

BIOGRAPHICAL SKETCH

CDR. THOMAS G. CARLTON, MC, USN

CDR CARLTON was commissioned while a medical student at the University of Wisconsin Medical School. He received his M.D. in 1970 and served as a rotating medical intern at the Naval Hospital, Camp Pendleton, California during 1970 and 1971. He received his training in psychiatry at the National Naval Medical Center, Bethesda, Maryland in 1971 through 1974.

He served as Staff Psychiatrist and later as Chief of Psychiatry at the Naval Regional Medical Center, Camp Lejeune, North Carolina from 1974 to 1978. During that time he also served as Director of the Alcoholism Rehabilitation Unit at Camp Lejeune. In 1975 he served as Medical Officer of the USS El Paso in a temporary duty status while the ship was deployed to the Mediterranean Sea.

Since March of 1978 he has been assigned to the Naval Regional Medical Center, Portsmouth, Virginia, where he is Assistant Chief of Psychiatry for Outpatient Services and Director of Psychiatric Education. Portsmouth is the Navy's major psychiatric treatment and training center for the East Coast. He is also an Assistant Professor of Psychiatry and Behavioral Sciences at Eastern Virginia Medical School in Norfolk, Virginia.

CDR CARLTON'S major area of interest is in the psychiatric aspects of stress, particularly stress encountered in disasters and in the naval environment. He has developed and coordinates the Navy's Special Psychiatric Rapid Intervention Team (SPRINT), an organized group of Navy mental health personnel pre-trained to provide rapid medical mental health support, afloat or ashore, immediately subsequent to a disaster. The SPRINT is believed to be the only such mobile psychiatric intervention team in existence.

CDR CARLTON has worked with the Coast Guard in three disasters at sea: the S.S. Claude Conway explosion in which the Coast Guard rescued merchant seamen and the Navy provided their medical care at Camp Lejeune, the USCGC Cuyahoga collision and the Cape Cod helicopter loss.

CDR CARLTON is certified in psychiatry by the American Board of Psychiatry and Neurology. He is a member of the American Medical Association, the American Psychiatric Association, the Association of Military Surgeons of the United States and the U.S. Naval Institute. He has presented scientific papers on the psychiatric aspects of disasters and has published two articles on the subject in professional journals.