcheck w/SS01
- 1300-1600 Repair Locker Training (Repair 3) (CRR Training)
- 1300-1500 Evolutions
- 1500-1600 Fresh Water Washdown
- 1630-1845 Sweepers
- 1645-1800 Dinner for the Crew
- 1830 Eight O'Clock Reports
- 1830 Retention Team Meeting (Wardroom)

1900
1900
2315-0015

At Sea Fire Drill
Bible Study w/Chaplain (Training Room)
Midrats for the Crew

1. DAMAGE CONTROL NOTE: What is the maximum pressure allowable on a soft patch? Ans: 150 PSI.

COLE'S MENU: The following are COLE's Main Menu items:

LUNCH

BEEF FAJITAS
CHEESE ENCHILADAS

DINNER

ROCK CORNISH HENS
CHILI CON CARNE

3. COLE MOVIE SCHEDULE:

CHANNEL 2

LUNCH THE WILD WILD WEST
1630 DEEP IMPACT
1800 BOWFINGER
2000 THE WOOD

CHANNEL 3 (A DIVISION'S CHOICES)

DANTE'S PEAK
FATHER'S DAY
MURDER AT 1600
GONE FISHING

4. HISPANIC HERITAGE MONTH NOTES: Rigoberta Menchu, an activist in the conflict between indigenous people and the military government of Guatemala, was the first indigenous woman and the youngest person ever to be awarded the Nobel Prize for Peace in 1992. Menchu struggled to achieve social justice and peace in Guatemala, where the military government destroyed her family. The struggle continued when she used \$1.2 million Nobel Peace Prize money to set up a foundation in her father's name. Her work served as the impetus behind the United Nations' declaration of 1993 as the International Year for Indigenous Populations.

5. CHAPLAIN'S CORNER: When a Roman penny was made, the image or likeness of Caesar the emperor was stamped upon it, and those who used it were reckoned as his subjects and expected to obey his laws. Ages ago God Himself made something and stamped His likeness upon it, as a sign that it belonged to Him and must be used in His service. It was not a coin God made. It was a man. And God's image has been stamped upon each of us to show that we were made, not to follow our own pleasure, but to serve him.

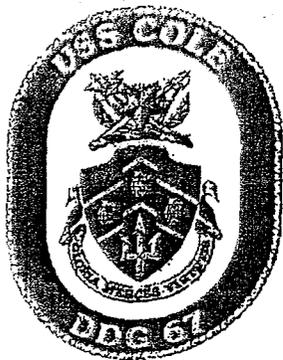
6. JEWISH HIGH HOLY DAYS NOTE: At Sundown on 29 September 2000, Rosh Hashanah (Jewish New Year) begins and continues through sunset 1 October 2000. Yom Kippur (Day of Atonement) begins at sundown 8 October 2000 and concludes at sundown 10 October 2000. The high holy days are a time of forgiveness, renewal, and recommitment. Yom Kippur, the holiest day in the Jewish calendar, culminates the celebration of sacred days with an emphasis on self-denial and a promise to improve through repentance and recommitment. I extended my sincerest best wishes to all Jewish personnel this holiday season. May you and your families be granted peace and prosperity. Shanah Tovah Tikatevu. RADM [redacted] sends.

7. XO'S NOTE: This Friday night will be another episode of "Who wants to be a Millionaire" broadcast live on location from the Mess Decks. Tickets go on sale Wednesday at lunch with LTJG [redacted]. Improvements from last time include instant awarding of prizes from the ship's store, no shave/let hair down chit, and surf the internet for a day. Grand prize will be a free overnight liberty chit for one night hotel room in Dubai, UAE. Prices for the tickets will be \$1.00 Wednesday and Thursday and will increase to \$2.00 Friday. Tickets for contestants will be drawn Friday night. And back by popular demand is LTJG [redacted] as MC!

8. FORWARD PALLET STAGING AREA AEROBICS AND WEIGHT ROOMS NOTE: All personnel are reminded to pick up after themselves when they have completed their workout. Please ensure that you wipe down your machine, place your weights in the proper place and take all your trash with you. Personnel radios are not permitted in the Forward Pallet Staging Area, but you may wear headphones while working out. No boots of any kind may be worn while running on the treadmills.

9. YUGOSLAV OPPOSITION VOWS TO FIGHT FRAUD: Yugoslav opposition leader have rejected the official results of the country's presidential elections and pledged to defend the will of the people. President Slobodan Milosevic defied international and domestic appeals for him to step down, saying he had enough votes to secure a second round run-off. However, opposition leader Vojislav Kostunica said in a statement. "This is an offer which must be rejected". The opposition is planning a massive rally in central Belgrade on Wednesday night to defend the results. Opposition leaders have demanded to see the election commission's announcement that Milosevic had lost. The commission reported that Kostunica finished with 48.22 percent while Milosevic earned 40.23 percent. Under Yugoslav law, a run-off, set for October 8, is required since not of the candidates received more that 50 percent. State television said the turnout was 64 percent, far below the 74 percent figure given by the opposition. The U.S. has pledged to lean an international campaign to pressure Milosevic into accepting the outcome. "Despite the government's attempts to manipulate the vote, it does seem clear that the people have voted for change", President Clinton Said. Milosevic appeared to have lost his "last vestige of legitimacy," he added. A run-off would give Milosevic time to create more favorable conditions for the next round and the chance to clamp down on opposition media and activists. He would also be able to resume his nationalist campaign portraying Kostunica as a "NATO lackey and Western stooge." However, Kostunica, a law professor who surprised Milosevic with his widespread appeal, countered, saying there was "no single reason, not moral or political, by which we would accept such trampling on the electoral will of the citizens. "The victory is obvious and we will defend it by all non-violent means," he said. "The people have given their political no to Milosevic and his policies. Our first duty is to carry out that verdict.

10. DISBURSING NOTE: If you have lost or forgotten your Smart Card pin number stop by Disbursing to get issued a new one.

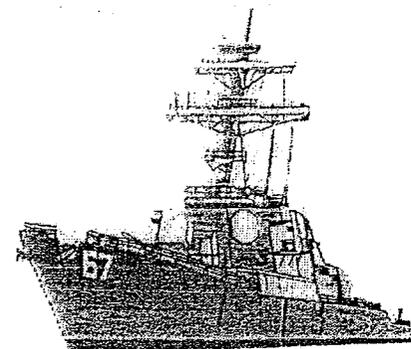


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
FRIDAY,
29 SEPTEMBER 2000
Julian: 273

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness
- KEY PILLARS**
- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANGE GOALS

- Fully prepared for ADRIATICEX/Amphibious Exercise
- Successful FMAV w/EMORY S. LAND
- Safe Suez Canal Transit
- Professional Inchopt into COMFIFTHFLT
- Continue Successful Deployment
- LONG RANGE GOALS**
- Complete All Battle "E" Requirements
- Successful Engineering Material Condition Assessment (MCA)
- Safe Transit Home
- Enjoyable Post Deployment Upkeep
- Safe Ammo Offload
- Productive CNO Availability

Berthing of the Week: Berthing 5
Determined Warriors' of the Quarter:
OS1(SW) [REDACTED]
2(SW) [REDACTED]
SN [REDACTED]

SUNRISE: 0637
SUNSET: 1841

MAJOR EVENTS FOR SATURDAY
Personnel Inspection: CF/CG
UNREP w/USNS LEROY GRUMAN
Zone Inspection: CF/CG
Flight Deck Movie

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	OPS/Intel Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0730-1100	Small Arms Qualifications (Flight Deck)
0800	3M Meeting w/XO (All Officers & CPO's)
0900	Planning Board for Training (Wardroom)
0900-1100	Repair Locker Training (Repair 5)
1000	CO Spotcheck w/MP (DC)
TBD	Flight Quarters
1115-1230	Lunch for the Crew
1230	DCTT/ETT Brief (Wardroom)
1300	BECCES/GO (MSFD)
1300	CO Spotcheck w/CA03 (Division & DC)
1300-1500	DC I-Division (Training Room)
1530-1545	Swapsers
1600	Voluntary PT (Flight Deck)
1645-1800	Dinner for the Crew
1830	Eight O' Clock Reports

Encl (60)
Page 86 of 100

1900 Second Annual "Who Wants to be a Millionaire" (Mess Decks & Site TV)
 1900-2100 Junior Officer Pizza Night (Mess Decks)
 2315-0015 Midrats for the Crew

DAMAGE CONTROL NOTE: All plugs 10 inch or larger should be? Ans: Shored in or use a box patch.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

LUNCH	DINNER
CREOLE MAC	CHICKEN NUGGETS
CHICKEN-N-RICE	BEEF BRISKET BARBECUE

3. **COLE MOVIE SCHEDULE:**

CHANNEL 2	CHANNEL 3 (A DIVISION'S CHOICES)
LUNCH UNFORGIVEN	THE GAME
1630 FERRIS BEULLER'S DAY OFF	STAKE OUT
1800 REINDEER GAMES	LIAR LIAR
2000 RISKY BUSINESS	THE SAINT

4. **CHAPLAIN'S CORNER:** There is a pair of famous bronze gates in the city of Florence, which Michael Angelo, in a burst of admiration, declared were fit to be the gates of Paradise. They are paneled with noble figures and dainty pictures. Once they were gilded, and Dante referred to them as "The Golden Gates." But the centuries have worn off the gold--so that hardly a particle is left now. Still the fine masterly work of the artist abides in the solid bronze, looking none the less impressive in its severe simplicity. So while the years may wear away many meritorious accomplishments and much of the glitter of the natural life, the graces firmly ingrained in our soul by the Great Master of all Arts and Hearts will abide. No change can touch these, for "though our outward man perish, the inward man is renewed day to day" (2 Corinthians 4:16).

5. **XO'S NOTE:** Tonight will be another episode of "Who wants to be a Millionaire" broadcast live on location from the Mess Decks. Prices for tickets are \$1.00. Tickets for contestants will be drawn tonight. And back by popular demand is LTJG [redacted] as MC! Pizza will be served during "Who Wants to be a Millionaire" courtesy of the Officers. Prizes are:

- 1) Overnight liberty chit plus Free Hotel Stay in Dubai, UAE
- 2) Surf the Internet for One Day Privilege
- 3) 2 CD's of your choice from ship's store
 No shave/hair let down chit for one week.
 XO's bridge chair for 2 days
 Civilian Clothes privilege for one day (underway)
 2 Day Chit for Individual Holiday Routine anytime (Must still stand watches)
- 8) 1 COLE World Globe plus \$5 ship's store gift certificate
- 9) 1 COLE Mock Turtleneck
- 10) 1 COLE deployment t-shirt
- 11) 1 COLE ballcap
- 12) 1 COLE coffee mug (ceramic)
- 13) 1 COLE Keychain & commissioning coin
- 14) Pick wake-up music for 3 days (No explicit-rated albums allowed)
- 15) Pick UNREP breakaway music (No explicit-rated albums allowed)

6. **SURF AND TURF NOTE:** The special meal of the week will be served Saturday and will feature "Surf and Turf".

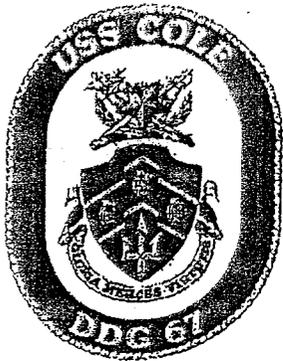
7. **TRASH DISPOSAL NOTE:** Here is a note that will help save man hours, our environment, & my equipment R/ ENC(SW) [redacted] Due to our resent SHIPALT, it is the RESPONSIBILITY OF ALL HANDS to SEPARATE there trash into 3 categories. Paper & Cardboard in one bin, Metal and Glass in one bin and Plastic in the other.

PLASTIC: All Plastic waste will be processed with the Plastic Shredder and Compressor Melt Unit. NO PLASTIC DISCHARGE IS ALLOWED AT SEA WORLD WIDE.

PAPER: All Paper & Cardboard and Food Products will be processed in the PULPER. Cardboard must be free of all tape and staples so it can be PROCESSED. All hands must separate plastic from paper prior to discarding in waste bin, for example remove plastic rapping from uniform box or cereal box etc. Classified material up to secret can be processed in the pulper. The Pulper CAN NOT PROCESS METAL, RAGS, CLOTHING, PLASTIC or TAPE! The Pulper operation can commence at sea may discharge a slurry of seawater, paper, cardboard or food waste capable of passing through a screen with opening no larger than 12 millimeters in diameter outside 3 NM from land. Sanitary napkins, rags, & clothing will not be accepted in the trash disposal room, sanitary napkins, rags, & clothing will be held on station and the only items thrown over the side when the ship is 25 NM from land.

METAL & GLASS: Metals will be processed in the Metal Shredder. The only metal that gets processed in the shredder is clean empty soda cans, empty food cans, empty paint cans with no more than 1" of dried paint, & glass bottles and jars.

EMS THAT CANNOT BE PROCESSED ARE: All material such as bar stock, coat hangers, solid metal parts, paper products, HAZMAT including empty HAZMAT containers, flammable & hazardous materials, and fluorescent light bulbs (they get turn into HAZMAT because they contain mercury). Ships may discharge non-floating waste, metal & glass that have been shredded and bagged to ensure negative buoyancy outside 12 NM from land. With this in mind, all hands must separate plastic from metal prior to discarding in waste bin for example, remove plastic cap and spraying device from shaving cream containers. The hour of operation of the Trash Disposal Room are: 0700-0900 & 1800-2000 Daily: Trash will be held on station outside the collection periods. Trash will be inspected prior to receipt. LPO's

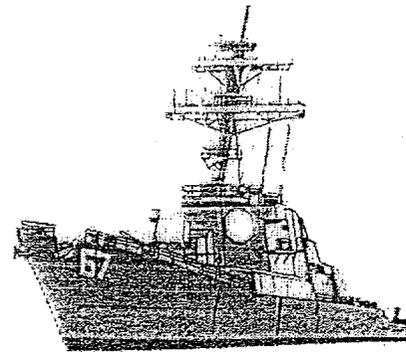


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
SATURDAY,
30 SEPTEMBER 2000
Juliau: 274

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
LCDR [REDACTED]

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Care Line: (757) 444-4921
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Ombudsmans
[REDACTED]

Senior Sailor of the Year
QMC(SW) [REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

	<u>CO PRIORITIES</u>	<u>SHORT RANGE GOALS</u>
Berthing of the Week: Berthing 5 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] C2(SW) [REDACTED] SSN [REDACTED] SUNRISE: 0637 SUNSET: 1841 <u>MAJOR EVENTS FOR SUNDAY</u> Holiday Routine Protestant Divine Services Catholic Lay Services Flight Deck Picnic	- Combat Readiness <u>KEY PILLARS</u> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	Fully prepared for ADRIATICEX/Amphibious Exercise Successful FMAV w/EMORY S. LAND Safe Suez Canal Transit Professional Inchop into COMFIFTHFLT Continue Successful Deployment <u>LONG RANGE GOALS</u> Complete All Battle "E" Requirements Successful Engineering Material Condition Assessment (MCA) Safe Transit Home Enjoyable Post Deployment Upkeep Safe Ammo Offload Productive CNO Availability

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0715	Personnel Inspection: CF/CG
0715	Promotion Ceremony: FCCSN [REDACTED]
0730-0815	Engineering Training (Training Room)
0740	OPS/UNREP/Brief (Wardroom)
0815	Station the Replenishment Detail
0900	RAS W/USNS LEROY GRUMMAN (Fuel/FFV)
0900	All Hands not on Unrep Detail Muster on Mess Decks w/SKU [REDACTED]
1115-1230	Lunch for the Crew
1230-1500	BJOQ (CPO Mess)
1245	Division in the Spotlight: CR/CG (Wardroom)
1300-1500	Repair Locker Training (Repair 2)
1300-1600	DC I-Division (Training Room)
1300-1600	Zone Inspection: CF/CG
1300-1600	Small Arms Qualifications (Flight Deck)
1500	First Class Association Meeting (Mess Decks)
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1830	Eight O' Clock Reports

1900 At Sea Fire Party Drill
2000 Flight Deck Movie
2315-0015 Midrats for the Crew

1. DAMAGE CONTROL NOTE: How far beyond the rubber is the marlin wrapped? Ans: 1/4 inch.

COLE'S MENU: The following are COLE's Main Menu items:
NCH
LIBAR
CHILI
DINNER
STEAK & LOBSTER

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3 (A DIVISION'S CHOICES)</u>
LUNCH DUECE BIGALOW	BREAKDOWN
1630 BAD BOYS	STAR WARS
1800 GHOST	EMPIRE STRIKES BACK
2000 PHILADELPHIA	RETURN OF THE JEDI

4. CHAPLAIN'S CORNER: During World War II, an enemy submarine approached a fleet of ships in the North Atlantic. The captain of one vessel spotted the white mark of a torpedo coming directly at his ship. His transport was loaded with literally hundreds and hundreds of young soldiers on the way to the European front. He realized they would not have time to maneuver to avoid the torpedo. He grabbed the loudspeaker and cried out, "Boys, this is it. Nearby, though, a little escorting destroyer also observed the torpedo. The captain ordered, "Full speed ahead." His ship steamed into the path of the torpedo. The destroyer was blown up; it sank very quickly. Every man on it was lost. The captain of the troop transport ship sadly commented, "The skipper of that destroyer was my best friend." Now one verse in the Bible has an even deeper meaning for that captain: "Greater love hath no man than this, that a man lay down his life for his friend" (John 15:13).

5. TRASH DISPOSAL NOTE: Due to our resent SHIPALT, it is the RESPONSIBILITY OF ALL HANDS to SEPARATE there trash into 3 categories.. Paper & Cardboard in one bin, Metal and Glass in one bin, Plastic in the other.

Plastic: All Plastic waste will be processed with the Plastic shredder and Compressor melt Unit. NO PLASTIC DISCHARGE IS ALLOWED AT SEA WORLD WIDE.

PAPER: All Paper & Cardboard and Food Products will be Processed in the PULPIER. Cardboard must be free of all tape and staples so it can be PROCESSED. All hands must separate plastic from paper prior to discarding in waste bin for example remove plastic rapping from uniform box or cereal box etc. Classified material up to secret can be processed in the pulpier. The Pulpier CAN NOT PROCESS METAL, RAGS, CLOTHING, PLASTIC or TAPE! The Pulpier operation can commence at sea may discharge a slurry of seawater, paper, cardboard or food waste capable of passing through a screen with opening no larger than 12 millimeters in diameter outside 3 NM from land. Sanitary Napkins, Rags, & Clothing will not be accepted in the trash disposal room. Sanitary Napkins, Rags, & Clothing will be Held on station and the only items thrown over the side when the Ship is 25 NM from Land.

METAL & GLASS: Metal will be processed in the Metal Shredder. The only metal that gets processed in the shredder is Clean Empty soda cans, Empty paint cans, Empty Paint Cans with no more than 1" of dried Paint, & glass bottles and Jars. Items that CAN NOT be PROCESS are, All Material such as stock, coat hangers, Solid metal parts, paper products, HAZMAT including empty HAZMAT containers, Flammable & Hazardous Materials, and FLUORESCENT LIGHT BULBS (They get turn into HAZMAT because they contain MERCURY). Ships may discharge non-floating waste, metal & glass that have been shredded and bagged to ensure negative buoyancy outside 12 NM from land. With this in mind All hands must separate plastic from metal prior to discarding in waste bin for example remove plastic cap & spraying device from shaving cream containers.

The hour of operation of the Trash Disposal room are: 0700-0900 & 1800-2000 Daily: Trash will be held on station outside the collection periods, Trash will be inspected prior to receipt. LPO's will be held accountable with EMI for one full day of Trash disposal duty for non compliance of separation and for leaving trash on REEFER DECKS or Port side Access of trash disposal room.

6. HISPANIC HERITAGE MONTH NOTE: Rita Moreno born Dolores Alverio in Humaco, Puerto Rico. Moreno is listed in the Guinness Book of World Records as the only female performer to have won all four of show biz's top honors: an Oscar, a Tony, an Emmy and a Grammy.

7. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: August 7, 1942: Most of the Marine phrases are unprintable.

8. SCBA/EEBD/EGRESS/SEED TRAINING NOTE: All personnel are required to conduct SCBA/EEBD/EGRESS/SEED Training semi-annually. This training is MANDATORY and must be attended by all crew members. If you are unable to attend on your departments scheduled day, you must attend on another day. Training will take approximately 40 minutes and will be held on the flight deck. Please make arrangements to rotate personnel through watch sections.

SCBA/EEBD	Combat Systems/ Weps
SCBA/EEBD/SEED	Engineering
SCBA/EEBD	Supply/Nav Admin
SCBA/EEBD	Operations

Emergency Egress Training will be completed by division. Egress Training consists of blindfolded escape from working, berthing and watchstanding space. Training POs will submit muster sheets to Department Heads after completion. Emergency Egress Training must be completed by 08 Oct.

9. QUOTE OF THE DAY: When you are not happy with yourself, you cannot be happy with others. Daryl Mitchell



Executive Officer

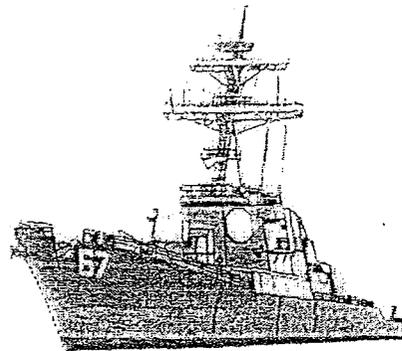


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
MONDAY,
2 OCTOBER 2000
Julian: 276

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

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Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANGE GOALS

- Fully prepared for ADRIATICEX/Amphibio
- Exercise
- Safe Suez Canal Transit
- Professional Inchop into COMFIFTHFLT
- Continue Successful Deployment

LONG RANGE GOALS

- Complete All Battle "E" Requirements
- Successful Engineering Material Condition Assessment (MCA)
- Safe Transit Home
- 100% SWO/ESWS/GED Crew
- Enjoyable Post Deployment Upkeep
- Safe Ammo Offload
- Productive CNO Availability

Berthing of the Week: Berthing 5
Determined Warriors' of the Quarter:
OS1(SW) [REDACTED]
C2(SW) [REDACTED]
SSN [REDACTED]

SUNRISE: 0637
SUNSET: 1841

MAJOR EVENTS FOR TUESDAY

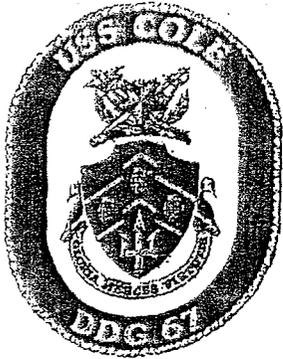
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UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0715	Officer's Call/Quarters
0730	OPS/Intel Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0800	SCBA/EEBD Training: Combat System (Mess Decks)
0800	Officer Training: ROE (Wardroom)
0830-1030	Junior Officer Shiphandling Training
0900	ESWS Pre-Board: BMI [REDACTED], GSM1 [REDACTED], CMI [REDACTED] (Training Room)
0900	Muster DCPO (Filter Cleaning Shop)
1000	SERT Meeting (CMC)
1030	Department Head Meeting for JOSH Award (Wardroom)
1030	Voluntary PT (Flight Deck)
1115-1200	Lunch for the Crew
1300	EOOW Board: EMO(SW) [REDACTED] (CO's Cabin)
1300	CYCWO Board: Auxiliary Officer/First Lieutenant (Wardroom)
1300-1500	VBSS Training (Training Room)
1500-1545	Sweepers

Encl (60)
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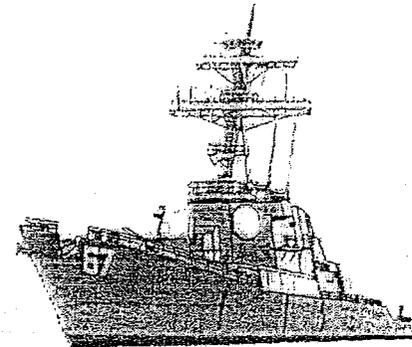


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
TUESDAY,
3 OCTOBER 2000
Julian: 277

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

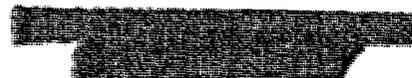
Executive Officer
LCDR [REDACTED]

Care Line: (757) 444-4921
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

Ombudsmans



Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year
QMC(SW) [REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness
- KEY PILLARS
- Material Readiness
 - Safety & Training
 - Personal Responsibility & Accountability
 - Respect
 - Leadership
 - Communication
 - Teamwork & Pride

SHORT RANGE GOALS

- Fully prepared for ADRIATICEX/A amphibious Exercise
- Safe Suez Canal Transit
- Professional Inchoop into COMFIFTHFLT
- Continue Successful Deployment

LONG RANGE GOALS

- Complete All Battle "E" Requirements
- Successful Engineering Material Condition Assessment (MCA)
- Safe Transit Home
- 100% SWO/ESWS/GED Crew
- Enjoyable Post Deployment Upkeep
- Safe Ammo Offload
- Productive CNO Availability

Berthing of the Week: Berthing 5
Determined Warriors' of the Quarter:
OS1(SW) [REDACTED]
OS2(SW) [REDACTED]
OSN [REDACTED]

SUNRISE: 0637
SUNSET: 1841

MAJOR EVENTS FOR WEDNESDAY
CAT Team Meeting
Cruise Book Orders
Repair Locker 3 Training
Fresh Water Washdown

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

- | | |
|-----------|---|
| 0600 | Reveille |
| 0600-0700 | Breakfast for the Crew |
| 0710 | Officer's Call/Quarters |
| 0730 | OPS/Unrep/Intel Brief (Wardroom) |
| 0730-0815 | Engineering Training (Training Room) |
| 0800 | SCBA/EEBD Training: Engineering (Mess Decks) |
| 0815 | Station Unrep Detail |
| 0900 | Unrep w/USNS LENTHALL |
| 0900 | Muster all Hauds not on Watch on the Mess Decks w/5 RC [REDACTED] |
| 1115-1230 | Lunch for the Crew |
| 1230 | ETT Brief (Logroom) |
| 1300 | DCIT Brief (Wardroom) |
| 1300-1400 | RPPO Training (Supply Support) |
| 1330-1500 | Cruise Book Ordering (Mess Decks) |
| 1330-1600 | BECOCES |
| 1530-1545 | Sweepers |
| 1600 | Voluntary PT (Flight Deck) |
| 1645-1800 | Dinner for the Crew |
| 1830 | Eight O' Clock Reports |

Encl (60)
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1. DAMAGE CONTROL NOTE: How long will and EERD provide oxygen? Ans: 15 minutes.

COLE'S MENU: The following are COLE's Main Menu items:
NCH DINNER
TUNA SALAD FRIED CHICKEN
STEAK'M BARBECUE RIBS

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
Lunch DEUCE BIGALOW	OLYMPIC WOMEN TRIATHLON
1630 ARLINGTON ROADS	MLB BRAVE VS DIAMONBACK
1830 HIGH FIDELITY	MLB PART II
2000 PHILADELPHIA	LATIN GRAMMY AWARDS

4. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "I joined Civil Construction Cops for fourteen months, and served as Assistant Educational Advisor and Forest Service Clerk, and drove Caterpillars and operated jackhammers. I did timber work and planted trees. I studied nap-reading, blue prints, and Forestry Course under the Forest Service Foreman. I learned photography and developed, enlarged, and printed for the camp. I was rated Assistant Leader. I got an honorable discharge to accept outside employment. I was a Superintendent of Sunday School, and was president of B.Y.P.U. I sang in choir and the church quartet. I was a salesman for Kansas City Brokers. I sold household items, everything from fly spray to cosmetics. I drove tractors one summer. All night work. In Kansas. I have been in nearly every state in the Union by riding freights. I went to Detroit and worked as a truck driver, storeroom clerk, as A. A. Olenders & Son, and at Fordson Hotel in Dearborn, Michigan, as a boy and troubleshooter. I worked for Wolverine manufacturing and Fabricating Company as assistant Skiver, assistant cork maker, then cork operator. I left there to enter the service. I was becoming too fond of wine, women, and song. I made good money, but the night clubs got moist of it. I was not getting anywhere so enlisted."

5. CHAPLANS NOTE: On a January evening in 1897, a British ship was in awful peril on the Vancouver coast near Cape Beale. For four days the captain saw neither sun nor stars on account of dense fog. One day, at noon, a shout of "Breakers ahead!" was the first warning he had of the dangerous position in which he was placed. A heavy sea was running at the time, and an attempt to weather the ship proved futile. The anchors were then let go, and, as the big ship rounded, one of the cables parted, leaving her within one hundred feet of the shore and in immediate danger of parting the other cable. Breakers were running forty feet high, and as there was no possibility, apparently, of saving the vessel, it was finally decided to launch the boats and attempt to reach shore. Several boats were capsized as soon as launched, but finally the officers and crew of thirty-three men escaped safely through the surf. The sailors spent the night under the upturned lifeboat. In the morning the weather had moderated, and as, to their great astonishment and delight, the ship still headed to her anchor, the captain and crew boarded her, and setting sail, soon escaped from the dangerous position. Let no man give up because he has been shipwrecked and cast ashore. Board the ship of the Christian life again and set sail. Paul did that after his shipwreck, and God gave him a great host to bring with him into harbor of heaven.

6. SCBA/EEBD/EGRESS/SEED TRAINING NOTE: All personnel are required to conduct SCBA/EEBD/EGRESS/SEED Training semi-annually. This training is MANDATORY and must be attended by all crew members. If you are unable to attend on your departments scheduled day, you must attend on another day. Training will take approximately 40 minutes and will be held on the flight deck. Please make arrangements to rotate personnel through watch sections.

SCBA/EEBD/SEED Engineering
SCBA/EEBD Supply/Nav Admin
SCBA/EEBD Operations

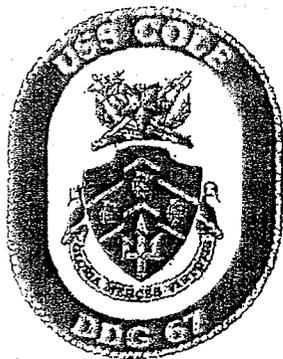
Emergency Egress Training will be completed by division. Egress Training consists of blindfolded escape from working, berthing and watchstanding spaces. Training POs will submit muster sheets to Department Heads after completion. Emergency Egress Training must be completed by 08 Oct.

7. PACE NOTE: PACE Courses History 1301 and History 1302 will be commencing soon. An orientation and book sale will be held on Wednesday, 4 October. This will introduce the course to the students, pass out the syllabus, a class schedule, reading assignments and to sell the books (\$61.00 each). Anyone who did not register previously can do so on 4 October.

8. DOMESTIC VIOLENCE PREVENTION MONTH NOTE: 1). President Clinton has designated October as "Domestic Violence Prevention Month." The Secretary of Defense fully supports this national effort to prevent domestic violence and so does the U.S. Marine Corps. Domestic violence is a cancer on our society. It is a sickness that must be eradicated during this generation or it will continue to replicate itself. Domestic violence often leads to other crimes of violence, low self-esteem, substance abuse, poor work performance, absenteeism, and escalating medical expenses. 2). Marines must set the example by mentoring those who may be aggressors or victims. Aggressors must know that domestic violence will not be tolerated and that they may be subject to UCMJ action. Victims must recognize that they are not alone and that the corps has the resources and resolve to end domestic violence. Commanders and supervisors are strongly encouraged to schedule domestic violence prevention briefings, for their staff, through the installation Marine Corps Community Services (MCCS) Office. Domestic violence awareness videos and literature are also available. 3). The MCCS has a prevention component that is in place to educate the community about domestic violence prevention. There is also a component to treat this problem, once it is identified. All Marines, marine families, and civilians are encouraged to become knowledgeable about domestic violence. The tools and professionals are available at your installation MCCS. With a strong knowledge base and a firm resolve, domestic violence prevention month will become a year-round endeavor. 4). Point of contact is Mr. [REDACTED] at (703) 784-9526 or DSN 278-9526.

9. FLIGHT FOLLOWING FOR ARMY RC-12 MISSION NOTE: Bravo Zulu for your superb support for the new initiative. Feedback from COMSIXTHFLT indicated that the Army was very pleased and appreciated all the communications support and flight following services provided. You fit in place a process that will be used again in the future. Again, thank for the support in improving CTF60 operations. Commodore [REDACTED] ends.

10. QUOTE OF THE DAY: "Whoever picked this reveille song, cocks" EMC(SW) [REDACTED] 0540, while going to GO.

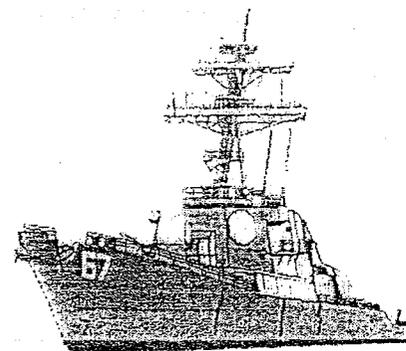


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
WEDNESDAY,
4 OCTOBER 2000
Julian: 278

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

SHORT RANGE GOALS

Fully prepared for ADRIATICEX/Amphibi Exercise

Safe Suez Canal Transit

Professional Inchop into COMFIFTHFLT

Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements

Successful Engineering Material Condition

Assessment (MCA)

Safe Transit Home

100% SWO/ESWS/GED Crew

Enjoyable Post Deployment Upkeep

Safe Ammo Offload

Productive CNO Availability

Berthing of the Week: Berthing 5
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

C2(SW) [REDACTED]

SSN [REDACTED]

SUNRISE: 0637

SUNSET: 1841

MAJOR EVENTS FOR THURSDAY

ESWS Board

Repair 2 Training

Small Arms Quals

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: **DRESS UNIFORM**

E-7 AND ABOVE: **SUMMER WHITES**

E-6 AND BELOW: **SERVICE DRESS WHITES**

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	OPS/Intel Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0800	SCBA/EEBD Training: Supply/Nav Admin (Mess Decks)
0900-1600	5TH Fleet Eng Maintenance
0830-1100	Junior Officer Shiphandling Training
0900	CAT Team Meeting (Wardroom)
0800-1100	Field Day
0900-1100	VBSS Training (Training Room)
0930-1100	Cruise Book Ordering (Mess Decks)
1115-1230	Lunch for the Crew
1200	PMS Reports due to 3MC
1300	SOQ/Chaplain Farewell Ceremony (Mess Decks)
1330-1500	Cruise Book Ordering (Mess Decks)
1400-1600	Repair Locker Training (Repair 3)
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)

Encl (60)

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1645-1800 Dinner for the Crew
1800 Eight O' Clock Reports
2315-0015 Midrats for the Crew

1. DAMAGE CONTROL NOTE: Can the EEBD be used to fight fires in an emergency? Ans: No, it is used only for escape or awaiting rescue in a toxic environment.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
PORK CHOPS	LASAGNA
CHICKEN A LA KING	PIZZA

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
Lunch MAJOR LEAGUE 3	ARMY NEWS WATCH
1630 DOCTOR DOLITTLE	WOMEN'S TRIATHLON & CNN
1830 SMOKE SIGNALS	ESPN NFL PRIMETIME
2000 THE BEACH	OLYMPIC'S GYMNASTIC

4. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "I was sent Paris Island, S.C. and was trained under Sergeant Ready and Pfc Lawry. I was forced to go into Music School by a colonel, due my previous band experience. I hate it intensely and still do yet. I was told by the colonel that I could transfer if I did not like it. Naturally, he refused after I was in. I enlisted with Raymond Rion, a hometown friend. I had quite a time in boot camp. I joined to fight, and was put blowing a bugle. There is a right way and the Marine Corps way; naturally it's easy to see which way we go. As the Marine Corps as a whole, I am pretty damn proud of it. I think no other service equal it, and not because I am a member. But there are some stupid pig-headed officer who would rather regard their bars as tin gods, rather than the one-half of the Marine Corps they are. I am glad they are in the minority. But just one can be enough hell."

5. CHAPLAIN'S NOTE: There is something pathetic in the story of the ship Francis, of New Bedford, Massachusetts, which was wrecked on the New Jersey coast. The ship had had a four-months voyage of fair sailing, and the captain and crew were hopeful of closing a pleasant journey in a day or so, when suddenly, in sight of land, and almost in sight of the harbor, the ship took fire and both the vessel and the cargo were destroyed. The officers and crew escaped only with their lives. It is sad to go down in sight of port. There are many such wrecks of the moral and spiritual kind--men and women who have made honorable careers, but who forfeit all their gain of a lifetime by some sad lapse into sin when almost in sight of the port of "old age." The middle-aged and the old need to be watchful as well as the young. It is the one that endures to the end that shall be rewarded.

6. SCBA/EEBD/EGRESS/SEED TRAINING NOTE: All personnel are required to conduct SCBA/EEBD/EGRESS/SEED Training semi-annually. This training is MANDATORY and must be attended by all crew members. If you are unable to attend on your departments scheduled day, you must attend on another day. Training will take approximately 40 minutes and will be held on the flight deck. Please make arrangements to rotate personnel through watch stations.

3A/EEBD	Supply/Nav Admin
3B/EEBD	Operations

Emergency Egress Training will be completed by division. Egress Training consists of blindfolded escape from working, berthing and watchstanding spaces. Training POs will submit muster sheets to Department Heads after completion. Emergency Egress Training must be completed by 08 Oct.

7. DOMESTIC VIOLENCE PREVENTION MONTH NOTE: October is designated as Domestic Violence Prevention and Awareness Month

This year's theme is "There is no room for Domestic Violence in the Navy Family."

Domestic violence has a negative impact on Navy readiness and retention and is incompatible with Navy Core Values. It is also cyclical in nature. Exposure to violence, either directly or through witnessing violence between caretakers, is the most common risk factor associated with perpetrating violence in adulthood. The Navy's Prevention efforts include: Command Education and Training Programs, Life Skills Education Programs, Individual, Couples, Family and Group counseling through Family Service Centers; return and reunion programs; and the new parent support program. All offered through the FSC.

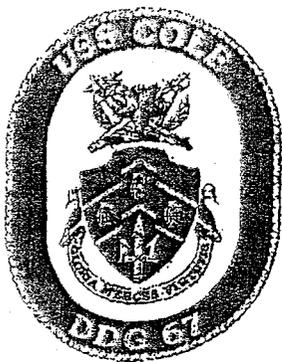
Navy is committed to putting an end to domestic violence by providing education and training at all levels throughout the military community, as well as providing intervention and treatment support, victim services and referral, and programs targeted to changing abusive behavior; via the Family Advocacy Program. The challenge is for everyone to become involved and make it our duty to stop the violence.

Domestic violence is not a private matter. In 1999, there were 2,242 substantiated spouse abuse incidents in the Navy (some of these were COLE sailors). Over 35 percent of those incidents included some type of physically abusive behavior. It will take participation from all hands to put an end to domestic violence in the Navy. If you or someone you know has been involved in a domestic violence incident, contact your local Family Advocacy Program or civilian/military law enforcement agency. Domestic Violence is a serious matter.

8. QUOTE OF THE DAY: Follow your instincts. That is where true wisdom manifests itself.

Executive Officer

Encl (60)
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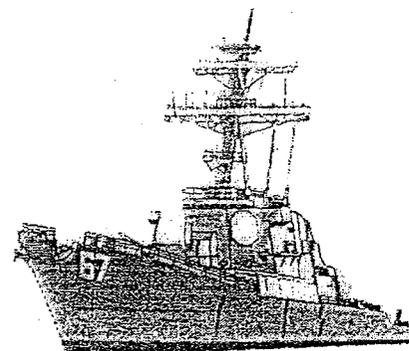


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
THURSDAY,
5 OCTOBER 2000
Julian: 279

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

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COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

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Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANGE GOALS

- Fully prepared for ADRIATICEX/Amphibio Exercise
- Safe Suez Canal Transit
- Professional Inchoop into COMFIFTHFLT
- Continue Successful Deployment

LONG RANGE GOALS

- Complete All Battle "E" Requirements
- Successful Engineering Material Condition Assessment (MCA)
- Safe Transit Home
- 100% SWO/ESWS/GED Crew
- Enjoyable Post Deployment Upkeep
- Safe Ammo Offload
- Productive CNO Availability

Berthing of the Week: Berthing 5
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

22(SW) [REDACTED]

3SN [REDACTED]

SUNRISE: 0637

SUNSET: 1841

MAJOR EVENTS FOR FRIDAY

1030 Unrep

1400 PBT

TBD Depart Adriatic enroute 5th Fleet

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

QUARTERDECK WATCH

WORKING UNIFORM

E-7 AND ABOVE: SUMMER WHITES

SUMMER WHITES

COVERALLS

E-6 AND BELOW: SERVICE DRESS WHITES

SERVICE DRESS WHITES

COVERALLS

UNDERWAY

- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0710 Officer's Call/Quarters
- 0730 OPS/Intel Brief (Wardroom)
- 0730-0815 Engineering Training (Training Room)
- 0800 SCBA/EEBD Training: Operations (Mess Deck)
- 0800 Officer Training: CBR-D-DCA (Wardroom)
- 0800 ESWS Board: GSE1 [REDACTED] BM [REDACTED] GM2 [REDACTED] (CPO Mess)
- 0800-1100 Torpedo Handling (Torpedo Deck)
- 0800-1100 Field Day Part II
- 0800-1600 ENG 5th Fleet Maintenance
- 0900 ESWS Preboard: DCI [REDACTED] FC [REDACTED] GM [REDACTED] (Training Room)
- 0900-1030 Engineering Training: Asbestos Handling Procedures (Mess Decks)
- 1115-1230 Lunch for the Crew
- 1200 Night Quarters
- 1230 Prospective Commodore Arrives
- 1235-1330 CO w/P-Commodore (CO's Cabin)
- 1300-1500 Repair Locker Training (Repair 2) [REDACTED]

Encl (60)

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1330-1400	P-Commodore w/Wardroom
1400-1430	P-Commodore w/CPO Mess
1430-1530	P-Commodore Tour Ship
1530	Flight Quarters
1530-1545	Sweepers
1530-1555	CO wrap-up w/P-Commodore (CO's Cabin)
1600	P-Commodore Departs
1645-1800	Dinner for the Crew
1830	Eight O' Clock Reports
1900	At Sea Fire Party Drill
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: After the EEBD hood is removed, do not smoke or be near open flames for how long? Ans: 30 minutes.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
GRILLED PORK CHOPS	ONION LEMON BAKED FISH
CARIBBEAN FLOUNDER	STUFFED GREEN PEPPERS

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
Lunch TOP GUN	NAVY NEW AND SWIMMING
1630 THE RIGHT STUFF	MLB DODGERS VS DIAMONDBACK
1830 THE RIGHT STUFF	PART 2 OF MLB & NATIONAL SPORTS
2000 NOTHING HILL	CNN & NIGHTLY NEW

4. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "At last the great day comes. After tons of scuttlebutt, calculations, hard training, landing maneuvers, after drawing all of our equipment, we were shoving off. I was on board B train, with Lacy for the cross-continent trip of better than 4000 miles, due to the zip-zagging of troop trains. We were not told San Francisco was the point of embarkation; that was supposed to be a secret. My lieutenant wrote the name of paper and "accidentally" dropped it in front of us. San Francisco it was. It was hard to leave Raymond Rion back there when we pulled out of New River. I knew he wanted to go as badly as I did. And I figured that it was the last time I would see him. He figured the same I suppose. After boarding the pullmans, one man to a seat and berth, we stowed away all of our gear and leaned out the windows for a last look. There were no girlfriends or any of our folks there because of military secrecy, only buddies in the other outfits. The band was playing "Fighting First Marines," "Over The Hill, Let's Go Men," and just as the train whistled a long blast, they broke into the "Marine Hymn" until we gathered speed and left them behind. Officers and enlisted alike behind were waving and hollering at the top of their voices."

CHAPLAIN'S NOTE: To be convinced that one should come to the Lord Jesus Christ and confess Him before men where alone He is confessed--in the church--and then to delay, is a serious thing. The steamer Central America, on a voyage from New York to San Francisco, sprung a leak in mid-ocean. A vessel seeing her signal of distress bore down toward her, and the captain of the rescue ship cried, "Let me take your passengers aboard now." But it was night and the commander of the Central America feared to send his passengers away in the darkness; and, thinking they could keep afloat a while longer, replied, "Lie by till morning." About an hour and a half later the lights were missed. All on board perished, because they thought they could be saved better at another time. "Now is the accepted time" (2 Cor. 6:2).

6. SCBA/EEBD/EGRESS/SEED TRAINING NOTE: All personnel are required to conduct SCBA/EEBD/EGRESS/SEED Training semi-annually. This training is MANDATORY and must be attended by all crew members. If you are unable to attend on your departments scheduled day, you must attend on another day. Training will take approximately 40 minutes and will be held on the flight deck. Please make arrangements to rotate personnel through watch sections.

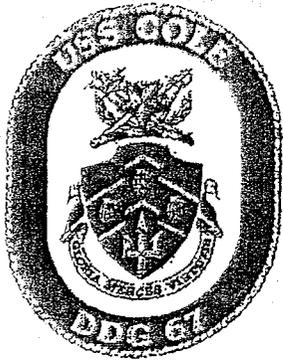
SCBA/EEBD Operations

Emergency Egress Training will be completed by division. Egress Training consists of blindfolded escape from working, berthing and watchstanding spaces. Training POs will submit muster sheets to Department Heads after completion. Emergency Egress Training must be completed by 08 Oct.

7. SUNDAE ON FRIDAY NOTE: There will be an ice cream social held on the mess decks on Friday night at 2000. For entertainment pleasure we will as feature karaoke. Come join in the fun.

8. SAFETY NOTE: An MS2 was ordered to wipe out the interior of the gaylord grease interceptor hood located in the Ship's Galley. Due to the MS2's small size, the gaylord was hard to reach on the bulkhead. The MS2 climbed onto a 3-foot metal table under the control box and sat in a kneeling position to reach into the box. The MS2's left arm supported the upper body with the left hand on the left knee. The MS2 began wiping the interior of the wash tank of the gaylord with a wet, green scrubber in the right hand. The electrical side of the gaylord also was open due to a missing screw. This exposed the uninsulated backside of the two pushbutton start/stop switch contacts mounted to the door. As the MS2 leaned forward to reach in and wipe out the lower left corner of the wash-tank side, the forearm touched the two exposed contacts, completing a circuit, causing 3rd degree burns on the forearm. The flow of electricity continued through the body and exited the right index finger which was contacting the inside casing of the wash-tank side of the gaylord. The MS2 stated the shock lasted for several seconds and seemed to pull her closer to the controller. The MS lost consciousness for several minutes, was assisted by other galley personnel, and eventually transported to the hospital. The MS2 should have recognized the unsafe situation developing, complacency due to seeing others working around this hazard may have given the MS2 a false sense of security. Ship's personnel should have replaced the screw holding the electrical side door closed. Additionally, the MS2 stood on a bare metal table which may have aided the flow of current from the electrical gear. She was hospitalized and spent 14 days out of work. She will likely have permanent disability, requiring a skin graft due to disfigurement of the forearm.

QUOTE OF THE DAY: When you come to a roadblock, take a detour.

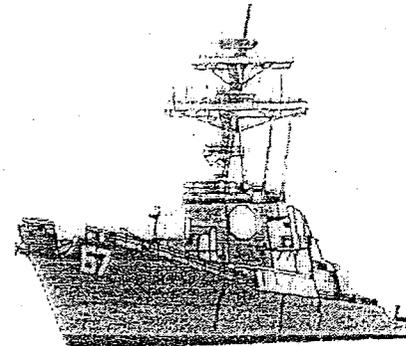


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
FRIDAY,
6 OCTOBER 2000
Julian: 280

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

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LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

SHORT RANGE GOALS

Fully prepared for ADRIATICEX/Amphibious Exercise

Safe Suez Canal Transit

Professional In chop into COMFIFTHFLT

Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements

Successful Engineering Material Condition Assessment (MCA)

Safe Transit Home

100% SWO/ESWS/GED Crew

Enjoyable Post Deployment Upkeep

Safe Ammo Offload

Productive CNO Availability

Berthing of the Week: Berthing 5

Determined Warriors' of the Quarter:

MA1(SW) [REDACTED]

2(SW) [REDACTED]

SUNRISE: 0637

SUNSET: 1841

MAJOR EVENTS FOR SATURDAY

Torpedo Handling

CBR Drill

QMC [REDACTED] Reenlistment

Flight Deck Movie

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

QUARTERDECK WATCH

WORKING UNIFORM

E-7 AND ABOVE: SUMMER WHITES

SUMMER WHITES

COVERALLS

E-6 AND BELOW: SERVICE DRESS WHITES

SERVICE DRESS WHITES

COVERALLS

UNDERWAY

0500	ADC Turnover w/Normandy
0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	OPS/RAS/VERTREP/Intel Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0900	Planning Board for Training (Wardroom)
1015	Station Unrep/VERTREP Detail
1015	All Officers & Enlisted not on Watch Muster w/CKC [REDACTED] (Mess Decks)
1100	Unrep/VERTREP w/USNS JOHN LENTHALL
1100	Lunch for the Crew
1130-1230	ESWS Training: Supply Fundamentals (Training Room)
1400-1600	Repair Locker Training (Repair 5)
1500	CPO Meeting (CPO Mess)
1530	At Sea Fire Drill
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)
1600	CO Spotcheck w/CK01

Encl (60)

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1645-1800	Dinner for the Crew
1830	Eight O' Clock Report
1900	Karaoke Night/Sundays (Mess Decks)
2315-0015	Midrats for the Crew

DAMAGE CONTROL NOTE: What is the maximum range the fire finder is sensitive to? Ans: 15 feet.

COLE'S MENU: The following are COLE's Main Menu Items:

LUNCH	DINNER
GRILLED STEAKS	TERIYAKI CHICKEN BREAST
FRIED BREADED SHRIMP	BEEF SUKIYAKI

3. COLE MOVIE SCHEDULE:

CHANNEL 2	CHANNEL 3
Lunch TRADING PLACES	CNN & OLYMPIC GAMES
1630 RUNAWAY BRIDE	NCAA FOOTBALL KENTUCKY/FLORIDA
1830 FREQUENCY	NCAA FOOTBALL KENTUCKY/FLORIDA PART II/ESPN NEWS
2000 THREE KINGS	CNN & AIR FORCE NEWS & CNN

4. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "I suppose the first 6 hours of that train ride we did more thinking about home, friends, and everything than we ever did before. We zigzagged through the states, had a sweet time, seeing all the sights, reading, etc. We went through North Carolina, South Carolina, Georgia, Alabama, Tennessee, Kentucky, Indiana, Illinois, Missouri, Kansas, Colorado, New Mexico, Arizona, and into California. We go off the train immediately into buses to the docks and boarded the U.S.S. Erickson. She used to be the pride of the Swedish Merchant Marine, then named the "Kungsholm." We slept aboard one night, and were lost most of the time trying to find our way around her; she was an enormous ship. The next day we went aboard the U.S.S. George F. Elliott, formerly the "City of San Francisco." This was our home until landing on Guadalcanal. We went on liberty from her every night until we left. We went to Oakland, Berkeley, and San Francisco mostly and visited the famous hangouts like the U.S.O. Club Shanghai, Club Shang La Ray, Hurricane Club, and the "Jade Dragon" in Chinatown."

5. CHAPLAIN'S NOTE: The Library of Congress in Washington, D. C. is one of the most fascinating buildings in the world. Each alcove is decorated in themes such as art, music, science, philosophy, history, etc., and each alcove has been given a motto that represents its theme. Mr. A. Lewis tells us that before the motto for the alcove of religion was chosen, a petition was sent out among the leading clergymen in the nation of that time, asking them to participate in a contest to create the best motto. The motto that won the contest comes from Micah 6:8, "And what does the Lord require of thee, but to do justly, and to love mercy, and to walk humbly with thy God."

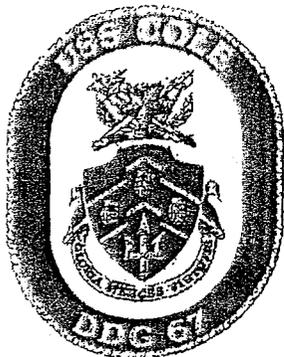
6. SUNDAE ON FRIDAY NOTE: There will be an ice cream social held on the mess decks on Friday night at 2000. For entertainment pleasure we will as feature karaoke. Come join in the fun.

YEAR 2000 HOLIDAY SEASON MAILING DATES NOTE: It's not too early to mail your 2000 Christmas Cards and packages to and from deployed commands and overseas commands. All personnel should be highly encouraged to beat the last minute rush and bring their holiday mail to the nearest U.S. Post Office or APO/FPO Military Post Office. These mail no later than dates are suggested by the U.S.P.S. and Military Postal Service: Addressed to an APO/FPO address; airmail, letters, cards and priority NLT 11 December. Parcel airlift and space available mail NLT 4 December. Parcel post NLT 6 November. Addressed to all domestic zip codes mailed from an APO/FPO; air letters, cards and priority mail NLT 11 December. Space available mail NLT 8 December. Mailing date information should be published for all hands access.

8. UNIFORM NOTE: (Ref A is NAVPERS 156651, Ref B is CNO message 081543ZMAY00, Ref C is CNO message 171536ZMAY00, Ref D is CNO message 081544ZMAY00). COMNAVREG MIDLANT is the prescribing authority for the region, Ref A prohibits further delegation of this authority to subordinate commands. The Regional Commander must approve any deviations from the prescribed uniforms. IAW Ref A the shift to the winter uniform of the day for all ships present and stations within COMNAVREG MIDLANT area of responsibility will take effect 0001, 30 OCT 00. Pennsylvania and West Virginia will switch the same as Naval District Washington, 0001 10 Oct 00. The uniform of the day will be: male/female prescribed alternate officer/CPO service dress: blue winter blue/service khaki E-6 and below service dress blue winter blue. Atlantic regional uniform shift dates: Naval District Washington DC 10 Oct 00 COMNAVREG SE (Jacksonville FL) - 04 Dec 00 COMNAVREG NE (Groton CT) - 02 OCT 00. Commuting is defined as direct route from place of residence to place of work by means of private vehicle, ferry, transit buses, and vanpools. Working uniform, defined in Ref B are not to be worn while in a liberty status. Wearing of the working uniform is authorized while commuting to and from work to include all travel aboard DOD owned/controlled aircraft. Additionally, working uniforms may also be worn for brief and appropriate stops off-base during duty hours or while commuting to and from place of duty as outlined in Ref C. Ball caps are authorized components of the working uniform only and not authorized with liberty uniforms. IAW Ref D, ball caps are authorized as optional wear with service uniforms (service khaki, summer white and winter blue) onboard ship and pier in immediate vicinity of ship, and ashore in the immediate work spaces. Command ball caps are not authorized for wear with service uniforms other than specified in Ref D. IAW Ref b, blue coverall uniforms (BCU) are authorized for wear on board ship and at shore commands. BCU's are prescribable, within the following guidelines, effective 1 Oct 00. Service members may wear BCU's on the pier in immediate vicinity of their ship. Ashore (i.e. IMF, squadrons and industrial working environments) BCU's may be worn in the immediate workspaces only. Commands may additionally authorize wear of BCU's while transiting to and from base galleys or any other eating facility within the fence line on the installation and at personnel support detachments while in a duty status. BCU's may under no circumstances be worn in an official or unofficial capacity outside the confines of a military installation. Sailors will maintain a sharp military appearance at all times. Officers, Chief Petty Officers, and Petty Officers will set the highest standard, instruct their sailors in proper wear and uniform appearance, and enforce regulations.

9. QUOTE OF THE DAY: Service is what life is all about.

Executive Officer

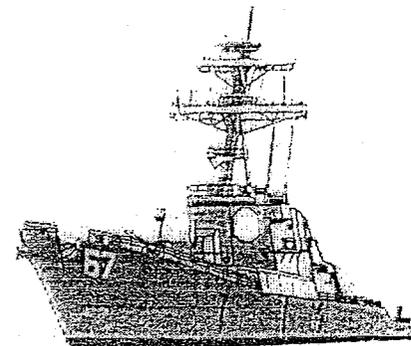


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
SATURDAY,
7 OCTOBER 2000
Julian: 281

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4gol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year
QMC(SW) [REDACTED]

Berthing of the Week: Berthing 5
Determined Warriors' of the Quarter:

MA1(SW) [REDACTED]
2(SW) [REDACTED]

SUNRISE: 0637
SUNSET: 1841

MAJOR EVENTS FOR SUNDAY

Anchor Port Said
Transit Suez Canal
Wear your favorite Hat

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

CO PRIORITIES

SHORT RANGE GOALS

Safe Suez Canal Transit
Professional Inchop into COMFIFTHFLT
Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements
Successful Engineering Material Condition Assessment (MCA)
Safe Transit Home
100% SWO/ESWS/GED Crew
Enjoyable Post Deployment Upkeep
Safe Ammo Offload
Productive CNO Availability

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW :	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0715	Personnel Inspection: OD/Blue Utilities (Midships Quarterdeck)
0730	ESWS Pinning Ceremony (Mess Decks)
0745	OPS/Intel Brief (Wardroom)
0745-0830	Engineering Training (Training Room)
0800	DCTT/CSTT/STT Brief (Wardroom)
0845-1100	CBRD GQ
1115-1230	Lunch for the Crew
1130-1230	ESWS Training: Deck Fundamentals Part I (Training Room)
1230-1500	Torpedo Handling
1245	Division in the Spotlight: OD
1300-1400	History 1301 PACE Course Orientation & Book Sale (Training Room)
1300-1500	Zone Inspection: OD
1300	CSTT Training (CSMC)
1400-1500	History 1302 PACE Course Orientation & Book Sale (Training Room)
1500	CPO Meeting (CPO Mess)
1530-1545	Sweepers

1645-1800	Dinner for the Crew
1830	Eight O' Clock Reports
1900	Nav/Anchoring Brief (Wardroom)
1900	History PACE Class Make-up (Training Room)
1930	At Sea Fire Drill
2000	Flight Deck Movie
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: Can the fire finder be used if it fails the self-test? Ans: No.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
VEAL PARMESAN	GINGER POT ROAST
CHICKEN TETRAZINI	CHIPPER FISH

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
Lunch GOODFELLAS	OLYMPIC GAMES
1630 THE BONE COLLECTOR	OLYMPIC GAMES
1830 2 DAYS IN THE VALLEY	CNN & OLYMPIC
2000 GREY OWL	OLYMPIC & CNN & NAVY NEWS
2200 DOWN TO YOU	

4. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "At last - all liberty was canceled. We weighed anchor, sail under the Oakland Bay Bridge, out past and around Alcatraz Island, under the Golden Gate Bridge, and into the sea. We were all in a small convoy of about 13 ships. We only had one tin can (destroyer) to guard us. We watched land recede far behind us, until it was out of sight. We were "sure" that it was the last we would see of the U.S. Then we all got the word that we were bound for New Zealand first. Slips of paper describing the country, people, and type of money were passed around. Before two hours had passed, we hit rough weather, and Sailors as well as Marines were green in the face, hanging over the side puking. I never really ever felt completely well anytime onboard the ship. But I've never heaved yet - cause of sea sickness.

5. CHAPLAIN'S NOTE: Charles Plumb was a jet fighter pilot in Vietnam. After some 75 combat missions, his plane was destroyed by a surface-to-air missile. Plumb ejected and parachuted into enemy hands. He was captured and spent six years in a Communist prison. He survived that ordeal and today lectures about lessons learned from that experience. One day, when Plumb and his wife were sitting in a restaurant, a man at another table came up and said, "You're Plumb! You flew jet fighters in Vietnam from the aircraft carrier Kitty Hawk. You were shot down!" "How in the world did you know that?" asked Plumb. "I packed your parachute," the man replied. Plumb gasped in surprise and gratitude. The man pumped his hand and said, "I guess it worked!" Plumb assured him, "It sure did...in fact if your chute hadn't worked, I wouldn't be here today." Plumb couldn't sleep that night, thinking about that man. He kept wondering what the packer might have looked like in his Navy uniform. He wondered how many times he might have passed him on the Kitty Hawk. He wondered how many times he might have seen him and not even said, "Good morning, how are you?" or anything because, you see, he was a jet pilot and the packer was just a lowly sailor. Plumb thought of the many hours the sailor had spent in the paraoft carefully weaving the shrouds and loading the silks of each chute, holding in his hands each time the fate of someone he didn't know. Plumb now asks his audience, "Who's packing your parachute? We all have someone who provides what we need to get through the day, both physically and spiritually." I served aboard the Kitty Hawk as a parachute rigger off the coast of Vietnam in 1970-71. This nameless rigger may have been a friend of mine, which makes this story very meaningful to me. Let's take the time to thank someone today for the support they provide in our lives and ministries to God! --Al Maxey The Aloha Spirit

6. YEAR 2000 HOLIDAY SEASON MAILING DATES NOTE: It's not too early to mail your 2000 Christmas Cards and packages to and from deployed units and overseas commands. All personnel should be highly encouraged to beat the last minute rush and bring their holiday mail to the nearest U.S. Post Office or APO/FPO Military Post Office. These mail no later than dates are suggested by the U.S.P.S. and Military Postal Service: Addressed to an APO/FPO address; airmail, letters, cards and priority NLT 11 December. Parcel airlift and space available mail NLT 4 December. Parcel post NLT 6 November. Addressed to all domestic zip codes mailed from an APO/FPO; air letters, cards and priority mail NLT 11 December. Space available mail NLT 8 December. Mailing date information should be published for all hands access.

7. UNIFORM NOTE: (Ref A is NAVPERS 156651, Ref B is CNO message 081543ZMAY00, Ref C is CNO message 171536ZMAY00, Ref D is CNO message 081544ZMAY00). COMNAVREG MIDLANT is the prescribing authority for the region, Ref A prohibits further delegation of this authority to subordinate commands. The Regional Commander must approve any deviations from the prescribed uniforms. IAW Ref A the shift to the winter uniform of the day for all ships present and stations within COMNAVREG MIDLANT area of responsibility will take effect 0001, 30 OCT 00. Pennsylvania and West Virginia will switch the same as Naval District Washington, 0001 10 OCT 00. The uniform of the day will be: male/female prescribed alternate officer/CPO service dress blue winter blue/service khaki E-6 and below service dress blue winter blue. Atlantic regional uniform shift dates: Naval District Washington DC 10 Oct 00 COMNAVREGSE (Jacksonville FL) - 04 Dec 00 COMNAVREG NE (Groton CT) - 02 OCT 00. Commuting is defined as direct route from place of residence to place of work by means of private vehicle, ferry, transit buses, and vaupools. Working uniform, defined in Ref B are not to be worn while in a liberty status. Wearing of the working uniform is authorized while commuting to and from work to include all travel aboard DOD owned/controlled aircraft. Additionally, working uniforms may also be worn for brief and appropriate stops off-base during duty hours or while commuting to and from place of duty as outlined in Ref C. Ball caps are authorized components of the working uniform only and not authorized with liberty uniforms. IAW Ref D, ball caps are authorized as optional wear with service uniforms (service khaki, summer white and winter blue) onboard ship and pier in immediate vicinity of ship, and ashore in the immediate work spaces. Command ball caps are not authorized for wear with service uniforms other than specified in Ref D. IAW Ref B, blue coverall uniforms (BCU) are authorized for wear on board ship and at shore commands. BCU's are prescribable, within the following guidelines, effective 01 Oct 00. Service members may wear BCU's on the pier in immediate vicinity of their ship. Ashore (i.e. IMF, squadrons and industrial working environments BCU's may be worn in the immediate workspaces only. Commands may additionally authorize wear of BCU's while transiting to and from base galley or any other eating facility within the installation and at personnel support detachments while in a duty status. BCU's may under no circumstances be worn in a official or unofficial capacity outside the confines of a military installation. Sailors will maintain a sharp military appearance at all times. Officers, Chief Petty Officers, and Petty Officers will set the highest standard, instruct their sailors in proper wear and uniform appearance, and enforce regulations.

8. PACE NOTE: Personnel desiring to participate in the upcoming PACE History class will be required to have a request shift approved by their DVO. This is being done due to the busy schedule. Orientation and sign-up will be conducted this afternoon. It's not too late to register.

9. QUOTE OF THE DAY: When you come to a roadblock, take a detour.

Encl (60)

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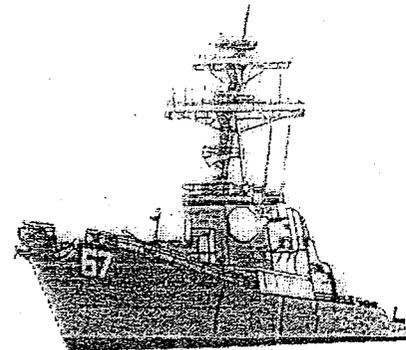


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
SUNDAY,
8 OCTOBER 2000
Julian: 282

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANGE GOALS

- Safe Suez Canal Transit
- Professional Inchop into COMFIFTHFLT
- Continue Successful Deployment

LONG RANGE GOALS

- Complete All Battle "E" Requirements
- Successful Engineering Material Condition Assessment (MCA)
- Safe Transit Home
- 100% SWO/ESWS/GED Crew
- Enjoyable Post Deployment Upkeep
- Safe Ammo Offload
- Productive CNO Availability

Berthing of the Week: Berthing 5
Determined Warriors' of the Quarter:

MA1(SW) [REDACTED]

T2(SW) [REDACTED]

SUNRISE: 0556

SUNSET: 1743

MAJOR EVENTS FOR MONDAY

- Continue Suez Canal Transit
- Enter Red Sea

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY/HOLIDAY Routine

- | | |
|-----------|--|
| 0700-0800 | Breakfast for the Crew |
| 0830 | Catholic Lay Services (Training Room) |
| 0930 | Protestant Divine Services (Training Room) |
| 1030-1200 | Brunch |
| 1200 | Station Sea & Anchor & Navigation Detail |
| 1300 | Anchor Port Said |
| 1400 | OPS/Intel/Suez Canal Navigation Brief (Wardroom) |
| 1500 | Maneuvering Board Training for Bridge & CIC Watchstanders (Wardroom) |
| 1530 | Eight O' Clock Reports |
| 1530-1545 | Sweepers |
| 1645-1800 | Dinner for the Crew |
| 2145 | Station Anchor/Navigation Detail |
| 2230 | Underway |
| 2315-0015 | M/drats for the Crew |

Encl. (60)

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DAMAGE CONTROL NOTE: What is the power source for the fire tender? And: 2 standard 2 volt batteries.

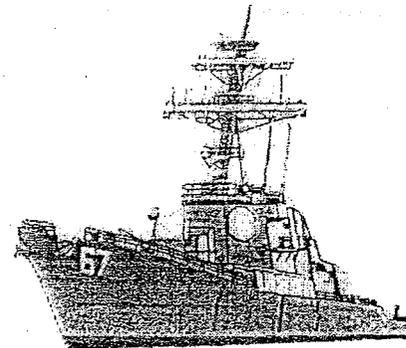


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
MONDAY,
9 OCTOBER 2000
Julian: 283

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
LCDR [REDACTED]

Care Line: (757) 444-4921
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)
E-mail: last name first initial@cole.navy.mil
LIFELINE: www.lifelines4qol.org
COLE Quarterdeck: 444-2107
ANSWERLINE: 1-877-418-6824
www.fleetsupport.navy.mil

Command Master Chief
HMCM(SW/AW/FMF) [REDACTED]

Ombudsmans
[REDACTED]

Senior Sailor of the Year
QMC(SW) [REDACTED]

Junior Sailor of the Year
GSM2(SW) [REDACTED]

CO PRIORITIES

Berthing of the Week: Berthing 5
Determined Warriors' of the Quarter:

MA1(SW) [REDACTED]
T2(SW) [REDACTED]

SUNRISE: 0556
SUNSET: 1743

MAJOR EVENTS FOR TUESDAY
WCS Meeting w/3MC
Repair 2 Locker Training
Arabian University
VBSS Training

- Combat Readiness

KEY Pillars

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANGE GOALS

Safe Suez Canal Transit
Professional Inchoption into COMFIFTHFLT
Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements
Successful Engineering Material Condition Assessment (MCA)
Safe Transit Home
100% SWO/ESWS/GED Crew
Enjoyable Post Deployment Upkeep
Safe Ammo Offload
Productive CNO Availability

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY/INCHOP C5F

0001-1500	Cafeteria Style Deli/Breakfast Bar (Mess Decks)
0001-1500	Suez Canal Transit
0100-U/C	Run the Ditch Relay
TBD	Anchor Great Bitter Lake
0710	Submit Muster Reports to Personnel Office
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1800-2000	PACE Class History 1301 (Training Room)
1830	Eight O' Clock Reports
2315-0015	Midrats for the Crew

DAMAGE CONTROL NOTE: What areas of the ship are best for deep chatter stations? Ans: Low in the ship, near the centerline below the water line.

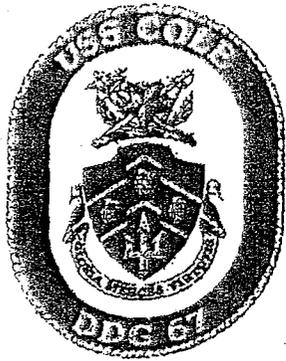
2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH
CANTONEST SPARE RIB
SZECHWAN CHICKEN

DINNER
GRILLED STEAK
FRENCH FRIED SHRIMP

Encl (60)

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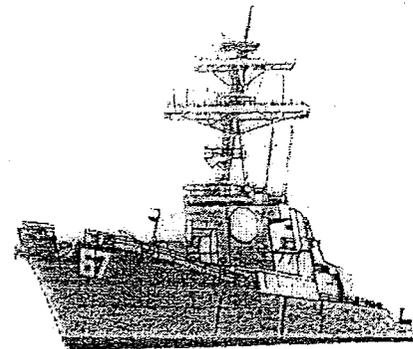


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
TUESDAY,
10 OCTOBER 2000
Julian: 284

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Care Line: (757) 444-4921

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Command Master Chief

HMCM(SW/AW/FMF)

Senior Sailor of the Year

QMC(SW)

Ombudsmans

Junior Sailor of the Year

GSM2(SW)

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

SHORT RANGE GOALS

Professional Inchoop into COMFIFTHFLT
Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements
Successful Engineering Material Condition
Assessment (MCA)
Safe Transit Home
100% SWO/ESWS/GED Crew
Enjoyable Post Deployment Upkeep
Safe Ammo Offload
Productive CNO Availability

Berthing of the Week: Berthing 5
Determined Warriors' of the Quarter:

MA1(SW)

T2(SW)

SUNRISE: 0556

SUNSET: 1743

MAJOR EVENTS FOR WEDNESDAY

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0600

Reveille

0600-0800

Breakfast For The Crew

0810

Officer's Call/Quarters

0815-0900

Engineering Training (Training Room)

0900

WCS Meeting w/3MC (Mess Decks)

0900-1000

SCAT Team Meeting (Wardroom)

0900-1100

PACE Class History 1302 (Training Room)

0900-1100

Repair Locker Training (Repair 2)

1000

SERT Meeting (CSMC)

1000-1100

SCAT Training (Mess Decks)

1115-1230

Lunch For The Crew

1200-1300

ESWS Training: OPS Fund Part I (Training Room)

1300

Arabian University/OPS/INTEL Brief: CSO (References, Satcom, Definition, Special Considerations) (Mess Decks)

1300-1400

RPPO Training (Supply Support)

1400

Maneuvering Board Training (Wardroom)

1400-1500

VBSS Training

1500

Internal/External CBR Monitor Trng w/DCTT: M250 KIT (Support)

1500-1700

PACE Class History 1302 (Training Room)

Encl (60)

Page 105 of 110

1500-1700	FACE Class History 1302
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)
1645-1800	Dinner for the Crew
1830	Eight O' Clock Reports
1900	At Sea Fire Party Drill
2200	OCSOT
2315-0015	Midrats for the Crew
0200	Advance Clocks 1 Hour to -3C

1. **DAMAGE CONTROL NOTE:** What method of investigation is used to locate damage in tanks and voids? Ans: Sounding and using the liquid load list.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
CANTONESE SPARE RIBS	ROAST TURKEY
FRIED CHICKEN	BAKED HAM

3. **COLE MOVIE SCHEDULE:**

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
LUNCH MASK OF ZORRO	BLUES BROTHER 2000
1630 HOODLUM	HOMES FRIES
1830 TRIAL AND ERROR	WING COMMANDER
2000 MAJOR LEAGUE 3	TERMS OF ENDEARMENT

4. **SGT. COLE'S PERSONAL DIARY NOTE:** The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "At last, I finally got my first liberty. We barely had enough time to catch "trams" (street cars) to catch on to the English money, trying to understand their talk. Not much hard liquor there, warm beer, and plenty of "milk bars," or confectioneries mostly. I, Red O'Hara and Jack Hughes decided to have "tea and crumpets," a favorite with the New Zealanders. We went in, and when the waitress came around; all three of us felt so foolish that after a few minutes Red finally ordered it. We felt like we were ordering some women's pants or brassieres - or something similar. The girls didn't know how to jitterbug when we landed - but about an hour afterward, they were all trying it. The boys there curled their hair and wore corsets. Both the boys and girls had complete sets of false teeth at 18-21 years of age, due to lack of minerals in their water there. The people were all very, very friendly, especially the girls. The girls there are very hot-natured, and very frank in the intentions."

5. **SMOKING CESSATION NOTE:** Each smoking cessation class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend all three classes in you session. Class Dates/Times:

13 OCT 00 1830	14 OCT 00 1830	15 OCT 00 1830	20 OCT 00 1830	21 OCT 00 1830
16 OCT 00 1830	27 OCT 00 1830	28 OCT 00 1830	29 OCT 00 1830	

OPSEC NOTE: Recent inspection of office trash cans revealed unauthorized EEFIs in trash receptacles. PODs, old messages (regardless of classification) supply receipts and other official documents are not to be discarded in regular trash receptacles. These documents are to be placed in burn bags for destruction. Such information can be used as small parts of a bigger puzzle. Don't give the enemy any assistance.

7. **NAVY'S BIRTHDAY NOTE:** Our Navy has -- for 225 years -- always been there for America, and in fact, is older than the American republic itself. Over these years, the most tumultuous in human history, more than 170 nations have emerged or disintegrated. The founding fathers realized at the earliest stages of their great work that creating and preserving a new nation would require the capabilities unique to naval force, and they saw fit to place into federal service the first American sailors and ships. Since then, we have never failed to live up to our awesome responsibilities. In fact, over this period we have increased our power, influence and relevance to the point where what was once a small force is now universally recognized as the world's greatest Navy. While the size and shape of our Navy has changed dramatically throughout our history, the demand for our services has not waned. Throughout this evolution, the secret to our success has been a willingness to change while adhering to our core identity and values. This philosophy has guided us through the reliable performance of our duties during times of peace and war, and will be the key to our continued success in the years ahead. Birthdays are a time for joy and celebration. A 225th anniversary is especially to be savored. Happy Birthday Navy. Released by the Honorable Richard Danzig, Secretary of the Navy.

8. **NAVY-MARINE CORPS INTRANET (NMCI) IMPLEMENTATIONS NOTE:** Our Navy has just announced the award of a five-year contract to create and operate the NMCI. Fully employed, NMCI will be a strategic investment for the Navy in support of fleet Sailors and Marines deployed around the world and our mission support organizations ashore. It will replace the Navy's numerous shore-based networks and will equip all commands with access, interoperability, and security by providing data services to all Navy and Marine Corps installations. When added to the Navy's shipboard IT-21 technology being implemented in the fleet now, NMCI will propel the Navy into a league with some of our most successful 21st century businesses. We must all work to ensure the full and successful implementation of NMCI. In order for NMCI to achieve its potential, we must adapt our business processes and command missions to create speed and agility. NMCI is the key to allowing this to happen. I am fully committed to the successful implementation of NMCI in the Atlantic fleet and ask for your assistance in bringing this technology to fruition. Additional information will be promulgated as it becomes available so that every Sailor and Marine will know how NMCI will benefit them personally and improve fleet readiness. ADMNATTER Sends.

9. **CBR NOTE:** 1) MILD SYMPTOMS OF NERVE AGENT: Unexplained runny nose and sudden headache, drooling, difficulty breathing and seeing, muscles twitching, stomach cramps, and nausea. 2) SEVERE SYMPTOMS OF NERVE AGENT: Pinpointed pupils, vomiting, severe muscle twitching, involuntary urination and defecation, and convulsions. 3) SELF-AID: Correctly identify own mild symptoms, administer 1 Atropine and 1 3-PAM-Cl injection, wait 10-15 minutes for signs of symptoms diminishing, repeat injections and wait time if symptoms persist, and after 3rd injection proceed to casualty collection center for additional injections by medical personnel. 4) BUDDY-AID: Correctly identify severe symptoms and determine if individual is able to administer self-aid. If vapor hazard still present ensure individuals mask is donned properly. Locate and administer the individual 3 Atropine and 3-PAM-Cl injector and move individual to triage or decon/treatment station.

10. **QUOTE OF THE DAY:** If you have no confidence in self, you are twice defeated in the race of life. With confidence, you have you even before you have started. -Marion Barry

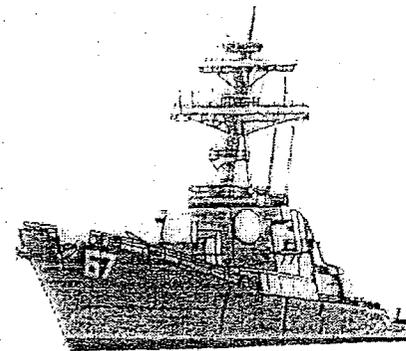


"GLORY IS THE
REWARD OF VALOR"

PLAN OF THE DAY
WEDNESDAY,
11 OCTOBER 2000
Julian: 285

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4qol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

www.fleetsupport.navy.mil

Command Master Chief

HMCM(SW/AW/FME) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

SHORT RANGE GOALS

Professional Inchoption into COMFIFTHFLT

Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements

Successful Engineering Material Condition

Assessment (MCA)

Safe Transit Home

100% SWO/ESWS/GED Crew

Enjoyable Post Deployment Upkeep

Safe Ammo Offload

Productive CNO Availability

Berthing of the Week: Berthing 5
Determined Warriors' of the Quarter:

MA1(SW) [REDACTED]

T2(SW) [REDACTED]

N [REDACTED]

SUNRISE: 0556

SUNSET: 1743

MAJOR EVENTS FOR THURSDAY

Entering Aden, Yemen for Fuel

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE :

E-6 AND BELOW:

SUMMER WHITES

SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0200

Advance Clocks to -2C

0600

Reveille

0600-0700

Breakfast For The Crew

0710

Officer's Call/Quarters

0730-0815

Engineering Training (Training Room)

0800

OPS/Intel Brief/Arabian University (Mess Decks)

0900

CO/XO/DH Meeting (Wardroom)

0900

ESWS [REDACTED] DC [REDACTED] FC [REDACTED] GM2 [REDACTED] (CPD Mess)

0900-1100

PACE Class History 1301 (Training Room)

1000

Internal/External/RLO/RLI Training w/DCTT: MS/MD Paper Route (Mess Decks)

1000-1100

Junior Officer Training w/WEP3 (Wardroom)

1115-1230

Lunch For The Crew

1200

PMS Reports Due to JMC

1200-1300

ESWS Training: OPS Fund Part II (Training Room)

1300

CICWD Board: Communication Officer (Wardroom)

1300

ASWE Board: ASWD (CO's Cabin)

1300-1500

Repair Locker Training (Repair 3)

1300-1530

Small Arms Quads

Encl (60)

Page 107 of 110

1500	Level I Force Protection Training (Miss Deck)
1500-1700	PACTE Class History 1301 (Dorming Room)
1530	At Sea Fire Party Drill
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)
1645-1800	Dinner for the Crew
1830	Eight O' Clock Reports
1900	Navigation Brief (Wardroom)
2315-0015	Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** Why is it important to have an up to date liquid load list? Ans: To know the level of tanks and voids prior to damage.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
ROAST VEAL	HUNGARIAN GOULASH
CHICKEN CACCIATORI	ONION LEMON BAKED FISH

3. **COLE MOVIE SCHEDULE:**

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
<u>LUNCH CONTACT</u>	STAR TREK: INSURRECTION
1630 TIL THERE WAS YOU	AT FIRST SIGHT
1830 FRIDAY THE 13TH	SMALL SOILDERS
2000 LOST IN SPACE	PLAYING BY THE HEART

4. **SGT. COLE'S PERSONAL DIARY NOTE:** The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "Red and I were sitting with two girls once, at the dance, when one made the remark that she "sure was all knocked up." Red looked at me, and I looked at him; we both looked at the girls, but finally acted like we never noticed it. Later on, one of them asked the other how much she had been screwed that evening. That was too much for Red - he haw-hawed out. Both girls looked at us in surprise. I knew then that they were referring to something else from what Red and I thought. I asked them if they know what that was in our American slang - they didn't - and I plainly told them. They were very much embarrassed, but said they were glad to tell them - and that they would watch what they said around any more Marines."

5. **SMOKING CESSATION NOTE:** Each smoking cessation class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend all three classes in you session. Class Dates/Times:

13 OCT 00 1830	14 OCT 00 1830	15 OCT 00 1830	20 OCT 00 1830	21 OCT 00 1830
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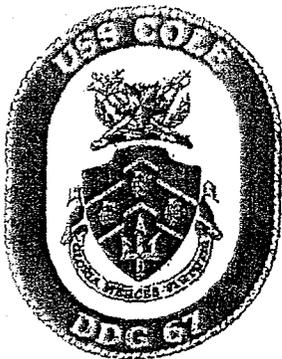
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8. **ARABIAN GULF ENVIRONMENT CONCERNS NOTE:** For the next couple of months we are going to be operating in a harsh environment. From a high seawater injection temp (currently 89 F), to high air temperatures, to hot decks heated by radiant sunlight, to sand storms, all of these conditions will affect your equipment as well as yourselves. Therefore, here are some lessons learned to keep in mind:

- Drink plenty of water: At least eight 8 ounce glasses of water a day.
- Maintain A/C boundaries: Close all hatches and scuttles behind you if you step out to the main deck or to a high ambient temperature space.
- Wear sunscreen if topside.
- Watch your work space temperatures. Know when to call for a heat stress survey.
- Know the signs of heat stress and watch your shipmates.
- Keep your air filters and heat exchangers cleaned.

CRUISE BOOK SALE: Cruise books will be available for sale in the Personnel Office today between 0900-1100. Cost of the cruise book is \$22.00.

QUOTE OF THE DAY: A bunch is creativity trying to tell you something.

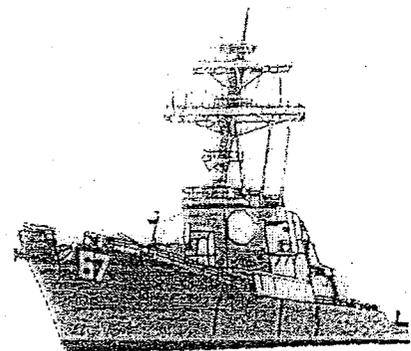


"GLORY IS THE REWARD OF VALOR"

PLAN OF THE DAY
THURSDAY,
12 OCTOBER 2000
Julian: 286

USS COLE (DDG 67)
FPO AE 09566-1285

Commanding Officer
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer
[REDACTED]

Care Line: (757) 444-4921

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E-mail: last name first initial@cole.navy.mil

LIFELINE: www.lifelines4gol.org

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

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Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

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-Material Readiness

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-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

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SHORT RANGE GOALS

Professional Inchoption into COMFIFTHFLT
Continue Successful Deployment

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Productive CNO Availability

Berthing of the Week: Berthing 5
Determined Warriors' of the Quarter:

MA1(SW) [REDACTED]

T2(SW) [REDACTED]

SUNRISE: 0556

SUNSET: 1743

MAJOR EVENTS FOR FRIDAY

EMC(SW) Newton Re-Enlistment

SCAT Training

Smoking Cessation Class

Navy Birthday Ceremony

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0500

Reveille

0500-0700

Breakfast For The Crew

0530

Station Sea & Anchor Detail

0730

Moored Aden, Yemen

TBD

Refueling

TBD

Inport Duty Section 3 Assumes the Watch

0900

Arabian University/OPS/Intel Brief (Mess Decks)

0900-1100

PACE Class History 1302 (Training Room)

1000

CO/XO/DH/CMC Meeting (Wardroom)

1100

MWR Meeting (Training Room)

1115-1230

Lunch For The Crew

1200-1300

ESWS Training: Operations Fundamentals Part III (Training Room)

1300

Navigation Brief

TBD

Station Sea & Anchor Detail

TBD

Underway

1400

ASWT Board (CO's Cabin)

1300-1700

PACE Class History 1302 (Training Room)

1530-1545

Sweepers

1645-1800

Dinner for the Crew

Boat (50)

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1. DAMAGE CONTROL NOTE: How are test fittings used to investigate for damage? Ans: Loosen and listen for air escaping or water around pipe.

COLE'S MENU: The following are COLE's Main Menu items:

BREAKFAST
CHICKEN
CHICKEN
CHICKEN
CHEESE ENCHILIDAS

DINNER
ROCK CORNISH HENS
CHILI CON CARNE

3. COLE MOVIE SCHEDULE:

CHANNEL 2

LUNCH MY FAVORITE MARTIAN
 1630 SPACE TRUKERS
 1830 HAPPY TEXAS
 2000 PUSHING TIN

CHANNEL 3

A MURDER OF CROWS
 THE DARKLINGS
 HELD UP
 BULL DURHAM

4. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "The two weeks there - I worked the hardest I ever did in my life combat loading the ships. Finally, one day, we skipped out again into the sea, all primed for action. We still didn't know where we were going. After a zig-zag course, we arrived in the Coral Islands. Then to the Fiji Islands, where we had 3 days landing maneuver. Then we sailed again. One day later our task force joined us, and we were told Guadalcanal was our destination. Then we started preparing right. We sharpened our bayonets, cleaned our rifles all day long, packed and repacked our combat packs in order to have the right things, and in just the right amount. Our knives were like razors. Everyone wrote last letters and gave them to the sailors to take back for us. Finally, the night before. Colonel Cates, our battalion commander, made a speech over the loudspeaker of the ship. Lot of bullshit about how we were picked to start the first American offensive in this war, that the Marines were picked to do it etc., etc., etc. Then the whole group sang the Marine Hymn, which did help to settle nerves."

5. SMOKING CESSATION NOTE: Each smoking cessation class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend all three classes in you session. Class Dates/Times:

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- Know the signs of heat stress and watch your shipmates.
- Keep your air filters and heat exchangers cleaned.

8. CRUISE BOOK SALE: Cruise books will be available for sale in the Personnel Office today between 0900-1100. Cost of the cruise book is \$22.00.

9. MAIL NOTE: We are no longer authorized for Free Mail Privileges. Once we left the Adriatic Oparea, we were no longer authorized to send Free Mail. All personnel who have placed mail in the mail receptacles after 06 Oct 00, with "free" in the top right hand corner, please stop by the Post Office to retrieve your mail for postage.

10. SAFETY NOTE: A BMI severed an artery and partially severed a nerve in his arm during PIMS on the engine for a zodiac. While the boat was stowed, the BMI noticed there wasn't any fresh water flowing from the cooling tube during an engine flush. While repositioning the hose adapter on the water inlet, a coworker bumped the gear linkage engaging the prop. The BMI spent two days in the hospital and lost a total of 16 work days.

11. QUOTE OF THE DAY: And life is what we make it. Always has been, always will be.

Executive Office